

# Leisure Guide

FALL 2016/WINTER 2017



Online Registration begins  
Tuesday, August 23 at 8:30am

Fitness pg. 24  
Leisure Programs pg. 41  
Aquatics pg. 61

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76 Holland St. West, Bradford




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**Dr. Jesse Chai  
& Family**

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Alternate versions of this document available by request contact Bethany Kuboniwa, Leisure Events and Marketing Coordinator at 905-775-5359 ext. 5102



**PHOTOGRAPHS/Video**

**NOTE:**

Unless the participants, parent or guardian so indicate in writing, the Department of Leisure Services will assume that permission is given for pictures taken during any Department program or activity, to be used to promote recreation.

**Bradford west Gwillimbury**



**PEANUT AWARENESS**

**NOTE:**


Due to the number of groups and general public that use the Community Centres & Facilities, the Department of Leisure Services **CANNOT** ensure a completely peanut free surrounding. Individuals with food allergy concerns are to be aware of this issue, when considering participating in any Town of Bradford West Gwillimbury Programs.

**Bradford west Gwillimbury**

**LEISURE SERVICES**  
125 Glenora Rd.  
Bradford, ON L2Z 2A8  
(905) 775-5359

**IMPORTANT MESSAGE**

Leisure Services reserves the right to withdraw, amend, change, postpone or combine any programs, classes and/or courses that are listed in this Guide. The Department of Leisure Services regrets any inconvenience that this may cause. Please provide us with your email address on the registration page so we may continue to communicate important information directly to you.



**Bradford west Gwillimbury**

**FOR MORE INFORMATION ON LEISURE PROGRAMS AND CLASSES VISIT:**  
[www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca)

# Greetings from the Mayor



## Message from the Mayor:

On behalf of the Council of the Town of Bradford West Gwillimbury, I am pleased and proud to introduce the Fall 2016 / Winter 2017 Leisure Guide.

BWG is quickly becoming an exceptional place to spend recreational time for residents and visitors alike. Our world-class Leisure Centre features an extensive roster of programs for people of all ages, as well as opportunities to drop in for a swim, a skate or take advantage of the fitness centre with indoor track.

As the weather cools, my fellow Council members and I are looking forward to taking part in another season of fantastic winter events including:

- The Annual Santa Claus Parade
- Family First Night
- Hockey Day in BWG

Information on our programs and events is always at your fingertips by visiting [www.townofbwg.com](http://www.townofbwg.com) and by following the Town on Facebook and Twitter. We always appreciate your feedback and look forward to connecting with you online and in person.

Sincerely,  
Rob Keffer  
Mayor





# Mayor & Members of Council

*Members of Council 2014-2018*



Mayor **Rob Keffer**

rkeffer@townofbwg.com



Deputy Mayor **James Leduc**

jleduc@townofbwg.com



Ward 1 Councillor **Raj Sandhu**

rsandhu@townofbwg.com



Ward 2 Councillor **Gary Baynes**

gbaynes@townofbwg.com



Ward 3 Councillor **Gary Lamb**

glamb@townofbwg.com



Ward 4 Councillor **Ron Orr**

rorr@townofbwg.com



Ward 5 Councillor **Peter Ferragine**

pferragine@townofbwg.com



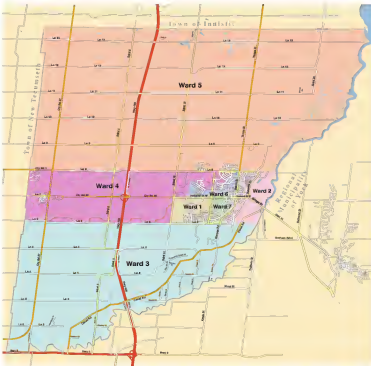
Ward 6 Councillor **Mark Contois**

mcontois@townofbwg.com



Ward 7 Councillor **Peter Dykie**

pdykie@townofbwg.com



The Mayor is responsible for attending ceremonial activities and functions on behalf of the Town.

- Proclamations
- Flag raisings
- Congratulatory certificates
- Public appointments

Contact The Office of the Mayor

905-775-5365 ext. 1200

kgill@townofbwg.com

Correspondence, invitations and messages for the Mayor, Deputy Mayor and members of Council may be directed to:

Town of Bradford West Gwillimbury  
Office of the Mayor  
100 Disette Street Unit 7 PO Box 100  
Bradford ON L3Z 2A7  
(905) 775-5366 ext. 1200

# Community Services - Leisure Services Team

**Department Office**  
125 Simcoe Road  
Tel: 905-775-5359  
Fax: 905-778-2012

**Director of Community Services - Terry Foran**  
905-775-5369 Ext. 5301; tforan@townofbwg.com

**Administrative Coordinator - Claudia Brown**  
905-775-5369 Ext. 5300; cbrown@townofbwg.com

**Manager of Parks & Property - Mike O'Hare**  
Ext. 5201; mohare@townofbwg.com

**Parks & Property Supervisor - Bob Johnson**  
Ext. 5203; bjohnson@townofbwg.com

**Leisure Events & Marketing Coordinator**  
- Bethany Kuboniwa  
Ext. 5102; bkuboniwa@townofbwg.com

**Bookings Clerk - Teresa Fairbairn**  
Ext. 5202; tfairbairn@townofbwg.com

**Administration Clerk - Judith Rigg**  
Ext. 5200; jrigg@townofbwg.com

**Operations - Mike Kanyo, Julie Randall,  
Rob Reid, Dave Bone and Mike Basile**

**BWG Leisure Centre,  
471 West Park Ave.  
Tel: 905-775-7529  
Fax: 905-778-4358**

**Manager of Recreation & Client Services**  
- Nick Warman  
Ext. 8501; nwarman@townofbwg.com

**Manager of Leisure Facilities - Kevin Gale**  
Ext. 8701; kgale@townofbwg.com

**Aquatics Supervisor - Teresa Taylor**  
Ext. 8401; ttaylor@townofbwg.com

**Fitness Supervisor - Stephanie Uren**  
Ext. 8601; suren@townofbwg.com

**Recreation Coordinator - Nancy Shortill-Thatcher**  
Ext. 8301; nthatcher@townofbwg.com

**Aquatics Programmer - Stephanie Gillard**  
Ext. 8402; sgillard@townofbwg.com

**Fitness Programmer - Enrico Mazzone**  
Ext. 8601; emazzone@townofbwg.com

**Programs Clerk - Heather Polsinello**  
Ext. 8302; hpolsinello@townofbwg.com

**Customer Service Representative - Kristina Maksic**  
Ext. 0; kmaksic@townofbwg.com

**Customer Service Representative - Terri Price**  
Ext. 0; tprice@townofbwg.com

**Operations - Andrew Kuntze, Gary Purcell, Derek  
Timms, Elyse Pearson, Samantha Lawrence, David  
Davenport, Marc Reynolds and Thomas Bird**





**CHILDREN'S FITNESS TAX CREDIT**

**GET YOUR GAME ON**



**Programs**

The Fitness Tax Credit applies to children under the age of 16 and applies to ongoing and supervised programs in which largely all the activities include a significant amount of physical activity. Programs should last at least 6 weeks of one session per week, or in the case of summer camps, programs should last at least five consecutive days and be more than 50% devoted to physical activity.

To help offset the cost of children's participation in sport and physical activities, the Federal Government introduced a non-refundable tax credit in which up to \$500 in eligible fees for programs of physical activity may be claimed per child.

For more details on how to claim your Children's Fitness Tax Credit and program eligibility, visit [Canada Revenue Agency.ca](http://Canada Revenue Agency.ca)

[www.cra-arc.gc.ca/children](http://www.cra-arc.gc.ca/children)

**Keep your Receipts!**

Leisure Services will indicate on applicable confirmations when the program is eligible for the Children's Fitness Tax Credit. Retain these confirmations for income tax purposes.

# Registration Information

## Registration Information



### LEISURE, FITNESS AND AQUATIC PROGRAMS REGISTRATION



#### BWG LEISURE CENTRE OPERATION EXCLUSION DATES.

##### LABOUR DAY:

September 5, 2016 - Facility Closed

##### THANKSGIVING DAY:

October 10, 2016 - Facility Closed

##### CHRISTMAS EVE:

December 24, 2016 - 7:30am - noon

##### CHRISTMAS:

December 25, 2016 - Facility Closed

##### BOXING DAY:

December 26, 2016 - 8am - 4pm

##### NEW YEAR'S EVE:

December 31, 2016 - 7:30am - 1pm & 6 - 9pm

##### NEW YEAR'S DAY:

January 1, 2017 - Facility Closed

##### FAMILY DAY:

February 10, 2017 - 8am - 4pm

##### GOOD FRIDAY:

April 14, 2017 - Facility Closed

##### EASTER MONDAY:

April 17, 2017 - Normal Hours

#### Regular Business Hours

(as of September 6, 2016):

Monday to Friday 6 am - 10 pm

Saturday/Sunday 7:30 am - 5pm

REGISTRATION METHOD	HOW TO REGISTER	BENEFITS
<b>Online Registration</b> <b>(RESIDENTS ONLY)</b> <a href="http://www.townofbwg.com">www.townofbwg.com</a> <b>Recommended Method</b>	<b>BEGINS</b> at 8:30am on Tuesday August 23, 2016. Logging in prior to 8:30am will not allow you to "check out". Follow the menu choices once you have logged in. Have your client barcode number, family account PIN, and credit card information ready to enter. Print your own confirmation receipt.	<ul style="list-style-type: none"> <li>• Fast, easy, secure</li> <li>• Available 24/7</li> <li>• Immediate confirmation</li> <li>• Register for multiple programs</li> <li>• Coordinate family schedule</li> <li>• Explore new course options.</li> <li>• Register multiple participants for multiple programs.</li> </ul>
<b>Drop Off or Fax</b> <b>(RESIDENTS ONLY)</b>	Forms must be received by 7:00pm on August 22 by the BWG Leisure Centre. Forms received after 7:00pm are considered late and are entered randomly after all the forms that have been received on time. Staff begins processing forms at 8:30am at the same time that online registration begins for residents. This may take a number of hours to complete.	BWG Department of Leisure Services registers for you.
<b>In Person</b> <b>(RESIDENTS ONLY)</b>	<b>BEGINS</b> at 8:30am on Friday August 26, 2016. This method reduces your chances of getting into the program of your choice as programs fill quickly.	Registration is completed on the spot if space permits
<b>NON-RESIDENTS</b> <b>Online and In Person</b>	<b>BEGINS</b> at 8:30am on Tuesday August 30, 2016. Non-residents are provided with an opportunity to register for BWG Department of Leisure Services programs one week after residents have had the opportunity.	

### REGISTRATION FINE PRINT

#### CODE OF BEHAVIOUR:

The Town of Bradford West Gwillimbury endeavours to provide the highest level of safety and enjoyment to all participants and staff members for the duration of its programs and activities. These guidelines have been developed to ensure that all involved are aware of acceptable behaviour. Coarse language, physical and aggressive behaviour, inappropriate or uncooperative behaviour will be reported and may result in removal from the program or activity.

#### WEATHER CONDITIONS/CANCELLED CLASSES:

Participants are encouraged to dress appropriately and be prepared for diverse weather conditions during the selected program. Due to unforeseen circumstances, leisure programs, aquatics lessons, leisure swim and fitness classes may be cancelled. Please contact the Customer Service Desk at 905-775-PLAY (7529) before attending your program or activity.

#### FOR EVERYONE'S HEALTH:

If a participant has a communicable disease (e.g. Lice, Chicken Pox, etc.) or a current public health concern, we would ask that the participant not attend leisure programs, swimming lessons, leisure swimming or other scheduled activities. Participants are welcome to return to the leisure program/activity when they are healthy and have a medical note of permission. Any medication which a participant is required to take during his/her program must be given to the program instructor with a medication information form completed and signed.

#### CHILDREN'S AID SOCIETY:

Parents should be aware that the Child and Family Services Act requires that any suspicion of child abuse be reported immediately to the Children's Aid Society.

#### PROGRAM REQUIREMENTS:

All children attending programs without parent participation MUST be toilet trained. Our goal is to focus on fun with regular restroom visits. Diapers and pull-ups are not permitted. It is asked that you send an additional change of clothes in the event that an accident does occur so the child can change themselves into dry clothing. It is asked that the parent or guardian to come pick up their child if additional clothes/assistance is required. All programs are for participants only. No parent, children or siblings are permitted to be in the area where the class is taking place unless otherwise specified.

#### LOST & FOUND

It is recommended that your child does not bring expensive or valuable items to the program or activity area. Please be sure that your child understands that he/she is responsible for his/her articles. Money is not to be brought to programs unless specified. The Town of Bradford West Gwillimbury is not responsible for lost or stolen articles.

#### STAFF TRAINING:

All staff receives training including sessions on programming, child and group management, first aid, team sports, child behaviour, policies and procedures, and leadership.

# Registration Information

## Registration Information



ADVISING AN INSTRUCTOR OR NON-ATTENDANCE AT CLASSES IS NOT CONSIDERED NOTICE OF PROGRAM CANCELLATION

### REFUND INFORMATION

#### IF I NEED TO CANCEL OUT OF A PROGRAM, DO I GET A REFUND?

Program cancelled by Department of Leisure Services	Full refund or transfer
If you cancel at least 7 days prior to the program start date	Written request. \$15 administration fee withheld from your refund.
Less than 7 days prior to the program start date	Written request. \$25 administration fee withheld from your refund
If program has commenced	Written request. \$25 administration fee and prorated class charges withheld from your refund.
25 % of program or more of program has been completed	No refund or transfers
Program completed	No refund or transfers
Non-attendance	No refund or transfers
Minimum numbers	Refund will not be issued if cancellation affects minimum numbers
Medical reasons	Medical note provided. A \$10 administrative fee

#### CELL PHONES & PERSONAL DIGITAL ASSISTANTS:

The use of Electronic Devices, cell phones and Personal Digital Assistants (Blackberry, I-Phone etc.) are not permitted in Town of Bradford West Gwillimbury Leisure facilities change rooms dressing rooms and washrooms.

The Town of Bradford West Gwillimbury is committed to providing a comfortable, safe environment with privacy honoured for each patron using municipal leisure facilities.

#### PHOTOGRAPHY:

Due to the sensitive nature involved with photographing or videotaping children, the use of cameras and video recorders must be arranged in advance with Leisure Services Management. Unless a participant or guardian so indicates, the Department of Leisure Services will assume permission is given for any pictures taken during any Department program or activity that would be used to promote Leisure Services.

**CHANGES:** The Department of Leisure Services reserves the right to withdraw, postpone, cancel, combine or

alter any programs in this guide without notice, if required, due to lack of registration, change of policy or availability of facilities or instructors.

**TRANSFERS:** Transfers from one program to another are permitted, provided there is space and the approval of the Department of Leisure Services is obtained. All requests for transfers must be made in writing (in person, by fax or email). An administration fee of \$10 may be charged.

**NSF CHEQUES:** If a cheque is returned NSF, for any reason, the client is withdrawn immediately from the program and notified of this action. The client is to make payment for the program and NSF charge fee of \$25 by cash, certified cheque, money order, and debit, VISA or MasterCard in order to participate in the desired program. If a cheque is returned on a second occasion, the NSF fee to be paid is \$50. **HST:** All adult programs are taxable. HST does not apply to programs for children 14 years of age and under.

**ACCIDENT INSURANCE:** The participant is responsible for his/her own hospital/medical coverage. The Town of Bradford West Gwillimbury provides all safeguards for the health and welfare of the participants, but shall be released from all actions, damages, claims and demands, whatsoever arising from participation in programs.

**AGE OF PARTICIPANT:** Most children's activities are age specific and these age groups are determined with careful consideration. Programs are designed to challenge each specific age group. These guidelines are developed to serve the best interest of all participants, so they can enjoy a fulfilling experience in the programs.

**CLASS POSTPONEMENT:** Should it be necessary to cancel a class, every attempt will be made to re-schedule it. However, if the class cannot be re-scheduled, no reduction in registration fee will be issued.

**ACCESSIBILITY:** See pages 11 & 12 for more information.

**Regular Business Hours:**  
Monday to Friday 8 am - 10 pm  
Saturday/Sunday 7:30 am - 5pm

#### BWG LEISURE CENTRE OPERATION EXCLUSION DATES.

##### LABOUR DAY:

September 5, 2016 - Facility Closed

##### THANKSGIVING DAY:

October 10, 2016 - Facility Closed

##### CHRISTMAS EVE:

December 24, 2016 - 7:30am - noon

##### CHRISTMAS:

December 25, 2016 - Facility Closed

##### BOXING DAY:

December 26, 2016 - 8am - 4pm

##### NEW YEAR'S EVE:

December 31, 2016 - 7:30am - 1pm & 6 - 9pm

##### NEW YEAR'S DAY:

January 1, 2017 - Facility Closed

##### FAMILY DAY:

February 20, 2017 - 8am - 4pm

##### GOOD FRIDAY:

April 14, 2017 - Facility Closed

##### EASTER MONDAY:

April 17, 2017 - Normal Hours

WWW.BWGLEISURECENTRE.CA

Bradford  
west  
Gwillimbury

# Account Creation Form



A Growing Tradition

## CUSTOMER ACCOUNT CREATION INFORMATION

**\*\*Please note that proof of residency and proof of date of birth is required for all new accounts\*\***

**Please print clearly**

Last Name	First Name	Date of Birth	M/F

Family Information: Address: \_\_\_\_\_

Town: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: (home) \_\_\_\_\_

Phone: (work) \_\_\_\_\_

Phone: (cell) \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Document used for proof of residency: \_\_\_\_\_

**Release:** In consideration of the creation of this account and the permission to participate in a program sponsored by the Department of Leisure Services, Town of Bradford West Gwillimbury, I hereby forever discharge the Corporation of the Town of Bradford West Gwillimbury, its employees, agents, officers, from all claims, damages, costs, and expenses in respect to injury or damage to my person or property, however caused, which may be sustained as a result of participation in the program. I acknowledge and agree that the Town may use photographs of Leisure Services Programs and the participants therein for promotional purposes.

All personal information on this form is collected pursuant to the *Municipal Freedom of Information and Protection of Privacy Act* and *Municipal Act, 2001* and will be used for the purposes of customer account creation. Questions regarding this collection may be directed to the Manager of Recreation & Client Services, Leisure Services, 471 West Park Avenue, Bradford, ON, L3Z 0J3, 905-775-7529.

Client signature \_\_\_\_\_

Date \_\_\_\_\_

5100-008 (04/2013) revised



## ACCESSIBILITY, INCLUSION SERVICES & ADAPTED PROGRAMS



The Department of Leisure Services is committed to providing its entire community with high quality, accessible leisure opportunities for residents of all ages. This will be achieved through the provision of:

1. Accessible Equipment/Facilities
2. Inclusion Services
3. Adapted Programs
4. Fee Assistance Program

### DEPARTMENT CONTACTS:

#### *Aquatics*

**Teresa Taylor,**  
Aquatic Supervisor,  
905-775-7529 ext.8401  
ttaylor@townofbwg.com

#### *Fitness*

**Stephanie Uren,**  
Fitness Supervisor,  
905-775-7529 ext.8601  
suren@townofbwg.com

#### *Leisure Programs*

**Nancy Shortt-Thatcher,**  
Recreation Coordinator,  
905-775-7529 ext.8301  
nthatcher@townofbwg.com

### 1. ACCESSIBLE EQUIPMENT/FACILITIES

The Town of Bradford West Gwillimbury through its Department of Leisure Services recently opened a new Leisure Centre that meets all of the requirements required by the Ontario Building Code (OBC) and the Accessibility for Ontarians with Disabilities Act (AODA). The centre includes a number of pieces of equipment to improve accessibility including; automatic doors, wide hallways, grab bars, elevator and 360 degree turning radius to accommodate wheelchairs in restroom areas.

#### **AQUATIC CENTRE**

The Bradford Lions Aquatic Centre includes three swimming tanks; an 8-lane, 25 metre lap pool, a leisure pool and a warm water relaxation pool. The leisure pool is heated to approximately 86F and the relaxation pool to approximately 90F, which can accommodate those with muscular, circulatory or neurological impairment requiring warmer temperatures. For persons with disabilities, swimming is an opportunity to feel freedom through weightlessness. The aquatic centre also includes ramp entry into the leisure pool and chair lift entry to both the lap pool and the relaxation pool. A water wheelchair is available for clients to use between the change room and the pool itself. The family change room also includes a Hoyer lift and an adult change table to assist persons requiring transfer. For additional information please contact the Aquatic Supervisor.

#### **FITNESS CENTRE**

The Fitness Centre includes a 110m walking track, cardio theatre area, strength training room and a fitness studio. Certain pieces of equipment are modifiable to be appropriately aligned for clients who use a wheelchair, or who have a support worker providing assistance. For additional information please contact the Fitness Supervisor.

### 2. INCLUSION SERVICES

The Town of Bradford West Gwillimbury promotes and encourages people with disabilities (physical, emotional, behavioural, developmental/intellectual, and medical) to participate in a wide variety of activities offered by the Department of Leisure Services. The objective is to facilitate meaningful participation of people of varying abilities in the community activities of his/her choice. Inclusion services are offered so that participants with disabilities may choose to join general programs for the mutual benefit of experiencing recreational interests together with other participants.

#### **ASSESSING A PARTICIPANT'S NEED FOR SUPPORT**

A participant requires extra support if any of the following apply:

- a) extra support is required at school in the classroom.
- b) a physical, medical, developmental and/or learning disability exists that affects the safety of the participant or that of other participants.
- c) extra support is needed at home for basic care such as dressing and toileting.
- d) participant is currently associated with a support agency or program.



# Accessibility

## ONE TO ONE INCLUSION SUPPORT

The Department of Leisure Services employs staff for the summer period to work specifically as one-to-one inclusion support staff with children who have a special need and/or a disability. The determination of the need for one-to-one support is typically through a consultation process via an agency such as Simcoe Community Services, Catulpa Community Support Services or Respite Services. To utilize this service via an agency, families can make contact via the websites listed below:

[www.simcoecommunityservices.ca](http://www.simcoecommunityservices.ca); [www.catulpa.on.ca](http://www.catulpa.on.ca); [www.respiteservices.com/simcoe](http://www.respiteservices.com/simcoe)

## MEDICAL NEEDS/MEDICATIONS

Town of Bradford West Gwillimbury staff do not provide any ongoing medical interventions, support therapies (i.e. injections, g-tube feeding, administering medication etc.). Strategies and accommodation as applicable and appropriate to the program environment will be supported.

## AGE EXEMPTIONS

Participants must fall within the age guidelines provided. Consideration will be given for individuals with defined needs who are closely within the advertised age to participate in the program where developmentally appropriate. Please contact the specific supervisor identified on the previous page to discuss an exemption prior to registration.

## SUPPORT WORKER/MEDIATOR CARDS

Individuals in need of support to participate in a drop in program (i.e. Leisure/lane swim, fitness centre, track, weight room, gymnasium activities) attend with a mediator/support worker to assist him/her. If the mediator's sole purpose for attending is to support and integrate an individual with special needs, access for the mediator is free. For regular customers attending with a mediator, a mediator card can be obtained free of charge. Just present the card upon arrival and the mediator will enter at no charge. Please contact the specific supervisor to discuss eligibility for a mediator card (the submission of a completed profile form is required; forms available at the customer service desk). The mediator must be within arm's reach and only 1 mediator pass per person unless a special request is made and approved by the supervisor.

## REGISTRATION FOR DEPARTMENT PROGRAMS - WITH INCLUSION SUPPORT

Once families have made the connection with one of the agencies, the agency will make contact with the specific supervisor (Aquatics Supervisor for aquatics camps, or the Recreation Coordinator for day camps) to coordinate registration and specific needs requirements. A participant profile form will need to be completed for all clients accessing this service (this information will be shared with instructional staff only). The one-to-one support staff service is a limited resource, and is available on a first come first served basis and is available for a maximum of one week per child at the designated camp (families may provide their own one-to-one support person, however, please contact the specific supervisor for further details on this option, as certification requirements including lifeguard certificate, first aid and CPR certification and a recently completed vulnerable sector clearance would be required). Please be advised that registration spots cannot be held over the telephone. The above process needs to be followed in all cases. Families not disclosing the needs of a participant prior to registration may be required to withdraw from the program. Town of Bradford West Gwillimbury refund policy will apply.

## 3. ADAPTED PROGRAMS

Specialized instructional programs are available in Aquatics that promote the dignity, independence and potential of persons with disabilities. The special needs swim lessons meet the swimming requirements of individuals with identified special needs. All participants are required to complete a medical form prior to his/her first lesson.

The form can be accessed through the customer service desk at the Leisure Centre or online at [www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca). For additional information please contact the Aquatics Supervisor.

## 4. FEE ASSISTANCE PROGRAM

The Town of Bradford West Gwillimbury supports that municipal leisure opportunities should be available to all residents. Bradford West Gwillimbury residents experiencing financial difficulty due to low income may request fee assistance for membership to the BWG Leisure Centre. An application for assistance must be submitted.

Criteria for eligibility includes; annual income based upon Statistics Canada Low Income Cut Off (LICO) table; households that meet the criteria would be eligible for a reduction of the fitness membership fee at the BWG Leisure Centre. A 50% subsidy is available (plus HST) for annual or monthly memberships (maximum of 12 months), or an annual or 10 Pass Aquatic Pass (maximum 12 months).

Application forms are available at the Customer Service Desk at the BWG Leisure Centre.

471 West Park Ave., Bradford, ON L3Z 0J3  
905.775.7529 phone | 905.778.4358 fax

[WWW.BWGLEISURECENTRE.CA](http://WWW.BWGLEISURECENTRE.CA)



# GREAT ADVERTISING OPPORTUNITIES!!

...AT BWG LEISURE CENTRE AND  
BOB FALLIS SPORTS CENTRE



BRANDING  
DEVELOPMENT  
ADVERTISING  
MARKETING

Showcase your business to thousands of residents daily through advertising opportunities. Choose the level of involvement that suits your business - facility and digital display advertising opportunities. **Your message could be seen by more than 66,000 residents and visitors monthly.**

**Advertise with us!**  
**Get involved - big or small.**  
**Let us help you reach your market.**

FOR MORE INFORMATION, PLEASE CONTACT:

Neil Rombough, Sales Representative

Tel: 905-775-3832

Email: [onboard@sympatico.ca](mailto:onboard@sympatico.ca)

Bradford  
west  
Gwillimbury

A Growing Tradition

## FACILITY RENTALS & BOOKINGS

Bradford  
West  
Gwillimbury  
A Growing Tradition

For more information on BWG facilities, to book an event or ice time, please call:  
905-775-5359 ext. 5202, or e-mail  
tfairbarn@townofwg.com

**NO SMOKING** in all Municipal Buildings & Facilities

Facility	Capacity	Air Conditioning	Kitchen	L.L.B.O.	AED	Wheelchair Accessible	Active Transportation Accessible	Special Events/Uses
<b>BWG Leisure Centre</b> 471 West Park Ave. Bradford ON L3Z 0J3								
Arena - Blue Rink	180				*	*	*	Ice Rental
Arena - Green Rink	180				*	*	*	Ice Rental
Multipurpose Room - Full	140	*	*		*	*	*	Parties, celebrations
Multipurpose Room East	70	*	*		*	*	*	Parties, celebrations
Multipurpose Room West	70	*	*		*	*	*	Parties, celebrations
<b>Bradford &amp; District Memorial Community Centre</b> 125 Simcoe Road Bradford ON L3Z 2A8								
Don Harrison Auditorium	150	*	*	*	*	*	*	Parties, celebrations
Arena Floor	1000			*	*	*	*	Parties, celebrations, indoor sports
<b>Bob Fallis Sports Centre (Rink Only)</b> 2961 Side Road 10, Bradford ON L3Z 2A4	180				*	*		Ice Rental
<b>Bradford Lions Building</b> 226 Colborne Street Bradford ON L3Z 2R5	40				*		*	Meetings
<b>BWG Finance Building</b> 61 Holland Street East Bradford ON L3Z 2A8	60	*					*	Meetings
<b>Bond Head Community Memorial Centre</b> 2892 County Road 27 Bradford ON L3Z 2A5	135		*	*				Parties, celebrations
<b>Newton Robinson Hall</b> 4380 Tenth Line Bradford L0G 2A5	90		*			*		Parties, celebrations
For other rental inquiries regarding the Leisure Centre's Activity Room, Gymnasium, or Pool, please contact the Customer Service Desk at 905-775-7529 or e-mail <a href="mailto:leisureservices@townofwg.com">leisureservices@townofwg.com</a>								
All alcohol licensed functions must adhere to the Town of Bradford West Gwillimbury Municipal Alcohol Policy. Please contact the Bookings Clerk at 905-775-5359 ext. 5202 or e-mail <a href="mailto:tfairbarn@townofwg.com">tfairbarn@townofwg.com</a> .								

## THANK-YOU TO OUR 2016 BWG CANADA DAY SPONSORS



Canadian  
Heritage

Patrimoine  
canadien



**John Eek & Son Ltd.**  
HAULAGE • EXCAVATING • AGGREGATES • SNOW REMOVAL



Bradford Legion  
Slo-Pitch League



## THANK-YOU TO OUR 2016 CARROT FEST SPONSORS

OFFICIAL



PRESENTING



SUPPORTING



ASSOCIATE



Every effort has been made to acknowledge all sponsors at time of printing.

BWG is very fortunate to have incredible sponsors of Carrot Fest. Their generous support provides Carrot Fest with the revenue needed to cover the substantial costs of organizing such a large event. In turn, the Town is able to give everyone an amazing experience without an admission fee. As well, we are able to keep vendor fees reasonable and those savings are passed on to you as a consumer. The next time you are out shopping, please think of our sponsors first - their community spirit deserves to be recognized.

**BWG Leisure Centre's**  
**FAMILY DAY**  
Family Day, Saturday, June 18th

**OUTDOOR MOVIES**  
Free Movie Screening

**60+**  
LADEN HOUR

**BWG's Community Clean-up Day**

**HOCKEY DAY**  
IN B.M.G.

**BWG Trails**

**celebrate**  
**BWG**

**engaging our growing community**

**CANADA DAY**

**Santa Claus PARADE**

**THE WORLD'S SMALLEST CARROT FESTIVAL**  
**CARROT FEST**

**FAMILY FIRST NIGHT**



# HOW DO YOU STAY IN TOUCH WITH LEISURE SERVICES?

As one of Ontario's  
fastest growing communities,  
BWG always has  
something happening.  
Stay up-to-date with the  
latest from Leisure Services.

Follow us on:



[bwgleisureservices](#)



[@bwgleisure](#)



[bwg\\_leisure\\_services](#)



[bwgleisurecentre.ca](#)

# Bradford West Gwillimbury Leisure Centre



**Address:**

**471 West Park Ave.,  
Bradford, ON  
L3Z 0J3**

**Contact Information:**

**905-775-PLAY (7529)  
leisure@cityofbradford.ca  
www.bwgleisurecentre.ca**

**BWG LEISURE CENTRE OPERATION  
EXCLUSION DATES.**

**LABOUR DAY:**

September 5, 2016 - Facility Closed

**THANKSGIVING DAY:**

October 10, 2016 - Facility Closed

**CHRISTMAS EVE:**

December 24, 2016 - 7:30am - noon

**CHRISTMAS:**

December 25, 2016 - Facility Closed

**BOXING DAY:**

December 26, 2016 - 6am - 4pm

**NEW YEAR'S EVE:**

December 31, 2016 - 7:30am - 1pm & 6 - 9pm

**NEW YEAR'S DAY:**

January 1, 2017 - Facility Closed

**FAMILY DAY:**

February 20, 2017 - 6am - 4pm

**GOOD FRIDAY:**

April 14, 2017 - Facility Closed

**EASTER MONDAY:**

April 17, 2017 - Normal Hours



## Many Ways to Play.

Bradford  
west  
Gwillimbury  
  
A Growing Tradition



# Bradford West Gwillimbury Leisure Centre

*"Many ways to play"*

## BWG Leisure Centre

- Clean & Well Maintained
- No Initiation Fees, No Contracts
- Fully Supervised & Supported Fitness Centre
- Friendly Family Environment
- Wellness & Lifestyle Programs
- Affordable & Accessible



### Membership Has Benefits

Membership includes: fitness centre, walking track, group and aquafit classes, drop-in gymnasium activities, lane and leisure swims.

### Family Memberships

For immediate households only, available on monthly memberships. Total individual costs minus 20%. Minimum of 3 family members required.

### Corporate Memberships

Corporations with 10-19 members receive a 10% discount, and corporations with 20+ members receive a 20% discount. For monthly ongoing memberships only.

### Advantage Fitness Memberships

For adults and seniors only, the Advantage Membership includes the standard fitness membership benefits, plus an optional annual fitness appraisal and access to the Adult Only Locker Room which includes a steam room for an additional \$9.00 on a monthly membership or \$108 on an annual membership.

### Child Facility Memberships

Children 4-13 years can purchase a Child Facility Membership that includes drop-in/open gymnasium activities, leisure skating and leisure swimming for \$20 per month or \$199 for an annual membership.

### MEMBERSHIPS

### PAY AS YOU GO

### (DROP-IN)

### REGISTRATION



[www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca)

471 West Park Ave.  
Bradford ON L3Z 0J3

### Regular Hours:

Monday-Friday 6:00am-10:00pm

Saturday & Sunday 7:30am-5:00pm

*\*In order to maintain the equipment and facilities, the BWG Leisure Centre reserves the right to close programs, and service areas for construction, maintenance, tournaments and/or major events. No refunds will be issued for these closures.*

# Leisure Skating

**LEISURE SKATING FALL 2016 & WINTER 2017 • Offered at BWG Leisure Centre**

PUBLIC SKATING		
DAY	TIME	DATES
Wednesday	1:10pm-2:50pm	Sept 28 – Dec 21 –Green Rink Jan 11 – April 5 – Green Rink Leisure Centre skating devices permitted
Friday	6:40pm-8:20pm	Sept 30 - Dec 23 (except Oct 14 & Nov 18) – Green Rink Jan 6 – Apr 7 (except Mar 25) – Green Rink
Saturday	3:10 pm-4:50 pm	Oct 1 – Dec 17 (except Oct 15, Nov 19)- Blue Rink Jan 7 – Apr 8 (except Mar 4)- Blue Rink
Sunday	12:40pm-2:20pm	Oct 2 – Dec 18 (except Oct 16 & Nov 20) –Green Rink Jan 8 – Apr 9 – Green Rink

PARENT & CHILD SKATING		
DAY	TIME	DATES
Tuesday	9:40am-11:20am	Oct 4 – Dec 20 – Green Rink Jan 10 – April 4 - Green Rink Leisure Centre skating devices permitted

ADULT SKATING		
DAY	TIME	DATES
Thursday	1:30pm-2:30pm	Sept 29 – Dec 22–Green Rink Jan 12 – Apr 6 (except Mar 16) –Green Rink

ADULT SHINNY		
DAY	TIME	DATES
Monday	12:40pm-2:00pm	Oct 3 – Dec 19 (except Oct 10) –Green Rink Dec 26, Jan 2, Mar 13–Blue Rink Jan 9 – Apr 10 –Green Rink (except Mar 13 – Blue Rink)

PARENT & TOT PUBLIC SKATING –BLUE RINK –Leisure Centre skating devices permitted		
DAY	TIME	DATES
Saturday	2:10 pm-3:00 pm	Oct 1- Dec 17 (except Oct 15, Nov 19, Dec 24, Dec 31) Jan 7- Apr 8 (except Mar 4) For parents/caregivers and children 6 years & under

WINTER HOLIDAY BREAK PARENT & CHILD SKATING - GREEN RINK – Leisure Centre skating devices permitted		
DAY	TIME	DATES
Monday	9:40am-11:20am	December 26
Tuesday	9:40am-11:20am	December 27
Wednesday	9:40am-11:20am	December 28
Thursday	9:40am-11:20am	December 29
Friday	9:40am-11:20am	December 30
Monday	9:40am-11:20am	January 2
Tuesday	9:40am-11:20 am	January 3
Wednesday	9:40am-11:20 am	January 4
Thursday	9:40am-11:20 am	January 5
Friday	9:40am-11:20 am	January 6

## WINTER HOLIDAY BREAK PUBLIC SKATING – GREEN RINK

DAY	TIME	DATES
Monday	12:10pm-1:50pm	December 26
Tuesday	12:10pm-1:50pm	December 27
Wednesday	12:10pm-1:50pm	December 28
Thursday	12:10pm-1:50pm	December 29
Friday	12:10pm-1:50pm	December 30
Monday	12:10pm-1:50pm	January 2
Tuesday	12:10pm-1:50pm	January 3
Wednesday	12:10pm-1:50pm	January 4
Thursday	12:10pm-1:50pm	January 5
Friday	12:10pm-1:50pm	January 6
Friday	6:40pm-8:20pm	January 6
Saturday	3:10pm-4:50pm	January 7 - Blue Rink
Sunday	12:40pm-2:20pm	January 8

## FAMILY DAY PUBLIC SKATING

DAY	TIME	DATES
Monday	9:40am – 11:20am	February 20

## MARCH BREAK PARENT & CHILD SKATING – GREEN RINK

DAY	TIME	DATES
Monday – Friday	9:40am – 11:20am	March 13 – March 17 – Leisure Centre Skating devices permitted

## MARCH BREAK PUBLIC SKATING – GREEN RINK

DAY	TIME	DATES
Monday – Friday	1:10pm-2:50pm	March 13 – March 17
Friday	6:40pm-8:20pm	March 17
Saturday	3:10pm-4:50pm	March 18 – Blue Rink
Sunday	12:40pm-2:20pm	March 19

## LEISURE SKATING RATES

		SINGLE VISIT (INCLUDES HST)	10 PASS (ADD HST)
Adult	18-59 years	\$4.50	\$35.75
Senior	60 +	\$3.75	\$29.75
Student/Youth	14-24 (Student ID Card)	\$3.75	\$29.75
Child	4-13 years	\$3.50	\$27.75
FAMILY	(5 members max)	\$9.75	N/A
Adult Shiny	18 +	\$6.50	N/A

Children 3 years & under admitted free with adult accompaniment.

Leisure skating is provided for the enjoyment of all participants. Admittance is limited to participating skaters or skaters with parent/guardian accompaniment. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your children, adult accompaniment is strongly recommended.
- Sticks, pucks, balls, chairs or strollers are not permitted on the ice surface. Leisure Centre skate devices may only be used during parent and child skate, parent & tot skate and Wednesday afternoon public skating (see schedule for dates and times). Leisure Centre skating devices must not be left unattended.
- Only persons wearing skates and/or usage of a wheelchair are permitted on the ice surface (Parents may assist children during Parent and Child Skate at own risk, and must be wearing skates).
- Food or drink is not permitted on the ice surface.
- Everyone must skate in the same direction. Backwards skating or playing tag is not permitted.
- When the buzzer sounds, all patrons are required to leave the ice surface immediately.
- The centre ice area is reserved for parents with small children who are learning to skate. All other skaters must stay clear of this area.
- Any general horseplay including play fighting or deliberate interference with other skaters will result in the patron being asked to leave the area immediately.
- **Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons.** The Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s) not abiding by these rules removed from the facility.
- Ice surface capacity – 180 participants at any one time.
- The skate change area is the designated location for patrons to change into their skates.
- **Helmets are highly recommended, especially for children.** Shiny Hockey participants must wear full protective equipment.

# Open House & Registration!

August 23, 24 and September 7, from 2:00-8:00 p.m.

## Classes Begin September 10!

Bring in this ad to receive \$5 off BSD dance wear!  
Offer expires September 8, 2016. No cash value.  
Limit 1 per student!

**FREE**  
tutu for all  
Kindermovers  
Students!



*It's more than dance!*

 **THE BRADFORD**  
SCHOOL of DANCE INC.

100 Dissette St. Unit 6, Bradford  
Tel: (905) 778-8686  
[www.bradfordschoolofdance.com](http://www.bradfordschoolofdance.com)

## BRADFORD & DISTRICT SKATING CLUB



## ALL IT TAKES IS A PAIR OF SKATES!



Register with the **BRADFORD & DISTRICT SKATING CLUB** for the best learn-to-skate program, with certified coaches. Offering a variety of skating programs including CANskate, CANHockey, STARSkate and Power Skating. Registration opens September 2016!

**LEARN MORE!** [www.bradfordskatingclub.com](http://www.bradfordskatingclub.com) | [www.facebook.com/skatebdsc](http://www.facebook.com/skatebdsc)

# ICE DREAMS



**Our hands-on  
teaching techniques  
will have them skating  
better than you ever  
imagined!**



Our innovative on ice programs combine warm-up exercises, group lessons and fun games with a professional coach. Skaters will be grouped according to their skill level and age. Ice Dreams offers very low skater to coach ratios for high impact effective training.

## YEAR-ROUND PROGRAMS INCLUDE:

- A STRIDE AT A TIME Pre-School Programs (ages 2.5 - 4)
- ★ NEW PARENT & TOT Pre-School Programs (ages 2 - 4)
- ★ NEW PARENT & TOT Hockey Lessons (ages 3.5 - 5)
- CHILD & YOUTH Learn To Skate Programs (ages 5 - 18)
- FLOW Figure Skating Academy
- Ultimate Power Skating Academy
- Hockey Skills Academy
- Adult Skate Programs



**REGISTER TODAY for our FALL & WINTER SKATING LESSONS  
and our WINTER & MARCH BREAK CAMPS. WE OFFER:**

SKATING LESSONS in Fall, Winter, Spring and Summer.

Winter Break Camps, March Break Camps, Summer Camps,  
and many Camps throughout the year.

## CAMP ACTIVITIES INCLUDE:

- On Ice Instruction • Splash Pads • Basketball • Floor Hockey • And more!

**RENTAL EQUIPMENT** available for all of your skating needs.

**ICE DREAMS**  
SKATING ACADEMY  
[icedreams.ca](http://icedreams.ca)

**NEW LOCATION!**

### BRADFORD / NEWMARKET / AURORA LOCATION:

- The Bradford Leisure Centre
- Located at 421 West Park Ave.  
at Holland St. just East of Hwy 404  
Tel. 1-(877)-709-3511

### NORTH YORK / TORONTO LOCATION:

- Paramount Ice Complex
- Located at 1107 Finch Ave. W.  
at Finch Ave. just west of Dufferin St.  
Tel. 1-(877)-709-3511

### VAUGHAN / THORNHILL / RICHMOND HILL LOCATION:

- Everest Ice (Formerly The Pavilion)
- Located at 130 Racco Parkway  
at Dufferin just South of Hwy 407  
Tel. (905)-709-3511

### ETOBICOKE / MISSISSAUGA / BRAMPTON LOCATION:

- Powerade Centre
- Located at 1575 Kennedy Rd. S.  
at Hwy 410 and Hwy 407  
Tel. 1-(877)-709-3511

# Many Ways to Get FIT



**BWG**  
LEISURE  
CENTRE

- NO Initiation Fee
- NO Contract
- Fully supervised Fitness Centre
- Unlimited Group Fitness & Aquafit classes
- 110 m Indoor Track
- Complimentary Fitness Coaching session and Program Demos
- Fitness equipment for persons with disabilities
- Friendly & qualified staff available to assist you in reaching your health and fitness goals
- Advantage Membership includes everything in the Fitness Membership plus...  
Adult only locker and steam room

**BE OUR GUEST**

**3 VISIT  
FITNESS CENTRE  
GUEST PASS**

Please see Customer Service desk for more details.



# Fitness Memberships

**BWG Leisure Centre  
Fitness Centre  
471 West Park Ave**

## Hours of Operation:

Mon - Fri 6:00am - 10:00pm  
Sat - Sun 7:30am - 5:00pm

Adult 18 years+  
Older Adult 60 years+  
Student 17-24 years  
Youth 13-16 years

## Fitness Membership Fees

Single Visit	Fee
Adult	\$11.00
Older Adult	\$9.00
Student	\$9.00
Youth	\$9.00
Monthly	Fee (+ hst)
Adult	\$40.00
Older Adult	\$32.00
Student	\$28.00
Youth	\$25.00
Annual	Fee (+ hst)
Adult	\$456.00
Older Adult	\$364.00
Student	\$320.00
Youth	\$285.00
Advantage Membership (18+)	
Monthly	\$9.00
Annual	\$108.00

Membership fees listed apply to Town of Bradford residents only.  
Spouse & Non-resident rates are available upon request.  
Photo ID required.

## Aquafit Admission Rates

Pass Type	Single Visit	10 Pass	Annual
Adult	\$7.00	\$58.50	\$338.00
Older Adult	\$5.00	\$40.50	\$234.00
Student/ Youth	\$5.00	\$40.50	





## FITNESS CENTRE ETIQUETTE

TO ENSURE A POSITIVE EXPERIENCE FOR ALL OF OUR MEMBERS, WE ASK THAT YOU FOLLOW THESE RULES WHILE YOU PARTICIPATE IN THE FITNESS CENTRE:

1. IF YOU ARE NOT CURRENTLY EXERCISING OR HAVE A CHRONIC HEALTH ISSUE, PLEASE CONSULT YOUR PHYSICIAN PRIOR TO STARTING AN EXERCISE PROGRAM.
2. ENSURE THAT YOU ARE WEARING APPROPRIATE ATTIRE: SHIRT, GYM SHORTS/PANTS AND INDOOR RUNNING SHOES (NOT WORN OUTDOORS). CLOTHING MUST BE TASTEFUL IN ITS COVERAGE, CLEAN, AND NOT RIPPED. NO JEANS, SANDALS OR BOOTS ARE PERMITTED IN THE FITNESS CENTRE.
3. NO BAGS, KNAPSACKS OR JACKETS ARE PERMITTED IN THE FITNESS CENTRE. USE A LOCKER FOR YOUR BELONGINGS.
4. OUT OF CONSIDERATION FOR YOUR FELLOW MEMBERS, LEAVE YOUR CELL PHONE IN YOUR LOCKER OR SET THE RING TO VIBRATE AND TAKE YOUR CALL OUTSIDE OF THE FITNESS CENTRE. USE OF CELL PHONE CAMERAS IS PROHIBITED.
5. REFRAIN FROM WEARING STRONG FRAGRANCES AS FELLOW MEMBERS MAY HAVE ALLERGIES OR SENSITIVITIES.
6. KEEP THE CENTRE CLEAN AND SPRAY AND WIPE DOWN ALL EQUIPMENT AFTER USE.
7. AVOID RESTING ON EQUIPMENT BETWEEN SETS AND ALLOW OTHER MEMBERS TO "WORK IN".
8. FOR SAFETY REASONS ENSURE THAT CLIPS ARE USED AT ALL TIMES AND PLATES AND WEIGHTS ARE NOT DROPPED.
9. RETURN PLATES, DUMBBELLS AND BARBELLS TO THE APPROPRIATE LOCATION WHEN FINISHED. IT IS EVERYONE'S RESPONSIBILITY TO ENSURE THAT THIS AREA IS CLEAR AND SAFE FOR ALL TO USE.
10. REPORT ANY EQUIPMENT BREAKDOWNS OR CLEANING NEEDS TO THE FITNESS CENTRE STAFF ON DUTY.
11. FITNESS COACHING IS INCLUDED IN YOUR FITNESS MEMBERSHIP. REGISTER WITH A FITNESS CENTRE STAFF FOR YOUR NEXT APPOINTMENT.

REMEMBER TO WORK AT YOUR OWN FITNESS LEVEL. A FITNESS STAFF MEMBER WILL BE MONITORING THE AREA AND WILL BE AVAILABLE TO ASSIST YOU.

## PHYSICAL ACTIVITY READINESS QUESTIONNAIRE (PAR-Q+)



While physical activity has many benefits, and is very safe for most people, it is important to identify individuals who require further screening before becoming much more physically active. The Physical Activity Readiness Questionnaire-Plus (PAR-Q+) is a 4-page form for pre-screening prior to physical activity participation and includes additional questions on chronic conditions for further probing by a qualified exercise professional (CSEP-Certified Exercise Physiologist, i.e. CEP). All membership applications include the completion of the Physical Activity Readiness Questionnaire-Plus (PAR-Q+). Doctor's consent may be required if current medical conditions are not cleared by a CEP.

Doctor's consent is also required for pregnant women (i.e. PARmed-X for Pregnancy form).





# YOUR CHILD IS IN CARING HANDS

Participate in a Fitness Class while we watch your child. The BWG childminding service provides a safe, clean and fun environment that will keep your child active.

For peace of mind, all of the Child Monitors are experienced in working with children and are first aid and CPR certified.

**Member \$30.00/ 25 visit pass**  
**\$3.50/visit drop in (member)**  
**\$4.00/visit drop in (non member)**

Please see the Customer Service Desk  
for current service hours.

### CHILDMINDING SERVICES

- \* 90 MIN. MAXIMUM
- \* 6 YRS & UNDER
- \* SAFE, CLEAN & FUN
- \* FIRST AID & CPR CERTIFIED STAFF



471 West Park Ave.,  
Bradford, ON L3Z 0J3

905-775-PLAY (7529)  
[www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca)

# CORPORATE WELLNESS



**NEW**

**Bradford Board of Trade Members,  
Emergency Services  
(Police, Fire, EMS), and  
Ontario College Teacher members  
receive automatic 20% discount.  
Valid employee badge/ ID required.**

**A BWG Fitness Staff will provide  
your corporation with...**

- Meeting energizers or stretch breaks
  - Health & Wellness Workshops (Stretching & Posture, Nutrition, Injury Prevention etc.)
  - Group Exercise Class (Zumba, Yoga, Bootcamp)
- Don't delay, book a fitness staff today!**

**For more information contact:**  
Stephanie Uren  
Fitness Supervisor  
905.775.7529 x 8601  
[suren@townofbwg.com](mailto:suren@townofbwg.com)



**SAVE THE DATE!!!**  
**2016 PARTY IN PINK**  
**THURSDAY OCTOBER 27TH**  
**6:30 - 8:30pm**  
**\$5 donation at the door**





## 6- WEEK TRANSFORMATION CHALLENGE

**"OCT 23 - DEC 4"**



**Winner:** James Jones  
**Starting Weight:** 304 lbs  
**Current Weight:** 266 lbs  
**Difference:** 38 lbs

**Registration Deadline:** October 16th 2016  
**Members Only, spaces are limited!**  
**Resident Fee \$154.99**

**Register today at the Customer Service Desk!**  
**Course Code: 9287**

**For more information contact:**  
**Stephanie Uren, Fitness Supervisor**  
**905.775.7529 ext 8601**  
**suren@townofbwg.com**

## WHAT'S INCLUDED

- GROUP PERSONAL TRAINING 1X/WEEK
- LAST CHANCE WORKOUT
- OFFICIAL WEIGH INS
- ONE-ON-ONE SUPPORT FROM YOUR BWG TRAINER
- NUTRITION INFO SESSION @ KICKOFF EVENT
- MANDATORY KICKOFF OCTOBER 23 @ 11 AM

**BWG**  
LEISURE  
CENTRE

# **FIT TO FIGHT**

## **OUTDOOR CHALLENGE**

BWG Personal Trainers will take you through several challenges and obstacles where you will compete against other BWG Fitness members from your age category... Are YOU **FIT TO FIGHT ???**

Top Female and Male scores will receive customized T-shirt and membership prizes.

**SAT SEPT 10**

9am - 12 pm

Code: 9450

Fee: \$14.99 (+hst)

For more information, contact  
Stephanie Uren, Fitness Supervisor  
[suren@townofbwg.com](mailto:suren@townofbwg.com)  
905.775.7529 x8601

# Youth Fitness

## Fab Fitness for Females

Bring your mom, grandma, or best friend and get fit together! This program is designed to give girls(ages 10 - 13) a great group fitness experience. Try Yoga, Bootcamp, Zumba, and Cycle classes!

**\*Individual registration required**



## Intro to TRX

In this small group training class youth will learn how to properly use the TRX suspension training body weight system. This workshop will help develop strength, balance, flexibility and core stability.

Course Name	Course Code	Age	Day(s)	Times	Dates	Location	# of Classes	Res.Fee (+hst)	Non Res. Fee (+hst)
Fab Fitness for Girls	9241	10 - 13	Wed	6 - 6:45pm	Oct 5 - 26	Fitness Studio	4	\$34.99	\$40.24
Fab Fitness for Girls	9242	10 - 13	Wed	6 - 6:45pm	Nov 9 - 30	Fitness Studio	4	\$34.99	\$40.24
Fab Fitness for Girls	9243	10 - 13	Wed	6 - 6:45pm	Feb 1 - 22	Fitness Studio	4	\$34.99	\$40.24
Intro to TRX	9244	10 - 13	Mon	3 - 3:45pm	Oct 3 - 31	MPR East	4	\$24.99	\$28.74
Intro to TRX	9245	10 - 13	Mon	3 - 3:45pm	Nov 7 - 28	MPR East	4	\$24.99	\$28.74
Intro to TRX	9246	10 - 13	Tues	3 - 3:45pm	Feb 7 - 28	MPR East	4	\$24.99	\$28.74



## Cardio Kickbox

A combination of aerobics, boxing and martial arts - one of the most popular trends to hit the gym in recent years.  
\*Dec 4 & 11 class Gymnasium South



## Mom & Baby Yoga

Pack your baby with your yoga mat! Come and join other new moms for a fun and inspiring mom and baby program. Babies are incorporated into yoga poses while bonding with their mom.  
\*Newborns to pre-crawling only.

Course Name	Course Code	Age	Day(s)	Times	Dates	Location	# of Classes	Res.Fee (+hst)	Non Res. Fee (+hst)
Cardio Kickbox	9247	13+	Sun	10 - 10:45 am	Sept 11 - Oct 2	MPR East	4	\$35.99	\$41.39
Cardio Kickbox	9248	13+	Sun	10 - 10:45 am	Oct 16 - Nov 6	MPR East	4	\$35.99	\$41.39
Cardio Kickbox	9249*	13+	Sun	10 - 10:45 am	Nov 20 - Dec 11	MPR East	4	\$35.99	\$41.39
Cardio Kickbox	9250	13+	Sun	10 - 10:45 am	Jan 22 - Feb 12	MPR East	4	\$35.99	\$41.39
Cardio Kickbox	9251	13+	Thurs	7 - 7:45 pm	Oct 6 - Oct 27	MPR East	4	\$35.99	\$41.39
Cardio Kickbox	9252	13+	Thurs	7 - 7:45 pm	Nov 3 - Nov 24	MPR East	4	\$35.99	\$41.39
Cardio Kickbox	9253	13+	Thurs	7 - 7:45 pm	Jan 26 - Feb 23	MPR East	5	\$43.70	\$50.25
Mom & Baby Yoga	9254	18+	Wed	10:15 - 11am	Nov 2 - Dec 7	MPR East	6	\$40.00	\$46.00
Mom & Baby Yoga	9255	18+	Wed	10:15 - 11am	Jan 25 - Mar 1	MPR East	6	\$40.00	\$46.00

# Adult Fitness

## DiaperFit

During the first half hour of class, parents enjoy a challenging Aquafit workout while children sit along in dolphin floating seats, allowing them to splash with his/her hands and feet. Children will remain in contact with his/her parent at all times. Class will finish in the relaxation (warm) pool.

**\*No Class Feb 15**



## Muscle Moms

Small group strength training led by a certified BWG Personal Trainer. This program will teach you the fundamentals of strength training while focusing on proper lifting techniques.

**\*Try the MUSCLE MOMS LITE for only 1 session/ week**

## Tai Chi

This program is an energy-based, non-combative, healing martial art. This program combines martial arts movements with universal energy principles to help participants circulate blood and energy through their body, while seeing a change in the natural balance and rhythm of the body and mind.

Course Name	Course Code	Age	Day(s)	Times	Dates	Location	# of Classes	Res.Fee (+hst)	Non Res. Fee (+hst)
Diaper Fit	9256	18+	Mon	10:15 - 11am	Oct 17 - Dec 5	Lap Pool	8	\$56.99	\$65.54
Diaper Fit	9257	18+	Wed	10:15 - 11am	Oct 5 - Dec 7	Lap Pool	10	\$70.00	\$80.50
Diaper Fit	9258*	18+	Mon	10:15 - 11am	Jan 16 - Mar 6	Lap Pool	7	\$49.88	\$57.36
Diaper Fit	9259	18+	Wed	10:15 - 11am	Jan 18 - Mar 8	Lap Pool	8	\$59.99	\$65.54
Muscle Moms	9260	18+	Mon/ Fri	10:00 - 11am	Oct 17 - Dec 9	Fitness Str	8	\$90.00	\$103.50
Muscle Moms	9261	18+	Mon/ Fri	10:00 - 11am	Jan 23 - Feb 17	Fitness Str	8	\$90.00	\$103.50
Muscle Moms Lite	9262	18+	Thurs	7:00 - 8 pm	Oct 6 - Oct 27	Fitness Str	4	\$45.00	\$51.75
Muscle Moms Lite	9263	18+	Thurs	7:00 - 8 pm	Nov 10 - Dec 1	Fitness Str	4	\$45.00	\$51.75
Muscle Moms Lite	9264	18+	Thurs	7:00 - 8 pm	Feb 2 - Feb 23	Fitness Str	4	\$45.00	\$51.75
Tai Chi	9265	18+	Wed	8:15 - 9 am	Oct 19 - Dec 7	Fit Studio	8	\$39.99	\$45.99
Tai Chi	9266	18+	Wed	8:15 - 9 am	Jan 18 - Mar 8	Fit Studio	8	\$39.99	\$45.99
Tai Chi	9267	18+	Sat	11:15 - 12 pm	Oct 15 - Dec 3	Fit Studio	8	\$39.99	\$45.99
Tai Chi	9268	18+	Sat	11:15 - 12 pm	Jan 21 - Mar 8	Fit Studio	8	\$39.99	\$45.99

## Social Drop-In (55+)



### dates

Tuesdays & Thursdays

### time

10:00am- 12:00pm

### location

Activity Room

### cost

\$1.00 Coffee/ Tea

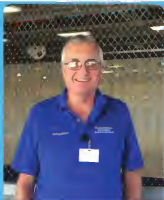
**Drop-in to the Activity Room for an opportunity to play cards and meet new people**



## #iHEARTsouthlake

envisioning today, what the heart needs tomorrow

**CARDIOVASCULAR CHRONIC DISEASE PREVENTION & MANAGEMENT PROGRAM**



\* Giving you the tools and skills you need to prevent disease progression and recurrence of vascular events such as TIA, stroke, cardiac and diabetes complications

\* 1.5 hour weekly supervised exercise and educational sessions at the BWG Leisure Centre

\* Exercise Stress Test prior to starting and at graduation

\* 6- month program duration, Mondays at 9:00am or 10:30am

For more information, please call  
905.895.4521 ext 2806



**SOUTHLAKE**  
REGIONAL HEALTH CENTRE

# Rehabilitation Fitness

## WATER THERAPY

Designed for those who are experiencing joint pain, stability or balance challenges and/ or require continuation on post- rehabilitation.



## FITNESS FOR BREATH

Wednesdays 2pm  
Fridays 11:15am

This respiratory maintenance exercise program is designed for people who have completed a pulmonary rehabilitation program. It is ideal for anyone with a chronic lung disease such as COPD, pulmonary fibrosis, or asthma.

**FREE FOR FITNESS MEMBERS**

**\*\*No Class Nov 11**

Course Name	Course Code	Age	Day(s)	Times	Dates	Location	# of Classes	Res.Fee (+hst)	Non Res. Fee (+hst)
Water Therapy	9269	16+	Thurs	9:30 - 10:30am	Sept 7 - 28	Relax Pool	4	\$40.00	\$46.00
Water Therapy	9270	16+	Thurs	9:30 - 10:30am	Oct 6 - 27	Relax Pool	4	\$40.00	\$46.00
Water Therapy	9271	16+	Thurs	9:30 - 10:30am	Nov 3 - 24	Relax Pool	4	\$40.00	\$46.00
Water Therapy	9272	16+	Thurs	9:30 - 10:30am	Dec 1 - 22	Relax Pool	4	\$40.00	\$46.00
Water Therapy	9273	16+	Thurs	9:30 - 10:30am	Jan 5 - 26	Relax Pool	4	\$40.00	\$46.00
Water Therapy	9274	16+	Thurs	9:30 - 10:30am	Feb 2 - 23	Relax Pool	4	\$40.00	\$46.00
FITNESS FOR BREATH	9275	18+	Wed/ Fri	see description above	Sept 7 - 30	Fitness Studio	8	\$40.00	\$46.00
FITNESS FOR BREATH	9276	18+	Wed/ Fri	see description above	Oct 5 - 26	Fitness Studio	8	\$40.00	\$46.00
FITNESS FOR BREATH	9277	18+	Wed/ Fri	see description above	Nov 2 - 30**	Fitness Studio	8	\$40.00	\$46.00
FITNESS FOR BREATH	9278	18+	Wed/ Fri	see description above	Dec 2 - 14	Fitness Studio	4	\$20.00	\$23.00
FITNESS FOR BREATH	9279	18+	Wed/ Fri	see description above	Jan 4 - 27	Fitness Studio	8	\$40.00	\$46.00
FITNESS FOR BREATH	9280	18+	Wed/ Fri	see description above	Feb 1 - 24	Fitness Studio	8	\$40.00	\$46.00



Our Heart Wise Exercise programs are intended for participants who are interested or concerned about their health.

Heart Wise Exercise programs meet the following criteria:

- Encourages regular, daily aerobic exercise.
- Encourages and incorporates warm up, cool down and self-monitoring with all exercise sessions.
- Allows participants to exercise at a safe level and offers options to modify intensity.
- Includes participants with chronic health conditions – physician approval may be required.
- Offers health screening for all participants.
- Has a documented emergency plan that is known to all exercise leaders, including the requirement of current CPR certification, phone access to local paramedic services and presence of an AED.

These criteria could cover a variety of different levels and type of programs.



## TIME Together In Movement & Exercise

See how you can improve your mobility, balance and overall strength with TIME – a community-based exercise program for people with a range of mobility challenges related to aging or neurological conditions.

Wednesdays 11:00am - 12:00pm  
Fitness Studio  
Please see Customer Service Desk for  
new courses offered monthly  
**\*Free For Fitness Members**

## Workshops

# TRAINER TALK SERIES

**BWG**  
LEISURE  
CENTRE

## DATE

## WORKSHOP

October 24, 2016	Core Training with Enrica
November 14, 2016	**Major Lifts 101 with Kyle
November 28th, 2016	Nutrition 101 with Robert
December 5th, 2016	Self Defence with Rocky
January 16th, 2017	Critical Balance for Athletes with Matt
January 30th, 2017	Journey Through Weight Loss with Jenn
February 13th, 2017	I Love Food ... and you too!
February 27th, 2017	Know Your Foam Roll with Jocelyn

- \* All workshops hosted by certified Trainers
- \* 7pm workshops (1 hr in length)
- \* Ages 13+
- \* Cost: \$5.00
- \* Multi-Purpose Room East
- \*\*Major Lifts held in Fitness Strength Area
- \* Register at the customer service desk.



## DATE

## WORKSHOP

SEPT 21, 2016	TACKLE THE ROOT OF YOUR <b>SEASONAL ALLERGIES</b> ONCE AND FOR ALL
OCT 26, 2016	HOW SPECIFIC CULPRITS MAY BE CAUSING YOUR <b>WEIGHT LOSS</b> RESISTANCE
NOV 16, 2016	<b>IMMUNE BOOST:</b> GETTING READY FOR COLD AND FLU SEASON
DEC 7, 2016	HOW TO SUPPORT YOUR BODY THROUGH THE <b>STRESS</b> - HURRICANE OF LIFE
JAN 18, 2017	<b>DETOXIFICATION 101:</b> YOU ARE WHAT YOU EAT...AND WHAT YOU CAN'T ELIMINATE
FEB 8, 2017	IS YOUR DIGESTIVE SYSTEM MAKING YOU SICK ???



**DR. FREDA TAM**  
NATUROPATH

**BWG**  
LEISURE  
CENTRE

- \* 10am and 7pm workshops (1 hr in length)
- \* Ages 13+
- \* Cost: \$5.00
- \* Multi-Purpose Room
- \* Register at the customer service desk.

**Helping people get healthier together!**



## Personal Training

Learn proper techniques while getting the motivation you need!

## Packages

4 sessions.....	\$200.00
8 sessions.....	\$372.00
12 sessions.....	\$504.00
24 sessions.....	\$864.00

**\*HST will be charged at the point of sale.**

Personal Training fees apply to Members only.

Non- Member fees are available upon request. Fees are due prior 1st session.

## In- Water Personal Training

Try something different. Led by a certified Personal Trainer, this workout provides a unique resistance you may be looking for.

## Team Dryland Training

*We offer Team Dryland Training to all sports teams looking to take their performance to the next level.*

For more information,  
Please contact Enrico Mazzone  
905-775-7529 x 8601

## DID YOU KNOW WE OFFER BUDDY TRAINING!

4 sessions.....	\$152.00
8 sessions.....	\$280.00
12 sessions.....	\$360.00
24 sessions.....	\$528.00

\*HST will be charged at the point of sale. Rates are per person. Personal Training fees apply to Members only.

Non- Member fees add 15%.

Effective Sept 8 2015. Fees are due prior 1st session.

## MEET YOUR TRAINERS



**\*MMA SPECIALIST**



# MEET THE FOSTERS



Last year, we were all facing major transitions in our lives, and we needed to change our exercise routines and set new fitness goals for ourselves. I was trying to build up my strength after cancer treatment, and my husband was continuing to deal with the challenge of rheumatoid arthritis. Some of the activities that we used to do were not quite right for us anymore, so we found ourselves trying out new fitness equipment, activities, and exercise classes at the Leisure Centre. Our son, a professional ballet dancer, moved away to work in another country, and uses the gym to cross-train when he is at home. Our daughter began her first year away at university, and she needed somewhere to work out when she was at home on breaks. At first we needed to drag her out of bed during her visits home, but it didn't take long before she was getting up willingly. While we all lead busy lives and sometimes need to work out individually, we make it a priority to work out together whenever possible. We all enjoy the welcoming atmosphere of the Leisure Centre. The fitness instructors are inspiring and challenge us to push to our limits, while providing modifications as necessary. And while you are working your hardest, there is nothing more motivating than having a family member sweating right beside you. We are setting fewer and fewer limits on our future fitness goals, as we feel stronger than we ever thought possible. We will continue to explore new classes and activities together, laughing with each other along the way!

Sandy, Duncan, and Sam

# LEISURE PROGRAMS



## **Preschool**

- hop, skip, jump
- playball
- monkeynastix
- lots for tots
- baking buddies

## **Child & Youth**

- St. John Ambulance  
babysitter
- baking
- tennis
- march break camp

## **Adult**

- cooking classes
- ballroom dancing

## **COMMUNITY LEISURE PROGRAMS.**

The Department of Leisure Services has designed a variety of programs and activities outlined in the following pages that provide opportunities to residents of all ages to participate in and enjoy. Programs have been developed to build confidence, self esteem and develop creativity for the youngest members of our community, and to provide experiences for everyone to socialize, learn a new skill or develop and enhance an existing interest.

## **FOR MORE INFORMATION, PLEASE CONTACT US!**

Please call 905.775.7529 or  
visit our website  
[www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca)

# Pre-school Programs

## CLASSES ARE NOT OFFERED:

THANKSGIVING WEEKEND: SATURDAY OCTOBER 8 TO MONDAY OCTOBER 10, 2016

HALLOWEEN: MONDAY OCTOBER 31, 2016

CHRISTMAS HOLIDAYS WEEK: SATURDAY DECEMBER 24 TO FRIDAY JANUARY 6, 2017

FAMILY DAY: MONDAY FEBRUARY 20, 2017

MARCH BREAK: MONDAY MARCH 13 TO SUNDAY MARCH 19, 2017

EASTER WEEKEND: FRIDAY APRIL 14 - MONDAY, APRIL 17, 2017

## PRE-SCHOOL ACTIVE PROGRAMS

### Tumble Bugs Gymnastics (18 months - 3 years)

\*\*\* Please note \*\*\* This is a parent participation program  
This parent and tot program is designed to introduce children to the basic patterns of human body movement in a fun and engaging environment. Parents facilitate their child through circuits and obstacle courses designed specifically for this age range by certified staff. This program is offered in partnership with Genesis Gymnastics and is held at their location at 401 Disette St, Units 8 & 9.

### Twisting Tykes Gymnastics (3 - 5 years)

This preschool program is designed to take children through a fun and engaging warm up followed by a basic introduction to gymnastics. Children follow the instruction of a certified coach without their parents' participation. This program is offered in partnership with Genesis Gymnastics and is held at their location at 401 Disette St, Units 8 & 9.

### Hop, Skip and Jump (1 - 3 years)

\*\*\* Please note \*\*\* This is a parent participation program

This action packed program promotes physical activity in a fun and safe environment. Its focus is to stimulate children while developing cognitive, social and motor skills through active and cooperative play. Hop, Skip and Jump gives children the opportunity to establish positive attitudes toward physical activity.

### Pre-school Fall 2016: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Tumble Bugs Gymnastics	9182	18 months - 3 years	Thurs	9:30am - 10:15am	Sept 29 - Nov 3	Genesis Gymnastics	6	\$72.00	\$82.80
Tumble Bugs Gymnastics	9185	18 months - 3 years	Thurs	9:30am - 10:15am	Nov 10 - Dec 15	Genesis Gymnastics	6	\$72.00	\$82.80
Twisting Tykes Gymnastics	9204	3-5 years	Thurs	10:30am - 11:30am	Sept 29 - Nov 3	Genesis Gymnastics	6	\$90.00	\$103.50
Twisting Tykes Gymnastics	9205	3-5 years	Thurs	10:30am - 11:30am	Nov 10 - Dec 15	Genesis Gymnastics	6	\$90.00	\$103.50
Hop, Skip and Jump	9206	1-3 years	Mon	5:30pm - 6:15pm	Oct 3 - Dec 5 No class Oct 10 & 31	BWG Leisure Centre	8	\$62.00	\$71.30
Hop, Skip and Jump	9207	1-3 years	Tues	10:30am - 11:15am	Oct 4 - Nov 22	BWG Leisure Centre	8	\$62.00	\$71.30

### Pre-school Winter 2017: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Tumble Bugs Gymnastics	9328	18 months - 3 years	Thurs	9:30am - 10:15am	Jan 26-Mar 2	Genesis Gymnastics	6	\$72.00	\$82.80
Twisting Tykes Gymnastics	9329	3-5 years	Thurs	10:30am - 11:30am	Jan 26-Mar 2	Genesis Gymnastics	6	\$90.00	\$103.50
Hop, Skip and Jump	9330	1-3 years	Mon	5:30 pm - 6:15 pm	Jan 16-Mar 20 No class Feb 20 & Mar 13	BWG Leisure Centre	8	\$62.00	\$71.30
Hop, Skip and Jump	9331	1-3 years	Tues	10:30am - 11:15am	Jan 17-Mar 7	BWG Leisure Centre	8	\$62.00	\$71.30

Schedule subject to change without notice

## PRE-SCHOOL ACTIVE PROGRAMS CONTINUED

### Monkeynastix (1 – 2 years, 2 – 3 years)

\*\*\*Please note\*\*\* Both age groups are parent participation programs.

In the 1 – 2 years class, children must be walking independently.

Monkeynastix is a fun, non-competitive fitness movement education program developing children's balance, strength, co-ordination, body awareness and gross motor skills. Children follow a circuit with specialized equipment focusing on a specific skill for each class. One adult per child. For more information go to [www.monkeynastixyork.ca](http://www.monkeynastixyork.ca).

### Lots for Tots (2 – 4 years)

\*\*\*Please note\*\*\* This is a parent participation program

This preschool program gives children the opportunity to explore their creative side as well as burn off some energy. This class begins with a story time, followed by exploring the world of arts and crafts, and ending with an energy busting kinder play time in the gymnasium. This program is a great way to prepare your little one for school time structure.

### Pre-school Fall 2016: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Monkeynastix (1-2 yrs)	9208	1-2 years	Tues	5:30pm - 6:00pm	Oct 4- Nov 29	BWG Leisure Centre	9	\$108.00	\$124.20
Monkeynastix (1 – 2 years)	9209	1-2 years	Sun	9:45am - 10:15am	Sept 25-Nov 27 No class Oct 9	BWG Leisure Centre	9	\$108.00	\$124.20
Monkeynastix (2 – 3 years)	9210	2-3 years	Tues	6:15pm- 6:45pm	Oct 4- Nov 29	BWG Leisure Centre	9	\$108.00	\$124.20
Monkeynastix (2 – 3 years)	9211	2-3 years	Sun	10:30am- 11:00am	Sept 25- Nov 27 No class Oct 9	BWG Leisure Centre	9	\$108.00	\$124.20
Lots for Tots	9212	2-4 years	Wed	10:30am- 11:30am	Sept 28- Oct 26	BWG Leisure Centre	5	\$52.00	\$59.80
Lots for Tots	9214	2-4 years	Fri	10:30am- 11:30am	Sept 30- Oct 28	BWG Leisure Centre	5	\$52.00	\$59.80
Lots for Tots	9213	2-4 years	Wed	10:30am- 11:30am	Nov 9- Dec 7	BWG Leisure Centre	5	\$52.00	\$59.80
Lots for Tots	9215	2-4 years	Fri	10:30am- 11:30am	Nov 11- Dec 16 No class Nov 25	BWG Leisure Centre	5	\$52.00	\$59.80

### Pre-school Winter 2017: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Monkeynastix (1 – 2 years)	9332	1-2 years	Tues	5:30pm- 6:00pm	Jan 17-Mar 21 No class Mar 14	BWG Leisure Centre	9	\$108.00	\$124.20
Monkeynastix (1 – 2 years)	9333	1-2 years	Sun	9:45am- 10:15am	Jan 22-Mar 26 No class Mar 19	BWG Leisure Centre	9	\$108.00	\$124.20
Monkeynastix (2 – 3 years)	9334	2-3 years	Tues	6:15pm- 6:45pm	Jan 17-Mar 21 No class Mar 14	BWG Leisure Centre	9	\$108.00	\$124.20
Monkeynastix (2 – 3 years)	9335	2-3 years	Sun	10:30am- 11:00am	Jan 22-Mar 26 No class Mar 19	BWG Leisure Centre	9	\$108.00	\$124.20
Lots for Tots	9336	2-4 years	Wed	10:30am- 11:30am	Feb 1-Mar 1	BWG Leisure Centre	5	\$52.00	\$59.80
Lots for Tots	9337	2-4 years	Fri	10:30am- 11:30am	Feb 3-Mar 3	BWG Leisure Centre	5	\$52.00	\$59.80

Schedule subject to change without notice

# Pre-school Programs

## PRE-SCHOOL ACTIVE PROGRAMS CONTINUED

### Playball - Sports coaching for young children TWO CAN DO! for 2 year olds

\*\*\*Please note\*\*\* This is a parent participation program

Fall 2016 Session: Participants must be 2 years by September 1, 2016

Winter 2017 Session: Participants must be 2 years by January 1, 2017

A gentle introduction to gross motor and sports skills for two year olds. Playball's TWO CAN DO! program provides a wide range of suitable activities to stimulate and improve locomotion, balance, body awareness, muscular development and fine motor skills. One parent per child. For more information go to [www.playball.ca](http://www.playball.ca)

### Playball - Sports coaching for young children For 3 years to early 4's

\*\*\*Please note\*\*\* Parent participation may be required

Fall 2016 Session: Participants must be 3 years by September 1, 2016

Winter 2017 Session: Participants must be 3 years by

January 1, 2017

This is a non-competitive and comprehensive program of games carefully designed to teach a wide range of basic sport and social skills. The emphasis is to have fun with movement and playing games with a ball so that the child's first introduction to sport is a positive one. For more information go to [www.playball.ca](http://www.playball.ca)

### Kinder Rhythm (3 - 6 years)

Explore movement through music and rhythm while learning dance routines. Increased body awareness, fitness and coordination are some of the benefits of this program. Participants please wear flexible clothing and clean indoor running shoes. Kinder Rhythm is offered in partnership with Elite Dance Corps and is held at their location at 33 Holland St E (entrance at rear of building).

## Pre-school Fall 2016: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Playball TWO CAN DO! For 2 year olds	9216	2 years	Sat	9:15am-9:45am	Sept 24-Dec 3 No class Oct 8	BWG Leisure Centre	10	\$118.00	\$135.70
Playball for 3 years to early 4's	9217	3-4 years	Sat	10:00am-10:45am	Sept 24-Dec 3 No class Oct 8	BWG Leisure Centre	10	\$135.00	\$155.25
Playball for 3 years to early 4's	9218	3-4 years	Wed	5:30pm-5:45pm	Oct 5 - Dec 7	BWG Leisure Centre	10	\$135.00	\$155.25
Kinder Rhythm	9219	3-6 years	Sat	9:15am-9:45am	Oct 15- Nov 19	Elite Dance Corps	6	\$60.00	\$69.00
Kinder Rhythm	9404	3-6 years	Thurs	6:00pm-6:30pm	Oct 13- Nov 17	Elite Dance Corps	6	\$60.00	\$69.00

## Pre-school Winter 2017: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Playball TWO CAN DO! for 2 year olds	9338	2 years	Sat	9:15am-9:45am	Jan 21-Apr 1 No class Mar 18	BWG Leisure Centre	10	\$118.00	\$135.70
Playball for 3 years to early 4's	9339	3-4 years	Wed	5:00pm-5:45pm	Jan 18-Mar 29 No class Mar 15	BWG Leisure Centre	10	\$135.00	\$155.25
Playball for 3 years to early 4's	9340	3-4 years	Sat	10:00am-10:45am	Jan 21-Apr 1 No class Mar 18	BWG Leisure Centre	10	\$135.00	\$155.25
Kinder Rhythm	9406	3-6 years	Thurs	6:00pm-6:30pm	Jan 26-Mar 2	Elite Dance Corps	6	\$60.00	\$69.00
Kinder Rhythm	9341	3-6 years	Sat	9:15am-9:45am	Jan 28-Mar 4	Elite Dance Corps	6	\$60.00	\$69.00

Schedule subject to change without notice

## PRE-SCHOOL ARTS & EDUCATION PROGRAMS

### MYC (Music for Young Children) - Music Pups (6 months - 2 years)

\*\*\*Please note\*\*\* This is a parent participation program Music for Young Children (MYC) is a comprehensive music education program tailored to the strengths and abilities of young children. Music Pups provides an opportunity for babies and toddlers to enjoy music through actions, playing rhythm instruments and learning tonal/rhythm patterns. For more information go to [www.myc.com](http://www.myc.com)

### MYC (Music for Young Children) - Sunrise (2 - 3 years)

\*\*\*Please note\*\*\* This is a parent participation program Music for Young Children (MYC) is a comprehensive music education program tailored to the strengths and abilities of young children. The Sunrise program implements a collection of singing, musical rhythms, and instruments, as well as introducing the children to musical patterns and dynamics. For more information go to [www.myc.com](http://www.myc.com)

### Baking Buddies: Around the World (3 - 5 years)

This program provides a hands on cooking experience and is a great way to introduce your child to the kitchen while trying new flavours. Each week we will touch on a different country and prepare healthy treats, learning some words, types of food and culture (Mexico, China, Italy, France etc). Please bring a container to take home treats, along with a binder for recipes and handouts. The Baking Buddies course teaches different recipes each session. Additional food cost of \$15.00 payable to the instructor on the first day at class.

### Baking Buddies: Littlest Bake Shop (3 - 5 years)

This program will provide a great hands on baking experience. Children will enjoy measuring, mixing, pouring and decorating different baked goods in the Littlest Bake Shop. Bring a cookie tin to bring home your goodies. Please note: the last 2 weeks will be Christmas Baking. Additional food cost of \$15.00 payable to the instructor on the first day at class.

### Pre-school Fall 2016: Arts & Education Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
MYC - Music Pups	9220	6 months-2 years	Sat	9:00am - 9:45am	Sept 24-Nov 5 No class Oct 8	BWG Leisure Centre	6	\$80.00	\$92.00
MYC - Music Pups	9221	6 months-2 years	Sat	9:00am - 9:45am	Nov 12-Dec 17	BWG Leisure Centre	6	\$80.00	\$92.00
MYC - Sunrise	9222	2-3 years	Sat	10:00am - 10:45am	Sept 24-Nov 5 No class Oct 8	BWG Leisure Centre	6	\$80.00	\$92.00
MYC - Sunrise	9223	2-3 years	Sat	10:00am - 10:45am	Nov 12-Dec 17	BWG Leisure Centre	6	\$80.00	\$92.00
Baking Buddies - Around the World	9408	3-5 years	Mon	4:30pm - 5:30pm	Sept 19-Nov 7 No class Oct 10 & 31	Community Centre	6	\$75.00 (+ \$15 material fee)	\$86.25 (+ \$15 material fee)
Baking Buddies - Around the World	9224	3-5 years	Tues	4:30pm - 5:30pm	Sept 20-Oct 25	Community Centre	6	\$75.00 (+ \$15 material fee)	\$86.25 (+ \$15 material fee)
Baking Buddies - Littlest BakeShop	9409	3-5 years	Mon	4:30pm - 5:30pm	Nov 14-Dec 19	Community Centre	6	\$75.00 (+ \$15 material fee)	\$86.25 (+ \$15 material fee)
Baking Buddies - Littlest BakeShop	9225	3-5 years	Tues	4:30pm - 5:30pm	Nov 15-Dec 20	Community Centre	6	\$75.00 (+ \$15 material fee)	\$86.25 (+ \$15 material fee)

### Pre-school Winter 2017: Arts & Education Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
MYC - Music Pups	9342	6 months-2 years	Sat	9:00am - 9:45am	Feb 4-Mar 11	BWG Leisure Centre	6	\$80.00	\$92.00
MYC - Sunrise	9343	2-3 years	Sat	10:00am - 10:45am	Feb 4-Mar 11	BWG Leisure Centre	6	\$80.00	\$92.00
Baking Buddies - Around the World	9344	3-5 years	Tues	4:30pm - 5:30pm	Jan 17-Feb 21	Community Centre	6	\$75.00 (+ \$15 material fee)	\$86.25 (+ \$15 material fee)

Schedule subject to change without notice

# Child/Youth Programs

## CLASSES ARE NOT OFFERED:

THANKSGIVING WEEKEND: SATURDAY OCTOBER 8 TO MONDAY OCTOBER 10, 2016

HALLOWEEN: MONDAY OCTOBER 31, 2016

CHRISTMAS HOLIDAYS WEEK: SATURDAY DECEMBER 24 TO FRIDAY JANUARY 6, 2017

FAMILY DAY: MONDAY FEBRUARY 20, 2017

MARCH BREAK: MONDAY MARCH 13 TO SUNDAY MARCH 19, 2017

EASTER WEEKEND: FRIDAY APRIL 14 - MONDAY, APRIL 17, 2017

## CHILD & YOUTH ACTIVE PROGRAMS

### Playball - Sports coaching for young children

#### Multi-Sport (4 - 5 years)

This is a non-competitive and comprehensive program of games carefully planned to teach a wide range of sports and social skills. Participants will have the opportunity to be introduced to a variety of sports such as soccer, baseball and basketball. Participants are asked to wear comfortable clothing and running shoes. For more information go to [www.playball.ca](http://www.playball.ca)

### Monkeynastix (4 - 6 years)

Monkeynastix is a non-competitive fitness movement education program developing strength, flexibility, gross and fine motor skills, balance, coordination, spatial and body awareness, coordination, good sportsmanship and healthy habits. Each lesson consists of a fun Monkeynastix warm up song, followed by stretching positions, locomotion and working with our specialized equipment. For more details go to [www.monkeynastixyork.ca](http://www.monkeynastixyork.ca)

### Just For Kids - Tennis (JR 5 - 7 years & SR 8 - 10 years)

A unique indoor program for kids to play tennis. Children learn to hit, serve, volley, and rally with a tennis ball, play and score a tennis game. This is done in an age appropriate progressive manner using innovative teaching methods, special games, and indoor equipment designed just for children. Participants please wear clean indoor running shoes.

### Child & Youth Fall 2016: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Playball Multi-Sport	9226	4-5 years	Sat	11:00am-11:45am	Sept 24-Dec 3 No class Oct 8	BWG Leisure Centre	10	\$140.00	\$161.00
Playball Multi-Sport	9227	4-5 years	Wed	6:00pm-6:45pm	Sept 28-Nov 30	BWG Leisure Centre	10	\$140.00	\$161.00
Monkeynastix	9228	4-6 years	Sun	11:15am-11:45am	Sept 25-Nov 27 No class Oct 9	BWG Leisure Centre	9	\$108.00	\$124.20
Just For Kids Tennis JR	9229	5-7 years	Thurs	4:30pm-5:15pm	Sept 29-Dec 1	BWG Leisure Centre	10	\$100.00	\$115.00
Just For Kids Tennis SR	9230	8-10 years	Thurs	5:15pm-6:00pm	Sept 29-Dec 1	BWG Leisure Centre	10	\$100.00	\$115.00

### Child & Youth Winter 2017: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Playball Multi-Sport	9345	4-5 years	Sat	11:00am-11:45am	Jan 21-Apr 1 No class Mar 18	BWG Leisure Centre	10	\$140.00	\$161.00
Playball Multi-Sport	9346	4-5 years	Wed	6:00pm-6:45pm	Jan 25-Apr 5 No class Mar 15	BWG Leisure Centre	10	\$140.00	\$161.00
Monkeynastix	9347	4-6 years	Sun	11:15am-11:45am	Jan 22-Mar 26 No class Mar 19	BWG Leisure Centre	9	\$108.00	\$124.20
Just For Kids Tennis JR	9348	5-7 years	Thurs	4:30pm-5:15pm	Feb 2-Apr 13 No class Mar 16	BWG Leisure Centre	10	\$100.00	\$115.00
Just For Kids Tennis SR	9349	8-10 years	Thurs	5:15pm-6:00pm	Feb 2-Apr 13 No class Mar 16	BWG Leisure Centre	10	\$100.00	\$115.00

Schedule subject to change without notice



# Child/Youth Programs

## Intro to Gymnastics (6 - 8 years)

By improving strength, coordination, flexibility, and balance, children will develop a great base of fitness. This fun 60 minute class allows children to progress through a level system at their own pace, helping them develop a positive and healthy self-image. This program is offered in partnership with Genesis Gymnastics and is held at their location, 401 Disette St, Units 8 & 9.

## Intro to Cheerleading (JR 7 - 11 years & SR 12 - 15 years)

This program is designed to introduce children to the fundamentals of cheerleading. The program will incorporate cheer, stunt, dance, and basic gymnastics skills. Please bring indoor running shoes. This program is offered in partnership with Genesis Gymnastics and is held at their location, 401 Disette St, Units 8 & 9.

## Triple Threat Dance (JR 6 - 9 years & SR 10 - 13 years)

Try a sample of different dance styles and discover your favourite! Start with 3 weeks of Jazz, which is a combination of high and low energy steps. Then move on to 3 weeks of Acro, which is a combination of jazz and gymnastic techniques. Finish off with 3 weeks of Hip Hop, which includes the most recent moves from today's pop culture. Participants please wear flexible clothing and clean indoor running shoes. This program is offered in partnership with Elite Dance Corps and is held at their location, 33 Holland St E (entrance of rear of building).

## Jump Rope - Beginner (6 - 12 years)

In a fun and friendly environment, participants will be introduced to a variety of jump rope skills and techniques for single rope, long rope and double dutch. Develop balance, coordination and endurance, which will provide a solid foundation for any form of physical activity or sport. Bring your own rope or borrow a rope provided. Indoor non-marking shoes and comfortable clothes required.

### Child & Youth Fall 2016: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Intro to Gymnastics	9233	6-8 years	Sat	11:00am-12:00pm	Oct 15-Dec 3	Genesis Gymnastics	8	\$120.00	\$138.00
Intro to Cheerleading JR	9237	7-11 years	Sat	12:30pm-1:30pm	Oct 15- Dec 3	Genesis Gymnastics	8	\$120.00	\$138.00
Intro to Cheerleading SR	9238	12-15 years	Sat	1:30pm-2:30pm	Oct 15-Dec 3	Genesis Gymnastics	8	\$120.00	\$138.00
Triple Threat Dance JR.	9231	6-9 years	Thurs	6:45pm-7:30pm	Oct 6-Dec 1	Elite Dance Corps	9	\$70.00	\$80.50
Triple Threat Dance SR.	9232	10-13 years	Thurs	7:30pm-8:15pm	Oct 6-Dec 1	Elite Dance Corps	9	\$70.00	\$80.50
Jump Rope -Beginner	9234	6-12 years	Wed	6:00pm - 6:45pm	Oct 12-Nov 30	BWG Leisure Centre	8	\$55.00	\$63.25
Jump Rope - Beginner	9235	6-12 years	Sat	9:00am-9:45am	Oct 15-Dec 3	BWG Leisure Centre	8	\$55.00	\$63.25

### Child & Youth Winter 2017: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Intro to Gymnastics	9353	6-8 years	Sat	11:00am-12:00pm	Feb 4-Apr 1 No class Mar 18	Genesis Gymnastics	8	\$120.00	\$138.00
Intro to Cheerleading JR	9356	7-11 years	Sat	12:30pm-1:30 pm	Feb 4-Apr 1 No class Mar 18	Genesis Gymnastics	8	\$120.00	\$138.00
Intro to Cheerleading SR	9357	12-15 years	Sat	1:30pm-2:30pm	Feb 4-Apr 1 No class Mar 18	Genesis Gymnastics	8	\$120.00	\$138.00
Triple Threat Dance JR.	9354	6-9 years	Thurs	6:45pm-7:30pm	Feb 2-Apr 6 No class Mar 16	Elite Dance Corps	9	\$70.00	\$80.50
Triple Threat Dance SR.	9355	10-13 years	Thurs	7:30pm-8:15pm	Feb 2-Apr 6 No class Mar 16	Elite Dance Corps	9	\$70.00	\$80.50
Jump Rope -Beginner	9350	6-12 years	Wed	6:00pm - 6:45pm	Jan 18-Mar 8	BWG Leisure Centre	8	\$55.00	\$63.25
Jump Rope -Beginner	9351	6-12 years	Sat	9:00am-9:45am	Jan 21- Mar 11	BWG Leisure Centre	8	\$55.00	\$63.25

Schedule subject to change without notice

# Child/Youth Programs

## Jump Rope - Intermediate (8 - 12 years)

For the individual who knows how to jump rope already but wants to improve! This class is for you! Refine existing skills and build a repertoire of more advanced roping techniques (jumping and turning). This program is a great activity on its own or for cross training with other sports. Bring your own rope or borrow a rope provided. Indoor non-marking shoes and comfortable clothes required.

## Badminton (11 - 18 years)

Classes include warm-up, learning footwork and badminton techniques, as well as singles and doubles play. Indoor non-marking shoes and racquet required. All players will be registered with Badminton Ontario and will have the opportunity to participate in tournaments. Sports safety glasses strongly recommended. This program is offered in partnership with the Favourite Badminton Club.

## Softball Fundamentals Clinic (8 - 12 years)

Limitless Softball will host a 6 week clinic that offers children an opportunity to participate in a skill development program. While learning the basics of Softball, participants will gain transferable skills such as agility, balance, coordination, team work and communication. Fielding, base running, and hitting drills will all be focused on. A glove, indoor shoes and water bottle are required. This program is offered in partnership with Limitless Softball and is held at the Bradford Sports Dome, 2971 10th Sideroad.

## Softball Mini-Series (12 - 14 years)

Wishing you could still run out on the field and play some ball? Now you can! Introducing the Limitless Softball Mini-Series, children ages 12-14 are invited to join a 6 week program that allows them to grab a bat and compete against one another. Week 1 will be an assessment of players so that the coaches can organize their teams. The following 5 weeks will be 1-hour games that have 2 teams squaring off. A glove, indoor shoes and water bottle are required. Children are encouraged to bring their own helmet if they have one. This program is offered in partnership with Limitless Softball and is held at the Bradford Sports Dome, 2971 10th Sideroad.

## Softball Pitching Clinic (8 - 16 years)

Limitless Softball will host a 4 week pitching clinic that focuses on fundamental movement and mechanics for beginners, as well as technique and pitch selection for more advanced pitchers. We aim to improve speed, accuracy, focus and endurance so that your child has a more successful summer of ball. Do you want to be the player on the pitching rubber helping lead your team to victory? A glove, indoor shoes and water bottle are required. This program is offered in partnership with Limitless Softball and is held at the Bradford Sports Dome, 2971 10th Sideroad.

## Child & Youth Fall 2016: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Jump Rope - Intermediate	9236	8-12 years	Sat	9:45am-10:30am	Oct 15-Dec 3	BWVG Leisure Centre	8	\$55.00	\$63.25
Badminton	9239	11-18 years	Mon	6:00pm-8:00pm	Sept 19- Dec 19 No class Oct 10 & Oct 31	BWVG Leisure Centre	12	\$120.00	\$138.00
Softball Mini-Series	9451	12-14 years	Sat	9:00am-10:00am	Oct 15-Nov 19	Sports Dome	6	\$60.00	\$69.00

## Child & Youth Winter 2017: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Jump Rope - Beginner	9350	6-12 years	Wed	6:00pm-6:45pm	Jan 18-Mar 8	BWVG Leisure Centre	8	\$55.00	\$63.25
Jump Rope - Beginner	9351	6-12 years	Sat	9:00am-9:45am	Jan 21- Mar 11	BWVG Leisure Centre	8	\$55.00	\$63.25
Jump Rope - Intermediate	9352	8-12 years	Sat	9:45am-10:30am	Jan 21- Mar 11	BWVG Leisure Centre	8	\$55.00	\$63.25
Badminton	9358	11-18 years	Mon	6:00pm-8:00pm	Jan 16-May 15 No class Feb 20, Mar 13 & Apr 17	BWVG Leisure Centre	15	\$150.00	\$172.00
Softball Fundamentals Clinic	9359	8-12 years	Sat	9:00am-10:00am	Jan 28 - March 11 No class Feb 18	Sports Dome	6	\$50.00	\$57.50
Softball Pitching Clinic	9360	8-16 years	Sat	9:00am-10:00am	Apr 22- May 13	Sports Dome	4	\$35.00	\$40.25

Schedule subject to change without notice

## CHILD & YOUTH ARTS & EDUCATION PROGRAMS

### Kids in the Kitchen (6 - 9 years)

This program is a great hands on, interactive cooking experience. Getting back to the basics and making recipes from scratch, using baking and cooking techniques to create a recipe given in class. Please bring to class a dish towel, container and a binder for recipes and handouts. The Kids in the Kitchen course teaches different recipes each session. Additional food cost of \$15.00 will be due to the instructor on the first day of class.

### Kids in the Kitchen- Gluten Free Cooking (8 - 14 years)

This course is suitable for someone who has been diagnosed with a gluten sensitivity. In this program we will discuss gluten free flours, their different tastes and uses. We will be cooking and baking gluten free. Please bring to class dish towel, container and a binder for recipes and handouts. Additional food cost of \$25 payable to the instructor for the 6 week session.

### Teen Cuisine (10 - 14 years)

Getting back to the basics in the kitchen and cooking from scratch. The course will also include discussion on rules of the kitchen, tips and tricks on baking and cooking, and how to read and be creative with recipes. The Teen Cuisine course teaches different recipes each session. Additional food cost of \$15.00 will be due to the instructor on the first day of class.

### Girls Night Out (JR 6 - 9 years, SR 9 - 12 years)

This is an opportunity for girls to get out with other girls and try a variety of activities. Each week a new activity will be introduced - such as fitness, dance, craft activities and more. This program is held in a variety of facilities and times may fluctuate slightly depending on activity. Schedule will be distributed on the first night.

### Child & Youth Fall 2016: Arts & Education Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Kids in the Kitchen	9288	6-9 years	Mon	5:45pm-7:15pm	Sept 19-Nov 7 No class Oct 10 & Oct 31	Community Centre	6	\$84.00 (+ \$15 material fee)	\$96.60 (+ \$15 material fee)
Kids in the Kitchen	9289	6-9 years	Tues	5:45pm-7:15pm	Sept 20- Oct 25	Community Centre	6	\$84.00 (+ \$15 material fee)	\$96.60 (+ \$15 material fee)
Kids in the Kitchen	9290	6-9 years	Mon	5:45pm-7:15pm	Nov 14-Dec 19	Community Centre	6	\$84.00 (+ \$15 material fee)	\$96.60 (+ \$15 material fee)
Kids in the Kitchen	9291	6-9 years	Tues	5:45pm-7:15pm	Nov 15-Dec 20	Community Centre	6	\$84.00 (+ \$15 material fee)	\$96.60 (+ \$15 material fee)
Teen Cuisine	9292	10-15 years	Mon	7:30pm-9:00pm	Sept 19-Nov 7 No class Oct 10 & Oct 31	Community Centre	6	\$84.00 (+ \$15 material fee)	\$96.60 (+ \$15 material fee)
Teen Cuisine	9293	10-15 years	Tues	7:30pm-9:00pm	Sept 20- Oct 25	Community Centre	6	\$84.00 (+ \$15 material fee)	\$96.60 (+ \$15 material fee)
Teen Cuisine	9294	10-15 years	Mon	7:30pm-9:00pm	Nov 14-Dec 19	Community Centre	6	\$84.00 (+ \$15 material fee)	\$96.60 (+ \$15 material fee)
Teen Cuisine	9295	10-15 years	Tues	7:30pm-9:00pm	Nov 15-Dec 20	Community Centre	6	\$84.00 (+ \$15 material fee)	\$96.60 (+ \$15 material fee)
Girls Night Out JR	9296	6-9 years	Fri	7:00pm-8:30pm	Oct 7-Nov 11	BWG Leisure Centre	6	\$70.00	\$80.50
Girls Night Out SR	9297	9-12 years	Fri	7:00pm-8:30pm	Oct 7-Nov 11	BWG Leisure Centre	6	\$70.00	\$80.50

### Child & Youth Winter 2017: Arts & Education Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Kids in the Kitchen- Gluten Free Cooking	9361	8-14 years	Mon	5:00pm-6:30pm	Jan 16-Feb 27 No class Feb 20	Community Centre	6	\$84.00 (+ \$25 material fee)	\$96.60 (+ \$25 material fee)
Kids in the Kitchen	9362	6-9 years	Tues	5:45pm-7:15pm	Jan 17-Feb 21	Community Centre	6	\$84.00 (+ \$15 material fee)	\$96.60 (+ \$15 material fee)
Teen Cuisine	9381	10-15 years	Tues	7:30pm-9:00pm	Jan 17-Feb 21	Community Centre	6	\$84.00 (+ \$15 material fee)	\$96.60 (+ \$15 material fee)

Schedule subject to change without notice

# Child/Youth Programs

## JR Games and Animations Programming (5 - 7 years)

Young children will learn beginner coding, allowing them to make their own characters come to life by programming them to move, jump, dance, sign, and so much more. Children will learn problem solving, numeracy and literacy while still having fun! Children are not just learning to code, they are coding to learn. An Apple or Android tablet is required for this program. Offered in partnership with Kids Great Minds. For more details go to [kidsgreatminds.com](http://kidsgreatminds.com)

## SR Games and Animations Programming (8 - 12 years)

This course introduces kids to the amazing world of computer programming. Using fun and easy to use multimedia software, kids will have great adventures creating both games and animations. Participants will be solving problems, designing projects and communicating ideas using stackable blocks of code. Offered in partnership with Kids Great Minds. For more details go to [kidsgreatminds.com](http://kidsgreatminds.com)

## Cartoon Computer Animation (6 - 11 years)

Come unleash your imagination in this program by creating your own animated cartoon movie. You will be guided step by step, using special effect sounds in a computerized environment, as you create and watch your cartoon come to life. This course develops logical and motor skills, stimulating creativity and self-expression. At the end of the program children will bring home their animated movies. Offered in partnership with Kids Great Minds. For more details go to [kidsgreatminds.com](http://kidsgreatminds.com)

## PC and Xbox 360 Interactive Game Creation (8 - 12 years)

Children will learn a visual programming language that allows them to create and play their own video games on a

PC or Xbox 360 using a simple language and entirely icon-based interface. They will learn advanced game design concepts in a simple, direct, and intuitive manner. There are 20 different characters with different abilities along with multi-player and multi-level options. This intelligent screen time is an excellent opportunity to introduce kids to computer programming. Offered in partnership with Kids Great Minds. For more details go to [kidsgreatminds.com](http://kidsgreatminds.com)

## Website and Blog Design (11- 16 years)

This course will teach you how to create your own website using Wordpress, a fully functional, user-friendly web development tool. Whether you want to create a travel blog, an e-portfolio, or personal web page, this course is designed for you. By the end you will have a functional, multi-page website and skills to develop beautiful websites and blogs from the ground up. Offered in partnership with Kids Great Minds. For more details go to [kidsgreatminds.com](http://kidsgreatminds.com)

## ONLINE HTML 5 (11-16 years)

This course will be provided entirely online via video conference, where a Kids Great Minds instructor will provide step by step lessons. This course is designed for students to learn the fundamentals of website creation. Participants will learn what a block level tag is, how to create links, add images, use tables and how to lay out your pages, how to add forms, and even insert video into your website with the new HTML 5 specifications. To participate in this course, you just need a computer (Mac or PC), a microphone and speakers. Once registered, you will receive a link to download the software used during the class and clear instructions on how to install it. Offered in partnership with Kids Great Minds. For more details go to [kidsgreatminds.com](http://kidsgreatminds.com)

## Child & Youth Fall 2016: Arts & Education Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Cartoon Computer Animation	9298	6-11 years	Thurs	4:30pm-5:30pm	Sept 22- Nov 10	BWG Leisure Centre	8	\$147.00	\$169.05
PC and Xbox 360 Interactive Game Creation	9299	8-12 years	Thurs	5:30pm-7:00pm	Sept 22- Nov 10	BWG Leisure Centre	8	\$239.00	\$274.85
Website and Blog Design	9300	11-16 years	Thurs	7:00pm-8:30pm	Sept 22- Nov 10	BWG Leisure Centre	8	\$239.00	\$274.85
ONLINE HTML 5	9302	11-16 years	Sun	11:30am-12:30pm	Sept 25- Nov 20 No class Oct 9	ONLINE	8	\$147.00	\$169.05

## Child & Youth Winter 2017: Arts & Education Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
JR Games and Animations Programming	9363	5-7 years	Tues	5:00pm-6:00pm	Jan 17-Mar 7	BWG Leisure Centre	8	\$147.00	\$169.05
SR Games and Animations Programming	9364	8-12 years	Tues	6:00pm-7:30pm	Jan 17-Mar 7	BWG Leisure Centre	8	\$239.00	\$274.85

Schedule subject to change without notice

# Child/Youth Programs

## ONLINE Java Level 1 (12+ years)

This course will be provided entirely online via video conference, where a Kids Great Minds instructor will provide step by step lessons. Students will learn the environment setup, basic syntax, objects and classes, basic data type, variable types, modifier types, basic operators, loop control, decision making, numbers, characters, strings and arrays. To participate in this course, you just need a computer (Mac or PC), a microphone and speakers. Once registered, you will receive a link to download the software used during the class and clear instructions on how to install it. This course is part of our intelligent screen time and will be followed by a Java Level 2 course. Offered in partnership with Kids Great Minds. For more details go to [kidsgreatminds.com](http://kidsgreatminds.com)

## ONLINE Java Level 2 (12+ years)

\*\*\*Please note\*\*\* **ONLINE Java Level 1 required**

This course will be provided entirely online via video conference, where a Kids Great Minds instructor will provide step by step lessons. Students will learn two dimensional arrays, date & time, regular expressions, methods, graphics and more. At the end of this course participants will have a fully functional Sudoku game and the knowledge to create many other complex games and programs. To participate in this course, you just need a computer (Mac or PC), a microphone and speakers. Once registered, you will receive a link to download the software used during the class and clear instructions on how to install it. Offered in partnership with Kids Great Minds. For more details go to [kidsgreatminds.com](http://kidsgreatminds.com)

## Java Programming (12+ years)

This course is an introduction to the world of Java computer programming. In an easy step-by-step process, students will gain the necessary knowledge to work with programming and logical statements to create their own software. By the end of the course, all students will have gained the necessary skills to understand Java's concepts, loops and conditional statements. Offered in partnership with Kids Great Minds. For more details go to [kidsgreatminds.com](http://kidsgreatminds.com)

## Halloween Craft Workshop (7 - 12 years)

Create your own special polymer clay seasonal keepsake for Halloween. Join Amanda from Paak Designz who will provide step by step instructions, then bring home your creation.

## Christmas Craft Workshop (7 - 12 years)

Create your own special polymer clay seasonal keepsake for Christmas. Join Amanda from Paak Designz who will provide step by step instructions, then bring home your creation.

## Valentine's Day Craft Workshop (7-12 years)

Create your own special polymer clay seasonal keepsake for Valentines. Join Amanda from Paak Designz who will provide step by step instructions, then bring home your creation.

## Child & Youth Fall 2016: Arts & Education Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
ONLINE Java Level 1	9301	12+ years	Sun	10:00am-11:30am	Sept 25- Nov 20 No class Oct 9	ONLINE	8	\$239.00	\$274.85
Halloween Craft Workshop	9303	7-12 years	Wed	6:30pm-8:30pm	Oct 19	Community Centre	1	\$20.00	\$23.00
Christmas Craft Workshop	9304	7-12 years	Wed	6:30pm-8:30pm	Dec 7	Community Centre	1	\$20.00	\$23.00

## Child & Youth Winter 2017: Arts & Education Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Java Programming	9365	12+ years	Tues	7:30pm-9:00pm	Jan 17-Mar 7	BWG Leisure Centre	8	\$239.00	\$274.85
ONLINE Java Level 2	9366	12+ years	Sun	10:00am-11:30am	Jan 15-Mar 5	ONLINE	8	\$239.00	\$274.85
Valentines Craft Workshop	9379	7-12 years	Wed	6:30pm-8:30pm	Feb 8	Community Centre	1	\$20.00	\$23.00

Schedule subject to change without notice

## Child/Youth Programs

### St. John Ambulance Home Alone (8-12 years)

This course is designed by the Canadian Safety Council, to help prepare children to deal with unforeseen emergencies and staying safe in times where they may find themselves alone for short periods of time. Participants will learn how to deal with phone calls and visitors, recognize hazards and follow home safety procedures. They will also learn first aid basics, healthy eating, fire safety and how and when to use 911.

### St. John Ambulance Babysitting Basics (10 ½ - 16 years)

Developed by a team of child care professionals, trained babysitters, St. John Ambulance instructors, and parents; this course teaches new babysitters the skills necessary to care for infants, toddlers and preschoolers. It emphasizes safety, dealing with emergencies, and first aid basics. Course materials include; a student activity book, a certificate suitable for framing, and a wallet-size certificate. Please bring a doll approximately 25" in height, a nut-free lunch & a pencil.

### Child & Youth Fall 2016: Arts & Education Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
St. John Ambulance Home Alone AM	9305	8-12 years	Sat	9:00am-12:00pm	Oct 22	Community Centre	1	\$38.00	\$43.70
St. John Ambulance Home Alone PM	9306	8-12 years	Sat	1:00pm-4:00pm	Oct 22	Community Centre	1	\$38.00	\$43.70
St. John Ambulance Babysitting Basics	9307	10 ½ - 16 years	Fri	9:00am-5:00pm	Nov 18	Community Centre	1	\$58.00	\$66.70

### Child & Youth Winter 2017: Arts & Education Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
St. John Ambulance Babysitting Basics	9384	10 ½ - 16 years	Thurs	9:00am-5:00pm	Jan 5	Community Centre	1	\$58.00	\$66.70
St. John Ambulance Home Alone AM	9382	8-12 years	Fri	9:00am-12:00pm	Jan 6	Community Centre	1	\$38.00	\$43.70
St. John Ambulance Home Alone PM	9383	8-12 years	Fri	1:00pm-4:00pm	Jan 6	Community Centre	1	\$38.00	\$43.70

Schedule subject to change without notice




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## CLASSES ARE NOT OFFERED:

THANKSGIVING WEEKEND: SATURDAY OCTOBER 8 TO MONDAY OCTOBER 10, 2016

HALLOWEEN: MONDAY OCTOBER 31, 2016

CHRISTMAS HOLIDAYS WEEK: SATURDAY DECEMBER 24 TO FRIDAY JANUARY 6, 2017

FAMILY DAY: MONDAY FEBRUARY 20, 2017

MARCH BREAK: MONDAY MARCH 13 TO SUNDAY MARCH 19, 2017

EASTER WEEKEND: FRIDAY APRIL 14 - MONDAY, APRIL 17, 2017

## ADULT ACTIVE PROGRAMS

### Co-ed Competitive Volleyball

This is a competitive and fun program. The team format is to be coordinated at the beginning of each evening. Competitive playing experience required. This program is not for beginners. All participants must arrive no later than 7:45 pm in order to be able to play.

### Co-ed Recreational Volleyball

This is a non-competitive and fun program designed for all skill levels. The team format is to be coordinated at the beginning of each evening. All adults welcome.

### Ballroom Dancing

**Level 1** - For beginners, no previous experience required

**Level 2** - For experienced participants Learn contemporary Standard (smooth) Ballroom Dancing such as the Slow Waltz, Quick Step, Tango and the Slow Fox Trot. This is great preparation for dancing at weddings, fundraisers and other special occasions. Registration with a partner is required.

### Jazz Funk Dance

A great way to sample different dance styles and discover your favourite! Four weeks of Jazz, which is a combination of high and low energy steps, and four weeks of Hip Hop, which includes the most recent moves from today's pop culture. Can be done in either bare feet or clean indoor running shoes, and flexible clothing. This program is offered in partnership with Elite Dance Corps and is held at their location, 33 Holland St E (entrance at rear of building).

### Adult Fall 2016: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Co-ed Competitive Volleyball	9308	18+ years	Mon	7:30pm-9:30pm	Sept 26-Dec 12 No class Oct 10 & Oct 31	Holy Trinity High School	10	\$40.00	\$46.00
Co-ed Recreational Volleyball	9309	18+ years	Wed	7:30pm-9:30pm	Oct 5- Dec 7	Bradford Dist. High School	10	\$40.00	\$46.00
Ballroom Dancing Level 1	9310	18+ years	Thurs	7:00pm-8:15pm	Oct 6-Dec 8	Community Centre	10	\$80.00	\$92.00
Ballroom Dancing Level 2	9311	18+ years	Thurs	8:15pm-9:30pm	Oct 6-Dec 8	Community Centre	10	\$80.00	\$92.00
Jazz Funk Dance	9312	18+ years	Thurs	8:15pm-9:00pm	Oct 6-Nov 24	Elite Dance Corps	8	\$60.00	\$69.00

### Adult Winter 2017: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Co-ed Competitive Volleyball	9385	18+ years	Mon	7:30pm-9:30pm	Jan 16-May 1 No class Jan 30, Feb 20, Mar 13, Apr 17	Holy Trinity High School	12	\$42.50	\$48.88
Co-ed Recreational Volleyball	9386	18+ years	Wed	7:30pm-9:30pm	Jan 18 - Apr 12 No class Mar 15	Bradford District High School	12	\$42.50	\$48.88
Ballroom Dancing Level 1	9387	18+ years	Thurs	7:00pm-8:15pm	Jan 19-Mar 9	Community Centre	8	\$65.00	\$73.75
Ballroom Dancing Level 2	9388	18+ years	Thurs	8:15pm-9:30pm	Jan 19-Mar 9	Community Centre	8	\$65.00	\$73.75
Jazz Funk Dance	9389	18+ years	Thurs	8:15pm-9:00pm	Jan 19-Mar 9	Elite Dance Corps	8	\$60.00	\$69.00

Schedule subject to change without notice



# Adult Programs

## Learn to Curl (Co-Ed and Ladies Only)

Come try the great winter past-time of curling at the Bradford Curling Club. No experience is necessary. Learn the basics of curling in a casual and relaxed setting. Curling equipment is supplied; all participants need is warm, comfortable clothing and a clean pair of running shoes. Club/league registration available at finish of program if interested. This program is offered in partnership with the Bradford Curling Club and is held at their location at 125 Simcoe Rd. For more details contact: [Inquiries@bradfordcurlingclub.co](mailto:Inquiries@bradfordcurlingclub.co)

## Tri-Racquets

You will feel like a champion playing this exciting variety of racquet sports, including pickleball, tennis, and badminton. Learn and improve strokes,

strategy, and co-ordination. All playing levels welcome. Equipment provided.

## Jump Rope

Do you know that jumping rope can burn up to 1000 calories per hour, making it one of the most efficient and best cardiovascular workouts? Blending "fun" and "fit", come and enhance your overall fitness, balance, coordination, endurance and flexibility as you skip! Try single rope, long rope and double dutch. This is a great activity on its own or for cross training with other sports. Bring your own rope or borrow a rope provided. Indoor non-marking shoes and comfortable clothes required.

## Skating

This program is designed for beginners and those who had once skated in the past and want to brush up on their skills. A Bradford and District Skating

Club Coach will assist you to become a confident skater. CSA helmets are required for this program. This program is offered in partnership with the Bradford and District Skating club.

## Line Dancing

Line Dancing is as fun as it looks. If it is something you have always wanted to try you can get started with us. Under the guidance of an experienced instructor you will be moving and grooving to the music before you know it. Social dance steps will be taught to a wide range of music genres including pop, rock n roll, country and more. Partners not required. Comfortable clothing and indoor running shoes required. Bring a water bottle. More experienced line dancers welcome too. Line Dancing Drop In Fee available: \$5 per class per person.

## Adult Fall 2016: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Co-ed Learn to Curl	9313	18+ years	Tues	9:30am-11:30am	Oct 25-Nov 15	Bradford Curling Club	4	\$60.00	\$69.00
Ladies Only Learn to Curl	9314	18+ years	Wed	7:00pm-9:00pm	Oct 26-Nov 16	Bradford Curling Club	4	\$60.00	\$69.00
Co-ed Learn to Curl	9315	18+ years	Sun	4:00pm-6:00pm	Nov 6-Nov 27	Bradford Curling Club	4	\$60.00	\$69.00
Tri-Racquets	9396	18+ years	Thurs	6:00pm-7:00pm	Oct 6-Nov 24	BWG Leisure Centre	8	\$64.00	\$73.60
Jump Rope	9394	18+ years	Tues	9:30am-10:15am	Oct 4-Oct 25	BWG Leisure Centre	4	\$30.00	\$34.50
Jump Rope	9395	18+ years	Tues	9:30am-10:15am	Nov 1-Nov 22	BWG Leisure Centre	4	\$30.00	\$34.50
Skating	9452	16+ years	Wed	6:00pm-6:50pm	Oct 12-Nov 16	BWG Leisure Centre	6	\$160.00	\$184.00
Line Dancing	9456	18+ years	Tues	7:00pm-8:00pm	Sept 6-Oct 11	BWG Leisure Centre	6	\$21.50	\$24.75
Line Dancing	9457	18+ years	Thurs	1:00pm-2:00pm	Sept 8-Oct 13	BWG Leisure Centre	6	\$21.50	\$24.75
Line Dancing	9458	18+ years	Tues	7:00pm-8:00pm	Oct 18-Dec 6	BWG Leisure Centre	8	\$28.75	\$33.00

## Adult Winter 2017: Active Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Tri-Racquets	9390	18+ years	Thurs	6:00pm-7:00pm	Feb 2- Mar 30 No class Mar 16	BWG Leisure Centre	8	\$64.00	\$73.60
Jump Rope	9391	18+ years	Tues	9:30am-10:15am	Jan 17-Feb 7	BWG Leisure Centre	4	\$30.00	\$34.50
Jump Rope	9392	18+ years	Tues	9:30am-10:15am	Feb 14-Mar 7	BWG Leisure Centre	4	\$30.00	\$34.50
Skating	9453	16+ years	Wed	6:00pm-6:50pm	Mar 22- Apr 26	BWG Leisure Centre	6	\$160.00	\$184.00
Line Dancing	9459	18+ years	Tues	7:00pm-8:00pm	Jan 17-Mar 7	BWG Leisure Centre	8	\$28.75	\$33.00

## ADULT ARTS & EDUCATION PROGRAMS

### Photography – How to Buy a Camera

\*\*\* Please note \*\*\* This is a free presentation

After 20 years, digital cameras come with more features than almost any other electronic gadget. However, more sophistication does not lead to better pictures. Here we explore a wide range of cameras and find the best one within your budget. Get clear explanations on the most useful features and explore the latest in lenses and accessories. Pre-registration is required. This program is offered in partnership with Wilderness Within Photography.

### Photography – DSLR Master Class

A DSLR in auto is nothing more than an overweight compact camera. In this course we switch it to the manual exposure mode on the very first session and never look back. Clear explanations combined with simple exercise will reveal your camera's true potential and by the third class you will be shooting with confidence to achieve the best possible results. An optional materials fee of \$20.00 will be collected on the first night. This program is offered in partnership with Wilderness Within Photography.

### Photography – Artistic Approaches

This is a coherent introduction to seeing photographically. Explore the nature of the creative process and the essential elements that strengthen every picture. Exercises will help you interpret a wide range of natural and urban scenery and add a personal touch in the way you define

your subject. Expect regular feedback on your work. This program is offered in partnership with Wilderness Within Photography.

### Photography – Introduction to Lightroom

Lightroom is fun, efficient and powerful. The range of features it offers will improve the look of your pictures faster than Photoshop. The catalog system also organizes your images better than any other program on the market. Many creative choices can be made in rapid succession and all changes can be undone with the click of a button. A \$20.00 materials fee will be collected by the instructor on the first night. This program is offered in partnership with Wilderness Within Photography.

### Intro to Conversational Spanish

Are you planning a trip? Would you like to learn some simple, easy to use phrases in Spanish? You will learn and practice basic conversational Spanish in a friendly and fun setting.

### Cooking with Ease: Casual Weeknight Dinners

Tired of cooking the same meals? Need some new ideas for nutritious and fast meals? Make life easier in the kitchen by making meals in minutes. Dinners on the run, using seasonal ingredients, herbs and spices to reduce the sodium and taste great. Additional food cost of \$30 payable to the instructor on the first day of class.

## Adult Fall 2016: Arts & Education Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Photography How to buy a camera	9320	18+ years	Wed	7:00pm-9:30pm	Sept 14	BWG Leisure Centre	1	FREE	FREE
Photography DSLR Master Class	9321	18+ years	Wed	7:15pm-9:45pm	Sept 28- Oct 12	Bradford District High School	3	\$100.00 (+ optional \$20 materials fee)	\$115.00 (+ optional \$20 materials fee)
Photography Artistic Approaches	9322	18+ years	Wed	7:15pm-9:45pm	Oct 19- Nov 2	Bradford District High School	3	\$100.00	\$115.00
Photography Intro to Lightroom	9323	18+ years	Wed	7:00pm-9:30pm	Nov 9- Nov 23	BWG Leisure Centre	3	\$100.00 (+ \$20 materials fee)	\$115.00 (+ \$20 materials fee)
Intro to Conversational Spanish	9324	18+ years	Mon	6:30pm-8:00pm	Oct 17- Dec 5	BWG Leisure Centre	8	\$80.00	\$92.00

## Adult Winter 2017: Arts & Education Programs

COURSE NAME	CODE	AGE	DAY	TIMES	DATES	COMPLEX	# CLASSES	RES FEE	NON-RES FEE
Cooking with Ease: Casual Weeknight Dinners	9393	18+ years	Mon	7:30pm-9:00pm	Jan 16- Feb 6	Community Centre	4	\$84.00 (+ \$30 materials fee)	\$96.60 (+ \$30 materials fee)
Intro to Conversational Spanish	9445	18+ years	Mon	6:30pm-8:00pm	Jan 16- Mar 20 No class Feb 20 & Mar 13	BWG Leisure Centre	8	\$80.00	\$92.00

Schedule subject to change without notice

# Holiday Camps

*New This Year!*

## HOLIDAY CAMPS

**Day Camp** for 5 to 11 year olds from 9:00 am to 4:00 pm  
Wednesday, December 28 to Friday, December 30 at the BWG Leisure Centre  
Register for one, two, or all three days of camp.

Bring a nut free lunch, snacks, drinks, water bottle, indoor shoes, ice skates & helmet on scheduled days, clothing suitable for scheduled activities.

**Holiday Aqua Adventures** for 7-10 year olds from 9:00am-4:00pm.  
Tuesday, December 27 to Friday January 6 at the BWG Leisure Centre.

Safe Arrival -if your child is not attending Camp for any reason, please call us at (905) 775-PLAY (7529), extension 0 prior to 9:30 am so we can inform camp staff.

### Holiday Day Camp (5-11 years)

Every day to include ice skating, crafts, camp games, fitness, gymnasium games, and a special visitor.

**DAY 1: Wednesday, December 28**

Visitor: Pook Designz polymer clay crafts

**DAY 2: Thursday, December 29**

Visitor: Brick Door Lego Workshop and Make & Take

**DAY 3: Friday, December 30**

Visitor: Andrea's Cupcakes & Zak the Magician

*Holiday Day Camp activities subject to change without notice.*

### Holiday Day Camp Extended Care

Extended Care available for Camp participants only Rates per child.

TIME	DAILY	PRE-REGISTERED FOR ALL 3 DAYS
8:00-9:00 AM (code 9413)	\$3.00 per child	\$7.50 per child
4:00-5:30 PM (code 9415)	\$4.50 per child	\$12.00 per child
Both AM & PM (code 9417)	\$6.00 per child	\$15.00 per child

### Holiday Aqua Adventures (7-10 years)

Make a splash in this 2 week camp, which combines swimming lessons and traditional camp activities.

### Holiday Aqua Adventures Extended Care

Extended Care available for Camp participants only Rates per child.

TIME	DAILY	PRE-REGISTER FOR FOUR DAYS
Week #1 (Dec 27-30)		
8:00-9:00 AM (code 9421)	\$3.00 per child	\$10.00 per child
4:00-5:30 PM (code 9422)	\$4.50 per child	\$16.00 per child
Both AM & PM (code 9423)	\$6.00 per child	\$20.00 per child
TIME	DAILY	PRE-REGISTER FOR FIVE DAYS
Week #2 (Jan 2-6)		
8:00-9:00 AM (code 9424)	\$3.00 per child	\$12.50 per child
4:00-5:30 PM (code 9425)	\$4.50 per child	\$20.00 per child
Both AM & PM (code 9426)	\$6.00 per child	\$25.00 per child

### Holiday Day Camps 2016

COURSE NAME	AGE	LOCATION	TIMES	DATES	CODE	# CLASSES	RES FEE	NON-RES FEE
Holiday Day Camp - Day 1 only	5-11 years	BWG Leisure Centre	9:00am-4:00pm	Wed, Dec 28	9410	1	\$35.00	\$40.25
Holiday Day Camp - Day 2 only	5-11 years	BWG Leisure Centre	9:00am-4:00pm	Thurs, Dec 29	9411	1	\$35.00	\$40.25
Holiday Day Camp - Day 3 only	5-11 years	BWG Leisure Centre	9:00am-4:00pm	Fri, Dec 30	9412	1	\$35.00	\$40.25
Holiday Day Camp - all 3 days	5-11 years	BWG Leisure Centre	9:00am-4:00pm	Wed, Dec 28- Fri, Dec 30	9416	3	\$90.00	\$103.50

### Holiday Aqua Adventures 2016

COURSE NAME	AGE	LOCATION	TIMES	DATES	CODE	# CLASSES	RES FEE	NON-RES FEE
Holiday Aqua Adventures	7-10 years	BWG Leisure Centre	9:00am-4:00pm	Dec.27-Jan.6	9152	9	\$301.50	\$346.73

Schedule subject to change without notice

*New This Year!*

## KIDS GREAT MINDS HOLIDAY DAY CAMP: CARTOON COMPUTER ANIMATION

Day Camp for 6 to 11 year olds from 9:00 am to 4:00 pm  
Tuesday, January 3 – Friday, January 6, 2017

Bring a nut free lunch, snacks, drinks, water bottle, indoor shoes, clothing suitable for scheduled activities.

Safe Arrival –if your child is not attending Holiday Day Camp for any reason, please call us at (905) 775-PLAY (7529), extension 0 prior to 9:30 am so we can inform camp staff.

### Kids Great Minds Holiday Day Camp: Cartoon Computer Animation (6-11 years)

Come unleash your imagination in this camp by creating your own animated cartoon movie. You will be guided step by step, using special effect sounds in a computerized environment, as you create and watch your cartoon come to life. This course develops logical and motor skills, stimulating creativity and self-expression. At the end of the camp, children will bring home their animated movies. Offered in partnership with Kids Great Minds. For more details go to [kidsgreatminds.com](http://kidsgreatminds.com). *Kids Great Minds Holiday Day Camp activities subject to change without notice.*

### Kids Great Minds Holiday Day Camp Extended Care:

Tuesday, January 3 – Friday, January 6, 2017

Before Care: 8:00 to 9:00 am

After Care: 4:00 to 5:30 pm.

Pay daily at the Customer Service Desk or advance payment for the week is available.

#### Kids Great Minds Holiday Day Camp Extended Care

Extended Care available for Camp participants only. Rates per child

TIME	DAILY	PRE-REGISTERED FOR ALL 4 DAYS
8:00-9:00 AM (code 9418)	\$3.00 per child	\$10.00 per child
4:00-5:30 PM (code 9419)	\$4.50 per child	\$16.00 per child
Both AM & PM (code 9420)	\$6.00 per child	\$20.00 per child

### Kids Great Minds Holiday Day Camps

COURSE NAME	AGE	LOCATION	TIMES	DATES	CODE	# CLASSES	RES FEE	NON-RES FEE
Kids Great Minds Holiday Day Camp: Cartoon Computer Animation	6-11 years	BWG Leisure Centre	9:00am-4:00pm	Tues, Jan 3- Fri, Jan 6	9414	4	\$239.00	\$274.85

Schedule subject to change without notice

## MARCH BREAK HAPPENINGS:

Day Camp for 5 to 11 year olds and Aqua Adventures Camp for 7-10 year olds  
from 9:00 am to 4:00 pm

Monday, March 13 to Friday, March 17 at the BWG Leisure Centre

Bring a nut free lunch, snacks, drinks, water bottle, indoor shoes, clothing suitable for scheduled activities.

Safe Arrival -if your child is not attending Holiday Day Camp for any reason, please call us at (905) 775-PLAY (7529), extension 0 prior to 9:30 am so we can inform camp staff.

### March Break Happenings (5-11 years)

Includes: ice skating, crafts, camp games, fitness, gymnasium games and a special visitor.

**MONDAY MARCH 13** Visitor: Mystic Drumz

**TUESDAY MARCH 14** Visitor: Pook Designz polymer clay crafts

**WEDNESDAY MARCH 15** Visitor: Fashion Academy

**THURSDAY MARCH 16**

Visitor: Brick Door Lego Workshop and Make & Take

**FRIDAY MARCH 17** Camp Finale Special Event

March Break activities subject to change without notice.

### March Break Aqua Adventures (7-10 years)

Make a splash in this 1 week camp, which combines swimming games and traditional camp activities. Children have the opportunity to sample water sports and activities such as snorkelling, water polo and boating during their daily swims. No report card will be provided for this program.

#### March Break Happenings & Aqua Adventures Extended Care

Extended Care available for Camp participants only. Rates per child

TIME	DAILY	PRE-REGISTERED FOR ALL 5 DAYS
8:00-9:00 AM (code 9428)	\$3.00 per child	\$12.50 per child
4:00-5:30 PM (code 9429)	\$4.50 per child	\$20.00 per child
Both AM & PM (code 9430)	\$6.00 per child	\$25.00 per child

### March Break Camp

COURSE NAME	AGE	LOCATION	TIMES	DATES	CODE	# CLASSES	RES FEE	NON-RES FEE
March Break Happenings	5-11 years	BWG Leisure Centre	9:00am-4:00pm	Mon, March 13 to Fri March 17	942/	5	\$160.00	\$184.00

### March Break Aqua Adventures 2017

COURSE NAME	AGE	LOCATION	TIMES	DATES	CODE	# CLASSES	RES FEE	NON-RES FEE
Aqua Adventures March Break	7-10 years	BWG Leisure Centre	9:00am-4:00pm	March 13-17	9171	5	\$167.50	\$192.63



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**CHANGE THE BETTER**

## MARCH BREAK: PROGRAMS & WORKSHOPS:

### St. John Ambulance Babysitting Basics (10 ½ years & older)

Developed by a team of child care professionals, trained babysitters, St. John Ambulance instructors, and parents; this course teaches new babysitters the skills necessary to care for infants, toddlers and preschoolers. It emphasizes safety, dealing with emergencies, and first aid basics. Course materials include; a student activity book, a certificate suitable for framing, and a wallet-size certificate. Please bring a doll approximately 25" in height, a nut-free lunch & a pencil.

### St. John Ambulance Home Alone (8 to 12 years)

This course is designed by the Canadian Safety Council, to help prepare children to deal with unforeseen emergencies and staying safe in times where they may find themselves alone for short periods of time. Participants will learn how to deal with phone calls and visitors, recognize hazards and follow home safety procedures. They will also learn first aid basics, healthy eating, fire safety and how and when to use 911.

### Burnt Offerings Ceramics Workshop (3 – 10 years)

Create your own ceramic piece in this workshop.  
\*\*\* Please note \*\*\* Children under 6 years - parental supervision required. For 6-9 year olds, parents are asked to remain at the Leisure Centre. 10 year olds may attend on own.

### Pook Designz Craft Workshop (7 – 12 years)

Create your own special polymer clay sculpture for gift giving or decoration. Join Amanda from Pook Designz who will provide step by step instructions, then bring home your creation.

\*\*\* Please note \*\*\* Children 6-9 years old, parents are asked to remain at the Leisure Centre. 10 year olds may attend on own.

### Fashion Academy Workshop (5 – 10 years)

Create your own personalized wallet using only duct tape! Take part in this expert-lead workshop and take your creations home.

\*\*\* Please note \*\*\* Children under 6 years - parental supervision required. For 6-9 year olds, parents are asked to remain at the Leisure Centre. 10 year olds may attend on own.

### Animal Creations Workshop (3 to 10 years)

Each child personalizes a t-shirt for their special animal creation and stuffs his or her own with a wishing star. Also includes a birth certificate.

\*\*\* Please note \*\*\* Children under 6 years - parental supervision required. For 6-9 year olds, parents are asked to remain at the Leisure Centre. 10 year olds may attend on own.

### Brick Door Lego Workshop (5 – 10 years)

Have fun with Lego, and make a small Make & Take.

\*\*\* Please note \*\*\* Children under 6 years - parental supervision required. For 6-9 year olds, parents are asked to remain at the Leisure Centre. 10 year olds may attend on own.

## March Break Programs & Workshops

COURSE NAME	AGE	LOCATION	TIMES	DATES	CODE	# CLASSES	RES FEE	NON-RES FEE
St. John Ambulance Babysitting Basics	10 ½ years & older	Community Centre	9:00am-5:00pm	Monday, March 13	9435	1	\$58.00	\$66.70
St. John Ambulance Babysitting Basics	10 ½ years & older	Community Centre	9:00am - 5:00pm	Wednesday, March 15	9436	1	\$58.00	\$66.70
St. John Ambulance Home Alone AM	8-12 years	Community Centre	9:00am - 12:00pm	Tuesday, March 14	9439	1	\$38.00	\$43.70
St. John Ambulance Home Alone AM	8-12 years	Community Centre	9:00am - 12:00pm	Friday, March 17	9437	1	\$38.00	\$43.70
St. John Ambulance Home Alone PM	8-12 years	Community Centre	1:00pm - 4:00pm	Friday, March 17	9438	1	\$38.00	\$43.70
Burnt Offerings Ceramics Workshop	3 – 10 years	BWG Leisure Centre	9:30am-11:00am	Monday, March 13	9431	1	\$20.00	\$23.00
Pook Designz Craft Workshop	7 – 12 years	BWG Leisure Centre	9:00am - 11:00am	Tuesday, March 14	9432	1	\$20.00	\$23.00
Fashion Academy Workshop	5 – 10 years	BWG Leisure Centre	1:00pm-2:00pm	Wednesday, March 15	9433	1	\$20.00	\$23.00
Brick Door Lego Workshop	5 – 10 years	BWG Leisure Centre	9:00am-12:00pm	Thursday, March 16	9434	1	\$38.00	\$43.70
Animal Creations Workshop	3 – 10 years	BWG Leisure Centre	11:00am-12:00pm	Friday, March 17	9440	1	\$ 25.00	\$28.25

Schedule subject to change without notice

# Birthday Parties



## BIRTHDAY PARTIES

@ the BWG LEISURE CENTRE!

905-775-7529

[www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca)

### GYM

#### Kinder Play Party

- 1 hour in half the Gymnasium & 1 hour in the Party Room
- Mats for rolling and jumping, mini trampoline, tunnels, balls, hoops and more
- A Gym Attendant will be on hand to ensure proper use of the equipment and assist you with your party

Age: up to 5 years | 16 children maximum

**\$155**  
+HST

Parental supervision and indoor shoes required.

#### Sports Party

- 1 hour in half the Gymnasium & 1 hour in the Party Room
- Sports themed activities for your child's birthday party led by staff
- Select from a range of activities such as volleyball, badminton, dodge ball, floor hockey or basketball

Age: 5-12 years | 20 children maximum

**\$155**  
+HST

**Availability:**  
Saturdays & Sundays  
1:30 or 4:00pm  
(as space permits)  
July & August 2:30pm

### SWIM

#### Package #1

- 1 hour in the Pool
- 1 hour in the Party Room
- Pool includes: Leisure Pool, Relaxation Pool and Water Slide

Age: all ages | 30 participant maximum

**\$248**  
+HST

Parental supervision ratio required. See [www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca) for **Aquatic Admission Policy**

#### Package #2

- 1 hour in the Pool
- 1 hour in the Party Room
- Pool includes: Leisure Pool, Relaxation Pool and Water Slide and 4 lanes of the Lap Pool with Aqua Glide (an inflatable water adventure series)

Age: all ages | 30 participant maximum

**\$326**  
+HST

**Slide Policy:** All riders must be 48" in height and complete the facility swim test in order to ride the water slide.

**Availability:**  
Saturdays  
starting at 3:00pm  
(as space permits)

### SKATE

#### Skating Party (Leisure Skate)

- Your group can attend a scheduled Leisure Skating session and rent a room for your party
- Cost: Public Skating rates per person plus Room Rental rates based on length of time required. Please book in advance.

Age: open to all ages

#### Private Skating Party

- 50 minutes on the Rink & 1 hour in the Party Room
- Private use of Ice Rink
- Party time will be based on ice and room availability

Age: open to all ages | 20 children maximum

**\$208**  
+HST

Parental supervision and helmet required

*The renter is responsible for supplying food, accessories and party favours. Additional time or space requirements must be booked in advance and will be charged accordingly.*

**Birthday Party Cancellation Policy:** Please note that cancellation must be in writing and received by the Leisure Centre staff 7 days or more prior to booking date. You will be refunded minus a \$25.00 Administration Fee. No refunds if cancellation is less than 7 days prior to booking date.



## AQUATICS

The Bradford Lions Aquatic Centre



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Swimming Lessons • Aquatic Leadership Courses  
Adult Lane Swim • Leisure Swim • Parent & Tot Swim  
Birthday Parties • Aqua Adventures & Bradford Lifesaving Camp

[www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca)



The BWG Aquatic Centre will be closed for scheduled maintenance September 6-23, 2016

### Looking for SWIMMING schedules?

Available online at  
[www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca)  
or call 905-775-7529  
\*updated monthly



### What level should I register in?

The Bradford Lions  
Aquatic Centre offers  
**FREE** swimming lesson  
assessments.

Please contact the pool to  
request a screening during  
a scheduled leisure swim.



## SWIMMING ADMISSION POLICY

### AGES 0-5 YEARS

- Children 5 years of age and under, regardless of swimming ability, must be directly supervised by a parent/guardian who is in the water wearing bathing attire, within arm's reach, able to render immediate assistance, and at least 16 years of age.
- A maximum of 2 children per parent/guardian.
- Swimmers in this category will receive a **RED** wristband.

### AGES 6-9 YEARS - INCOMPLETE SWIM TEST

- Children 6-9 years of age who wish to attempt the Facility Swim Test will be given a **YELLOW** wristband.
- Children 6-9 years who are unable to pass the facility swim test will receive a **RED** wristband, and must be directly supervised by a parent/guardian who is in the water wearing bathing attire, within arm's reach, able to render immediate assistance, and at least 14 years of age.
- A maximum of 2 children per parent/guardian.
- The ratio for children between the ages of 6 and 9 years can be increased to a maximum of 4 children per parent/guardian if ALL children are wearing a PFD (Personal Floatation Device) and the parent/guardian is in the water wearing bathing attire, within arm's reach, able to render immediate assistance, and at least 14 years of age.
- Swimmers in this category will receive a **RED** wristband.

### AGES 6-9 YEARS - PASSED SWIM TEST

- Children between the ages of 6 and 9 years, who are able to pass the Facility Swim Test, must be accompanied by a parent/guardian at least 14 years of age that remains within the pool enclosure or within view of the pool at all times.
- Swimmers in this category will receive a **GREEN** wristband.

### AGES 10+ YEARS

- Swimmers 10 years of age and older are allowed to swim in all areas of the pool.
- Swimming with a buddy is strongly recommended.
- Swimmers in this category will receive a **GREEN** wristband.

**STOP**



**OK!**



Swim Test: The facility swim test includes, but is not limited to, swimming 2 widths of the pool and treading water for 1 minute.

Slide Policy: All riders must be 48" in height and complete the facility swim test in order to ride the water slide. PFDs are not permitted on the water slide.

Serious Medical Conditions: Participants with serious medical conditions should be accompanied by individuals knowledgeable of their condition and responsible for their direct supervision.

Age Requirement Policy for Change Room Use: Children 7 years of age or older are required to use the change room designated for their gender. If this is not suitable, the family change room is available.

Day Camp and Group Admission Requirements: Groups defined as 10 or more individuals are required to advise the Aquatics Programmer before the planned date to receive specific information regarding facility use.

## Swimming Lesson Information

# SWIMMING LESSONS

Your love of swimming starts here



### General Information

- All patrons are required to take a cleansing shower using soap and warm water before entering the pool deck.
- Please note that outdoor shoes are not permitted on the pool deck. Please remove your shoes or wear clean sandals or flipflops.
- We ask that you watch from the pool viewing areas while your child is in lessons.
- Please inform the Instructor if your child is repeating the level.
- Programs not meeting registration requirements may be cancelled at any time. Programs may also be combined to meet the program standards.

### Questions, Comments or Concerns During Lessons?

There is a designated Deck Supervisor on deck who is available to answer questions or concerns. They are lesson experts and can solve most problems quickly. Do not hesitate to speak to one of these talented staff members about your concern. Please do not wait until the last class.

### Parent's Day

Parent's Day will take place during the 5th lesson. Parents are invited on deck to watch their child's swimming lesson and take pictures. Classes will end 5 minutes early to give parents the opportunity to talk to their child's Instructor about his/her progress. If you wish to visit on deck, please remember to remove your shoes! Deck shoes/flip flops are permitted on the pool deck. Please note that picture taking is only permitted on Parent's Day.

### Change Room Admittance Guidelines

For the comfort of all patrons, children 7 years of age and older must use the appropriate change room of their own gender. If this is not suitable a family change room is available. Nudity is not permitted in the common areas of the family change room. Cubicles are for changing purposes only. Do not leave your belongings in the change stalls.

### The benefits of swimming lessons

#### Build confidence

Swimming lessons do more than just teach a child how to swim. They can help give children much needed confidence, both around the pool and in life. Making new friends in a group lesson will further instill confidence in your child.

#### Water's many benefits

Studies have shown that babies who start swimming within the first two years of life go on to develop a greater sense of their surroundings.

#### Healthy habits for life

Learning to swim opens up a whole new medium by which you and your child can get some heart healthy exercise. By showing your child that exercise, such as swimming is fun and exciting, you'll be instilling healthy habits.

#### Learn how to be safe in and around water

Swimming lessons incorporate basic safety procedures in and around the water. By becoming aware of the dangers that surround the water, your child will be able to protect themselves against potential risks.

# Swimming Lesson Progression Chart

The swimming program has courses for all ages!  
Follow the progression starting at your age.

## Parented 4-36 months



Starfish\*



Duck\*



Sea Turtle\*

\*registration and progression is based on child's age. Parent/guardian participation is required

## Preschool 3-6 years



Sea Otter



Salamander



Sunfish



Crocodile



Whale

## School Age 5-12 years

Swim Kids 1



Swim Kids 2



Swim Kids 3



Swim Kids 4



Swim Kids 5



Swim Kids 6



Swim Kids 7



Rookie Patrol



Swim Kids 8



Ranger Patrol



Swim Kids 9



Star Patrol



Swim Kids 10

## Teen/Adult 13 years +

Basics 1



Basics 2



Strokes

Check out  
**Power  
Swim,  
Bradford  
Lifesaving  
Club,  
& Water  
Polo**

See page  
78 & 83  
for more  
information

See page 93  
for leadership  
courses

### Red Cross Conversion Chart: Preschool to Swim Kids Transition

If they took...	And the level was marked...	Register them In...
Sea Otter or Salamander	Complete or Incomplete	Swim Kids 1
Sunfish	Incomplete	Swim Kids 1
Sunfish	Complete	Swim Kids 2
Crocodile	Incomplete	Swim Kids 2
Crocodile	Complete	Swim Kids 3
Whale	Incomplete	Swim Kids 3
Whale	Complete	Swim Kids 4

# Refund Policy & Session Dates & Fees

## Swimming Lesson Refund Policy

Program cancelled by the Department of Community Services	Full refund, credit or transfer
If you cancel before the second lesson has started	Written request, full refund or credit
If you cancel after the second lesson has passed	No refunds, credits or transfers
If you cancel after the program is completed	No refund or credits
Non-attendance	No refunds, credits, transfers or make-up lessons
Medical reasons	Medical notes must be provided with written request. \$10 administration fee plus prorated fees will be applied.

**Advising an Instructor or non-attendance at classes is not considered notice of program cancellation.**

## Make-up Lessons

Make up classes due to a participant's illness or personal commitments will not be available. Occasionally, lessons may be cancelled due to mechanical, pool fouling, or chemical problems. Dry-land water safety lessons are part of all learn-to-swim programs. Where a pool may close in an untimely manner, Instructors will use the time to focus on dry land water safety. If this is not possible, a credit may be issued for the missed class.

Please note: Aquatic Leadership Course Refund Policy available at the Customer Service Desk

## Aquatic Program Dates - Fall 2016

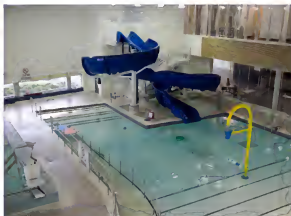
Day	Start Date	End Date	# of Classes	Omit Dates
Saturday	Oct 1	Dec 10	10	Oct 8
Sunday	Oct 2	Dec 11	10	Oct 9
Monday	Oct 3	Dec 12	9	Oct 10, 31
Tuesday	Oct 4	Dec 6	10	
Wednesday	Oct 5	Dec 7	10	
Thursday	Oct 6	Dec 8	10	
Friday	Oct 7	Dec 9	10	

## Aquatic Program Dates - Winter 2017

Day	Start Date	End Date	# of Classes	Omit Dates
Monday	Jan 9	Mar 6	8	Feb 20
Tuesday	Jan 10	Mar 7	9	
Wednesday	Jan 11	Mar 8	9	
Thursday	Jan 12	Mar 9	9	
Friday	Jan 13	Mar 10	9	
Saturday	Jan 14	Mar 4	8	
Sunday	Jan 15	Mar 5	8	

## Swimming Lesson Fees

	7 lessons	8 lessons	9 lessons	10 lessons
<b>Group: 30 min</b>	\$59.50	\$68.00	\$76.50	\$85.00
<b>Group: 45 min</b>	\$63.00	\$72.00	\$81.00	\$90.00
<b>Group: 1 hour</b>	\$66.50	\$76.00	\$85.50	\$95.00
<b>Special Needs</b>	\$59.50	\$68.00	\$76.50	\$85.00
<b>1 on 1</b>	\$168.00	\$192.00	\$216.00	\$240.00
<b>Semi-Private/ H30 (Low Ratio)</b>	\$126.00	\$144.00	\$162.00	\$180.00



# MAKE A SPLASH!

Have your next birthday party at the  
Bradford Lions Aquatic Centre

## PACKAGE #1

\$248  
+HST

- 1 hour of the Pool
- 1 hour of the Party Room
- Pool includes: Leisure Pool, Relaxation Pool and Water Slide
- Maximum 30 participants\*

## PACKAGE #2

\$326  
+HST

- 1 hour of the Pool
- 1 hour of the Party Room
- Pool includes: Leisure Pool, Relaxation Pool, Water Slide, and 4 lanes of the Lap Pool with Aqua Glide (an inflatable water adventure series)
- Maximum 30 participants\*

### Interested in Booking a Pool Birthday Party?

Applications for Pool Rentals are available online at  
[www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca) or at the Customer Service Desk

**Pool Birthday Parties are available Saturdays starting at 3:00pm** (as space permits)



**BWG**  
LEISURE  
CENTRE

\*Parental supervision ratio required. See [www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca) for the Aquatic Admission Policy  
Slide Policy: All riders must be 48" in height and complete the facility swim test in order to ride the water slide.



# Program Descriptions - Preschool



**8 level program for preschoolers  
ages 4 months to 6 years**



## **STARFISH** 4-12 months

Babies and their caregivers work on getting wet, buoyancy and movement, front, back and vertical position in the water, and shallow water entries and exits.



## **DUCK** 12-24 months

Babies and their caregivers work on rhythmic breathing, moving forward and backward, front and back float with recovery, and shallow water entries and exits.



## **SEA TURTLE** 24-36 months

Toddlers and their caregivers work on submersion, front and back floats and glides, jumping into chest-deep water with assistance, kicking on front and front swim.



## **SEA OTTER** 3-5 years

This is the entry level for 3-5 year olds who have not taken swimming lessons. Swimmers work on assisted front and back float and glides, and kicking on front.



## **SALAMANDER** 3-5 years

Swimmers work on improving their front and back float and jumping into chest-deep water unassisted. Kicking is added to the front and back glide.



## **SUNFISH** 3-6 years

Swimmers work on kicking and can perform front and back glides, enter deep water safely, float in deep water and swim 5 metres continuously.



## **CROCODILE** 3-6 years

Swimmers further develop the front and back glide with kick, front and back swim, swim with a PFD in deep water, and swim 10 metres continuously.



## **WHALE** 3-6 years

Children learn to swim independently, increase their distance and improve skills in front and back swims, and swim 15 metres continuously.



## Starfish (Parented)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 4-12 mos.	Sat	Oct 1	10:00am	10	8596
Length: 30 min.	Sun	Oct 2	10:00am	10	8597
Ratio: 1:10	Tues	Oct 4	10:15am	10	8598
Resident Fees:	Wed	Oct 5	6:15pm	10	8599
10 Classes:\$85.00					



**What level should I register in?**  
The Bradford Lions Aquatic Centre offers FREE swimming lesson assessments.  
*Please contact the pool to request a screening during a scheduled leisure swim time.*



## Duck (Parented)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 12-24 mos.	Sat	Oct 1	9:00am	10	8600
Length: 30 min.	Sat	Oct 1	10:45am	10	8601
Ratio: 1:10	Sun	Oct 2	9:00am	10	8602
Resident Fees:	Sun	Oct 2	10:45am	10	8603
10 Classes:\$85.00	Tues	Oct 4	9:15am	10	8604
	Tues	Oct 4	6:15pm	10	8605
	Thurs	Oct 6	5:45pm	10	8606
	Fri	Oct 7	6:15pm	10	8607



## Sea Turtle (Parented)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 24-36 mos.	Sat	Oct 1	9:30am	10	8608
Length: 30 min.	Sat	Oct 1	11:15am	10	8609
Ratio: 1:10	Sun	Oct 2	9:30am	10	8610
Resident Fees:	Sun	Oct 2	11:15am	10	8611
9 Classes:\$76.50	Mon	Oct 3	6:15pm	9	8612
10 Classes:\$85.00	Tues	Oct 4	9:45am	10	8613
	Thurs	Oct 6	6:15pm	10	8614
	Fri	Oct 7	6:45pm	10	8615



All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.

## Diaper Fit

During the first half hour of class parents will enjoy a challenging Aquafit workout while children sit along in dolphin floating seats, allowing them to splash with their hands and feet. Class will finish in the relaxation pool where the children will enjoy active sing-alongs.

**For more information see page 34**

# Preschool - Fall



## Sea Otter

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-5 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:4	Sat	Oct 1	9:15am	10	8616
	Sat	Oct 1	9:45am	10	8617
	Sat	Oct 1	10:15am	10	8618
<b>Resident Fees:</b> 9 Classes:\$76.50 10 Classes:\$85.00	Sat	Oct 1	10:45am	10	8619
	Sat	Oct 1	11:15am	10	8620
	Sat	Oct 1	11:30am	10	8621
	Sun	Oct 2	9:15am	10	8622
	Sun	Oct 2	9:45am	10	8623
	Sun	Oct 2	10:15am	10	8624
	Sun	Oct 2	10:45am	10	8625
	Sun	Oct 2	11:15am	10	8626
	Sun	Oct 2	11:30am	10	8627
	Mon	Oct 3	4:45pm	9	8628
	Mon	Oct 3	5:15pm	9	8629
	Mon	Oct 3	7:15pm	9	8630
	Tues	Oct 4	9:15am	10	8631
	Tues	Oct 4	10:15am	10	8632
	Tues	Oct 4	4:45pm	10	8633
	Tues	Oct 4	5:30pm	10	8634
	Tues	Oct 4	6:30pm	10	8635
	Wed	Oct 5	4:45pm	10	8636
	Wed	Oct 5	6:15pm	10	8637
	Thurs	Oct 6	4:45pm	10	8638
	Fri	Oct 7	5:30pm	10	8639
	Fri	Oct 7	6:30pm	10	8640



All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.



## Sea Otter - H30: Low Ratio

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-5 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:3	Mon	Oct 3	6:30pm	9	8641
	Tues	Oct 4	6:15pm	10	8642
	Wed	Oct 5	5:30pm	10	8643
<b>Resident Fees:</b> 9 Classes:\$162 10 Classes:\$180	Thurs	Oct 6	5:30pm	10	8644
	<b>NOTE:</b> Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.				



## Salamander

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-5 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:5	Sat	Oct 1	9:00am	10	8645
	Sat	Oct 1	9:30am	10	8646
	Sat	Oct 1	10:00am	10	8647
<b>Resident Fees:</b> 9 Classes:\$76.50 10 Classes:\$85.00	Sat	Oct 1	11:00am	10	8648
	Sat	Oct 1	11:30am	10	8649
	Sun	Oct 2	9:00am	10	8650
	Sun	Oct 2	9:30am	10	8651
	Sun	Oct 2	10:00am	10	8652
	Sun	Oct 2	11:00am	10	8653
	Sun	Oct 2	11:30am	10	8654
	Mon	Oct 3	5:45pm	9	8655
	Tues	Oct 4	9:45am	10	8656
	Tues	Oct 4	5:00pm	10	8657
	Tues	Oct 4	5:45pm	10	8658
	Tues	Oct 4	6:30pm	10	8659
	Wed	Oct 5	5:30pm	10	8660
	Wed	Oct 5	7:00pm	10	8661
	Thurs	Oct 6	5:00pm	10	8662
	Thurs	Oct 6	6:30pm	10	8663
	Fri	Oct 7	5:15pm	10	8664
	Fri	Oct 7	6:30pm	10	8665



## Salamander - H30: Low Ratio

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-5 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:3	Mon	Oct 3	6:45pm	9	8666
	Tues	Oct 4	4:45pm	10	8667
	Thurs	Oct 6	5:45pm	10	8668
<b>Resident Fees:</b> 9 Classes: \$162.00 10 Classes: \$180.00	<b>NOTE:</b> Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.				

## Help Prevent Pool Fouling in 4 Simple Steps

1. Please do not feed children 1 hour prior to their swimming lesson.
2. Please be sure to take your children to the bathroom just prior to their swimming lesson.
3. Please ensure that all children who are not toilet trained are in appropriate attire (i.e. Little Swimmers).
4. Please take into consideration how your child is feeling before coming to their lessons.

**Pool fouling can result in delays in programming or pool shut down.**



### Sunfish

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6 yrs. Length: 30 min. Ratio: 1:5	Sat	Oct 1	9:30am	10	8669
	Sat	Oct 1	10:15am	10	8670
	Sat	Oct 1	11:30am	10	8671
<b>Resident Fees:</b> 9 Classes:\$76.50 10 Classes:\$85.00	Sun	Oct 2	9:30am	10	8672
	Sun	Oct 2	10:15am	10	8673
	Sun	Oct 2	11:30am	10	8674
	Mon	Oct 3	4:45pm	9	8675
	Mon	Oct 3	5:45pm	9	8676
	Tues	Oct 4	5:15pm	10	8677
	Wed	Oct 5	5:45pm	10	8678
	Thurs	Oct 6	5:00pm	10	8679
	Fri	Oct 7	6:15pm	10	8680



### Sunfish - H30: Low Ratio

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6 yrs. Length: 30 min. Ratio: 1:3	Tues	Oct 4	5:45pm	10	8681
	Wed	Oct 5	6:15pm	10	8682
	Thurs	Oct 6	5:15pm	10	8683
<b>Resident Fees:</b> 10 Classes: \$180.00	<b>NOTE:</b> Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.				



### Crocodile/Whale

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6 yrs. Length: 30 min. Ratio: 1:6	Sat	Oct 1	10:15am	10	8684
	Sun	Oct 2	10:00am	10	8685
	Tues	Oct 4	6:15pm	10	8686
<b>Resident Fees:</b> 10 Classes:\$85.00	Thurs	Oct 6	8:15pm	10	8687
	Fri	Oct 7	4:30pm	10	8688

## Red Cross Conversion Chart Preschool to Swim Kids Transition

If they took...	The level was marked...	Register them in...
Sea Otter or Salamander	Complete or Incomplete	Swim Kids 1
Sunfish	Incomplete	Swim Kids 1
Sunfish	Complete	Swim Kids 2
Crocodile	Incomplete	Swim Kids 2
Crocodile	Complete	Swim Kids 3
Whale	Incomplete	Swim Kids 3
Whale	Complete	Swim Kids 4

# Preschool - Winter



## Starfish (Parented)

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 4-12 mos. <b>Length:</b> 30 min. <b>Ratio:</b> 1:10	Tues	Jan 10	10:15am	9	8895
	Wed	Jan 11	6:15pm	9	8896
	Sat	Jan 14	10:00am	8	8897
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Sun	Jan 15	10:00am	8	8898



## Duck (Parented)

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 12-24 mos. <b>Length:</b> 30 min. <b>Ratio:</b> 1:10	Tues	Jan 10	9:15am	9	8899
	Tues	Jan 10	6:15pm	9	8900
	Thurs	Jan 12	5:45pm	9	8901
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Fri	Jan 13	6:15pm	9	8902
	Sat	Jan 14	9:00am	8	8903
	Sat	Jan 14	10:45am	8	8904
	Sun	Jan 15	9:00am	8	8905
	Sun	Jan 15	10:45am	8	8906



## Sea Turtle (Parented)

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 24-36 mos. <b>Length:</b> 30 min. <b>Ratio:</b> 1:10	Mon	Jan 9	6:15pm	8	8907
	Tues	Jan 10	9:45am	9	8908
	Thurs	Jan 12	6:15pm	9	8909
	Fri	Jan 13	6:45pm	9	8910
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Sat	Jan 14	9:30am	8	8911
	Sat	Jan 14	11:15am	8	8912
	Sun	Jan 15	9:30am	8	8913
	Sun	Jan 15	11:15am	8	8914

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.



**Program spaces are limited.**  
Register early to avoid disappointment!  
[www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca)



## Sea Otter

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-5yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:5	Mon	Jan 9	4:45pm	8	8915
	Mon	Jan 9	5:15pm	8	8916
	Mon	Jan 9	7:15pm	8	8917
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Tues	Jan 10	9:15am	9	8918
	Tues	Jan 10	10:15am	9	8919
	Tues	Jan 10	4:45pm	9	8920
	Tues	Jan 10	5:30pm	9	8921
	Wed	Jan 11	4:45pm	9	8922
	Wed	Jan 11	6:15pm	9	8923
	Thurs	Jan 12	4:45pm	9	8924
	Fri	Jan 13	5:30pm	9	8925
	Sat	Jan 14	9:45am	8	8926
	Sat	Jan 14	10:45am	8	8927
	Sat	Jan 14	11:30am	8	8928
	Sun	Jan 15	10:15am	8	8929
	Sun	Jan 15	10:45am	8	8930
	Sun	Jan 15	11:15am	8	8931
	Sun	Jan 15	11:30am	8	8932



## Sea Otter-H30: Low Ratio

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-5 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:3	Mon	Jan 9	6:30pm	8	8933
	Tues	Jan 10	6:15pm	9	8934
	Wed	Jan 11	5:30pm	9	8935
<b>Resident Fees:</b> 8 Classes: \$144.00 9 Classes: \$162.00	Thurs	Jan 12	5:30pm	9	8936

**NOTE:** Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.

# H30

**Low Ratio Classes**  
H30 swimming lessons provide a smaller ratio environment for learning. H30 swimming lessons are limited to three participants per instructor.



## Salamander

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-5yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:5	Mon	Jan 9	5:45pm	8	8937
	Tues	Jan 10	9:45am	9	8938
	Tues	Jan 10	5:45pm	9	8939
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Tues	Jan 10	6:30pm	9	8940
	Wed	Jan 11	5:30pm	9	8941
	Wed	Jan 11	7:00pm	9	8942
	Thurs	Jan 12	5:00pm	9	8943
	Thurs	Jan 12	6:30pm	9	8944
	Fri	Jan 13	8:30pm	9	8945
	Sat	Jan 14	9:00am	8	8946
	Sat	Jan 14	9:30am	8	8947
	Sat	Jan 14	11:00am	8	8948
	Sun	Jan 15	9:30am	8	8949
	Sun	Jan 15	10:00am	8	8950
	Sun	Jan 15	11:00am	8	8951



## Sunfish-H30: Low Ratio

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-5 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:3	Tues	Jan 10	5:45pm	9	8964
	Wed	Jan 11	6:15pm	9	8965
	Thurs	Jan 12	5:15pm	9	8966
<b>Resident Fees:</b> 8 Classes: \$144.00 9 Classes: \$162.00	<b>NOTE:</b> Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.				



## Crocodile/Whale

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-6yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:6	Mon	Jan 9	4:45pm	8	8967
	Tues	Jan 10	6:15pm	9	8968
	Wed	Jan 11	7:00pm	9	8969
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Thurs	Jan 12	6:15pm	9	8970
	Fri	Jan 13	4:30pm	9	8971
	Sat	Jan 14	10:15am	8	8972
	Sun	Jan 15	10:00am	8	8973



## Salamander -H30: Low Ratio

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-5 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:3	Mon	Jan 9	6:45pm	8	8952
	Tues	Jan 10	5:00pm	9	8953
	Thurs	Jan 12	5:45pm	9	8954
<b>Resident Fees:</b> 8 Classes: \$144.00 9 Classes: \$162.00	<b>NOTE:</b> Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.				



## Sunfish

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-6yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:6	Mon	Jan 9	4:45pm	8	8956
	Mon	Jan 9	5:45pm	8	8957
	Tues	Jan 10	6:30pm	9	8958
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Wed	Jan 11	5:45pm	9	8959
	Thurs	Jan 12	5:00pm	9	8960
	Fri	Jan 13	6:15pm	9	8961
	Sat	Jan 14	10:15am	8	8962
	Sun	Jan 15	10:15am	8	8963



### Forget something?

Customer service has many items available for purchase including: goggles, swim caps, shampoo, conditioner, and more!

# Program Descriptions - Child & Youth



## 10-level program for children ages 5-12 years

### SWIM KIDS LEVEL 1

This level introduces swimmers to water and the pool area and works on floats, glides and kicking.

### SWIM KIDS LEVEL 2

This level further improves the front swim (5m) and the use of a PFD. Fitness activities include a 10m distance

### SWIM KIDS LEVEL 3

This level provides more practice for endurance in front and back flutter kick and a 15m swim. Students will also receive an introduction to diving.

### SWIM KIDS LEVEL 4

This level introduces front crawl and back swim with shoulder roll. Endurance is built through a 25m swim.

### SWIM KIDS LEVEL 5

This level introduces the back crawl (15m), whip kick on the back, and treading water. Front crawl increases to 15m. Endurance is developed through a 50m swim.

### SWIM KIDS LEVEL 6

This level refines front crawl (25m), back crawl (25m), and introduces elementary backstroke (15m). Endurance is built through dolphin kick and a 75m swim.

### SWIM KIDS LEVEL 7

This level builds skills and endurance for the front crawl (50m), back crawl (50m), and elementary backstroke (25m), and introduces whip kick on the front. Swimming endurance is increased to a 150m swim.

### SWIM KIDS LEVEL 8

This level is an introduction to breast stroke (15m). Endurance is built on a 300m swim. Front crawl and back crawl distances are increased to 75m each.

### SWIM KIDS LEVEL 9

This level refines the front crawl (100m), back crawl (100m), elementary back stroke (50m), and breast stroke (25m), and encourages swimmers to combine different kicks for fitness (3 mins). Endurance is built through a 400m swim.

### SWIM KIDS LEVEL 10

This level is a final assessment of the strokes for technique and distance (front crawl 100m, back crawl 100m, elementary back stroke 50m, breast stroke 50m and sidestroke 25m). Endurance is built using the dolphin kick (vertical) and a 500m swim.



LIFESAVING SOCIETY®

*The Lifeguarding Experts*

## 4-level program for children ages 8-14 years

### ROOKIE PATROL

Swimmers continue stroke development. Lifesaving sport skills includes 25 m obstacle swim and 15 m object carry. Fitness improves in a 100 m timed swim.

### RANGER PATROL

Lifesaving sport skills include a lifesaving medley and timed object support. First aid focuses on assessment of unconscious victims and obstructed airway procedures.

### STAR PATROL

Swimmers are challenged with 600 m workouts, 300 m timed swims, and a 25 m object carry. Lifesaving skills include defence methods and victim removals.

### BRONZE STAR

Excellent preparation for success in Bronze Medallion. Candidates learn CPR and develop lifesaving skills. Includes a timed 400 m swim. Prerequisites: Rookie, Ranger or Star Patrol level experience recommended.



## Swim Kids Level 1

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:6	Sat	Oct 1	9:15am	10	8689
	Sat	Oct 1	11:00am	10	8690
	Sun	Oct 2	9:15am	10	8691
<b>Resident Fees:</b> 9 Classes: \$76.50 10 Classes: \$85.00	Sun	Oct 2	11:00am	10	8692
	Mon	Oct 3	7:00pm	9	8693
	Tues	Oct 4	4:45pm	10	8694
	Tues	Oct 4	6:15pm	10	8695
	Wed	Oct 5	5:15pm	10	8696
	Wed	Oct 5	6:30pm	10	8697
	Thurs	Oct 6	6:30pm	10	8698
	Fri	Oct 7	4:45pm	10	8699
	Fri	Oct 7	5:45pm	10	8700

## Swim Kids Level 1 - H30

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:3	Mon	Oct 3	5:15pm	9	8701
	Tues	Oct 4	5:15pm	10	8702
	Thurs	Oct 6	4:45pm	10	8703
<b>Resident Fees:</b> 9 Classes: \$162.00 10 Classes: \$180.00	<b>NOTE:</b> Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.				

## Swim Kids Level 2

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:6	Sat	Oct 1	9:00am	10	8704
	Sat	Oct 1	10:00am	10	8705
	Sat	Oct 1	11:00am	10	8706
<b>Resident Fees:</b> 9 Classes: \$76.50 10 Classes: \$85.00	Sun	Oct 2	9:00am	10	8707
	Sun	Oct 2	10:00am	10	8708
	Sun	Oct 2	11:00am	10	8709
	Mon	Oct 3	5:00pm	9	8710
	Tues	Oct 4	5:30pm	10	8711
	Wed	Oct 5	5:00pm	10	8712
	Thurs	Oct 6	6:15pm	10	8713
	Fri	Oct 7	5:30pm	10	8714
	Fri	Oct 7	6:15pm	10	8715

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.



## Swim Kids Level 2 - H30

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:3	Mon	Oct 3	6:45pm	9	8716
	Tues	Oct 4	5:00pm	10	8717
	Wed	Oct 5	6:45pm	10	8718
<b>Resident Fees:</b> 9 Classes: \$162.00 10 Classes: \$180.00	Thurs	Oct 6	5:30pm	10	8719
	<b>NOTE:</b> Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.				

## Swim Kids Level 3

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:6	Sat	Oct 1	9:45am	10	8720
	Sat	Oct 1	11:30am	10	8721
	Sun	Oct 2	9:45am	10	8722
<b>Resident Fees:</b> 9 Classes: \$76.50 10 Classes: \$85.00	Sun	Oct 2	11:30am	10	8723
	Mon	Oct 3	4:45pm	9	8724
	Tues	Oct 4	4:30pm	10	8725
	Wed	Oct 5	5:15pm	10	8726
	Thurs	Oct 6	5:00pm	10	8727
	Fri	Oct 7	5:00pm	10	8728
	Fri	Oct 7	6:15pm	10	8729

## Swim Kids Level 3 - H30

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:3	Tues	Oct 4	4:30pm	10	8730
	Thurs	Oct 6	6:15pm	10	8731
<b>Resident Fees:</b> 10 Classes: \$180.00	<b>NOTE:</b> Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.				

# Child & Youth - Fall

## Swim Kids Level 4

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs.	Sat	Oct 1	9:15am	10	8732
Length: 30 min.	Sat	Oct 1	11:00am	10	8733
Ratio: 1:6	Sun	Oct 2	9:15am	10	8734
Resident Fees:	Sun	Oct 2	11:00am	10	8735
9 Classes:\$76.50	Mon	Oct 3	5:15pm	9	8736
10 Classes:\$85.00	Tues	Oct 4	6:15pm	10	8737
	Wed	Oct 5	5:15pm	10	8738
	Thurs	Oct 6	5:30pm	10	8739
	Fri	Oct 7	4:30pm	10	8740

## Swim Kids Level 4 - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs.	Wed	Oct 5	4:30pm	10	8741
Length: 30 min.	Thurs	Oct 6	5:00pm	10	8742
Ratio: 1:3					
Resident Fees:					
10 Classes:					
\$180.00					

**NOTE:** Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.

## Swim Kids Level 5

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs.	Sat	Oct 1	9:45am	10	8743
Length: 30 min.	Sun	Oct 2	9:45am	10	8744
Ratio: 1:8	Sun	Oct 2	11:30am	10	8745
Resident Fees:	Mon	Oct 3	5:45pm	9	8746
9 Classes:\$76.50	Tues	Oct 4	6:15pm	10	8747
10 Classes:\$85.00	Wed	Oct 5	5:15pm	10	8748
	Thurs	Oct 6	6:15pm	10	8749
	Fri	Oct 7	5:30pm	10	8750

## Swim Kids Level 5 - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs.	Wed	Oct 5	4:30pm	10	8751
Length: 30 min.	Thurs	Oct 6	5:30pm	10	8752
Ratio: 1:3					
Resident Fees:					
10 Classes:					
\$180.00					

**NOTE:** Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.



## Swim Kids Level 6

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:8	Sat	Oct 1	9:45am	10	8753
	Sun	Oct 2	9:15am	10	8754
	Tues	Oct 4	5:15pm	10	8755
Resident Fees: 10 Classes:\$90.00	Wed	Oct 5	4:30pm	10	8756
	Thurs	Oct 6	5:15pm	10	8757
	Fri	Oct 7	6:15pm	10	8758

## Swim Kids Level 7

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Sat	Oct 1	9:00am	10	8759
	Sun	Oct 2	9:00am	10	8760
	Mon	Oct 3	5:15pm	9	8761
Resident Fees: 9 Classes:\$81.00 10 Classes:\$90.00	Tues	Oct 4	4:30pm	10	8762
	Thurs	Oct 6	4:30pm	10	8763
	Fri	Oct 7	5:30pm	10	8764

## LSS Rookie Patrol

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. Length: 1 hour Ratio: 1:10	Sun	Oct 2	9:00am	10	8765
	Tues	Oct 4	5:00pm	10	8766
	Fri	Oct 7	4:30pm	10	8767
Resident Fees: 10 Classes:\$95.00					

## Swim Kids Level 8

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Sat	Oct 1	9:00am	10	8768
	Sun	Oct 2	10:45am	10	8769
	Mon	Oct 3	4:30pm	9	8770
Resident Fees: 9 Classes:\$81.00 10 Classes:\$90.00	Fri	Oct 7	6:30pm	10	8771

## LSS Ranger Patrol

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. Length: 1 hour Ratio: 1:10	Sun	Oct 2	10:45am	10	8772
	Tues	Oct 4	5:00pm	10	8773
	Fri	Oct 7	5:00pm	10	8774
Resident Fees: 10 Classes:\$95.00					

## Swim Kids Level 9

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Sat	Oct 1	10:45am	10	8777
	Mon	Oct 3	6:30pm	9	8775
	Wed	Oct 5	4:30pm	10	8776
Resident Fees: 9 Classes:\$81.00 10 Classes:\$90.00					

## LSS Star Patrol

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. Length: 1 hour Ratio: 1:10	Sun	Oct 2	10:45am	10	8778
	Tues	Oct 4	5:00pm	10	8779
	Fri	Oct 7	5:00pm	10	8780
Resident Fees: 10 Classes:\$95.00					

## Swim Kids Level 10

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Sat	Oct 1	10:45am	10	8777
	Mon	Oct 3	7:15pm	9	8781
	Wed	Oct 5	4:30pm	10	8782
Resident Fees: 9 Classes:\$81.00 10 Classes:\$90.00					

## Bronze Star

Level Information	Day	Start Dates	Time	Classes	Code
Age: 12-14 yrs. Length: 1 hour Ratio: 1:10	Sat	Oct 1	11:00am	10	8783
Resident Fees: 10 Classes:\$102.00					

## What's next?

Check out page 92 for more aquatic certification courses and information about how to become a Lifeguard and Swimming Instructor!

# Child & Youth - Fall



## Bradford Lifesaving Club Junior Division

The Bradford Lifesaving Club Junior Division will introduce athletes to the sport of Lifesaving through Fundamentals Level 1 and 2, while encouraging healthy living and regular physical fitness. Prerequisites: Swim Kids Level 5.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. Length: 1 hour Ratio: 1:10	Fri	Oct 7	6:15pm	10	8784

**Resident Fees:**  
\$95.00

## Intermediate Division

The Bradford Lifesaving Club Intermediate Division trains athletes in the sport of Lifesaving through Fundamentals Level 3-5, while encouraging healthy living and regular physical fitness. Prerequisites: Completion of Fundamentals Level 2 or upon recommendation of a coach.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. Length: 1 hour Ratio: 1:10	Mon/ Wed	Oct 3	6:00pm	19	8785
	Mon	Oct 3	6:00pm	9	8786
<b>Resident Fees:</b> 9 Classes: \$85.50 10 Classes: \$95.00 19 Classes: \$180.50	Wed	Oct 5	6:00pm	10	8787



## I Love Water Polo

Swimmers learn the theory and skills behind this competitive water sport in a fun, positive atmosphere. Through drills in ball handling, kicking, and stroke technique, participants improve their efficiency and endurance in the water, and practice their new skills in exciting and challenging water polo games. No prior water polo experience is required. Prerequisite: Swim Kids 5

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-12 yrs. Length: 1 hour Ratio: 1:12	Mon	Oct 3	7:15pm	9	8788

**Resident Fees:**  
9 Classes: \$46.25\*

\*Introductory Promotional Offer

## Power Swim

This swim program focuses on swim techniques and personal goals while introducing competitive swim strokes, turns and endurance training in a coached environment. Prerequisite: Swim Kids 5.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. Length: 1 hour Ratio: 1:10	Tues	Oct 4	4:45pm	10	8789
	Thurs	Oct 6	4:45pm	10	8790

**Resident Fees:**  
10 Classes:  
\$95.00

## Power Swim Advanced

This advanced level builds on the competitive skills learned in Power Swim. Participants learn competitive stroke techniques in front crawl, back crawl, breaststroke and butterfly. Racing skills including flip turns, dives from starting blocks and using the pace clock to reach their target zone will also be introduced. Swimmers improve their efficiency and endurance in the water as well as their overall physical fitness. Prerequisite: Completion of a minimum of 1 session of Power Swim and/or upon recommendation of a coach.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. Length: 1 hour Ratio: 1:10	Tues/ Thurs	Oct 4	6:00pm	20	8791

**Resident Fees:**  
20 Classes:  
\$190.00



All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.



## Red Cross Swim Adapted (Special Needs Swim Lessons)

These lessons meet the swimming requirements of individuals with identified special needs. All participants are required to complete a medical form prior to their first lesson. Forms can be accessed through the customer service desk at the Leisure Centre or online at [www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca). All forms must be submitted prior to the first class.

## Red Cross Swim Adapted Leisure Pool For levels: Sea Otter-Sunfish, Swim Kids Level 1-2

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-14 yrs.	Mon	Oct 3	5:30pm	9	8802
	Mon	Oct 3	6:15pm	9	8803
<b>Length:</b> 30 min. <b>Ratio:</b> 1:1	Mon	Oct 3	6:45pm	9	8804
	Mon	Oct 3	7:15pm	9	8805
<b>Resident Fees:</b> 9 Classes:\$76.50 10 Classes:\$85.00	Tues	Oct 4	4:30pm	10	8806
	Tues	Oct 4	5:00pm	10	8807
	Wed	Oct 5	4:45pm	10	8808
	Wed	Oct 5	5:15pm	10	8809
	Wed	Oct 5	5:45pm	10	8810
	Wed	Oct 5	6:30pm	10	8811
	Wed	Oct 5	7:00pm	10	8812
	Thurs	Oct 6	4:30pm	10	8813
	Thurs	Oct 6	5:00pm	10	8814
	Fri	Oct 7	4:30pm	10	8815
	Fri	Oct 7	5:15pm	10	8816
	Fri	Oct 7	5:45pm	10	8817

## Family Lessons

If you have 2 or more children of different swimming levels, this program is perfect for you! The experienced Instructors will use multi-level teaching techniques with individualized lessons (e.g. the class may have a child in level 3, 4 or 5 all in one class). Class sizes may vary. Please note these lessons are not available for Parent & Tot programs, Rookie, Ranger or Star Patrol, or Bronze Star levels. Please contact the pool to request a swimming lesson assessment if you are unsure of what swimming lesson level to register in.

Level Information	Level	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-12 yrs.	Sea Otter/ Salamander	Sun	Oct 2	3:15pm	10	8792
		Sun	Oct 2	4:00pm	10	8793
<b>Length:</b> 45 min.	Sunfish/ Swim Kids 1-2	Sun	Oct 2	3:15pm	10	8794
		Sun	Oct 2	4:00pm	10	8795
<b>Resident Fees:</b> 10 Classes: \$90.00	Crocodile/ Whale Swim Kids 3-4	Sun	Oct 2	3:15pm	10	8796
		Sun	Oct 2	4:00pm	10	8797
	Swim Kids 5-6	Sun	Oct 2	3:15pm	10	8798
		Sun	Oct 2	4:00pm	10	8799
	Swim Kids 7-10	Sun	Oct 2	3:15pm	10	8800
		Sun	Oct 2	4:00pm	10	8801

## Red Cross Swim Adapted Lap Pool For levels: Crocodile-Whale, Swim Kids Level 3-10

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-14 yrs.	Mon	Oct 3	4:30pm	9	8818
	Mon	Oct 3	5:00pm	9	8819
<b>Length:</b> 30 min. <b>Ratio:</b> 1:1	Tues	Oct 4	4:30pm	10	8820
	Wed	Oct 5	7:00pm	10	8821
<b>Resident Fees:</b> 9 Classes: \$76.50 10 Classes: \$85.00	Thurs	Oct 6	4:30pm	10	8822
	Fri	Oct 7	4:45pm	10	8823
	Fri	Oct 7	5:00pm	10	8824
	Fri	Oct 7	5:45pm	10	8825
	Fri	Oct 7	6:30pm	10	8826

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.

# Child & Youth - Fall

## 1 on 1 Swim Lessons

Recommended for children 3-14 years who have been working towards a level, but need individual attention because of a specific stroke or skill problem. Please note these lessons are not available for Parent and Tot programs, Rookie, Ranger or Star Patrol, Bronze Star levels or leadership levels.

**NOTE:** Make-up classes due to participant illness or personal commitments will not be available.

## 1 on 1 Swim Lessons Lap Pool

(For levels: Crocodile-Whale, Swim Kids Level 3-10)

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-14 yrs.	Sat	Oct 1	9:15am	10	8867
	Sat	Oct 1	9:45am	10	8868
<b>Length:</b> 30 min.	Sat	Oct 1	10:15am	10	8869
<b>Ratio:</b> 1:1	Sat	Oct 1	10:15am	10	8870
<b>Resident Fees:</b>	Sat	Oct 1	11:00am	10	8871
9 Classes: \$216	Sat	Oct 1	11:30am	10	8872
10 Classes: \$240	Sat	Oct 1	11:30am	10	8873
	Sun	Oct 2	10:00am	10	8874
	Sun	Oct 2	10:15am	10	8875
	Sun	Oct 2	10:15am	10	8876
	Sun	Oct 2	11:00am	10	8877
	Sun	Oct 2	11:30am	10	8878
	Mon	Oct 3	4:30pm	9	8879
	Mon	Oct 3	5:00pm	9	8880
	Mon	Oct 3	5:30pm	9	8881
	Tues	Oct 4	4:30pm	10	8882
	Wed	Oct 5	7:30pm	10	8883
	Thurs	Oct 6	4:30pm	10	8884
	Fri	Oct 7	4:30pm	10	8885
	Fri	Oct 7	4:30pm	10	8890
	Fri	Oct 7	5:00pm	10	8886
	Fri	Oct 7	5:15pm	10	8887
	Fri	Oct 7	5:30pm	10	8888
	Fri	Oct 7	6:45pm	10	8889

## Semi-Private Lessons

If you are interested in semi-private swimming lessons register the first child in a 1 on 1 time slot and contact the Aquatic Programmer at 905-775-7529 ext. 8402 to add the second child. Semi-private fees listed on page 66.

Please note that children must be no more than 1 level apart to take semi-private lessons.

## 1 on 1 Swim Lessons Leisure Pool

(For levels: Sea Otter-Sunfish, Swim Kids Level 1-2)

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-14 yrs.	Sat	Oct 1	9:15am	10	8827
	Sat	Oct 1	9:45am	10	8828
<b>Length:</b> 30 min.	Sat	Oct 1	9:45am	10	8829
<b>Ratio:</b> 1:1	Sat	Oct 1	10:15am	10	8830
<b>Resident Fees:</b>	Sat	Oct 1	10:45am	10	8831
9 Classes: \$216	Sat	Oct 1	11:15am	10	8832
10 Classes: \$240	Sun	Oct 2	9:15am	10	8833
	Sun	Oct 2	9:45am	10	8834
	Sun	Oct 2	9:45am	10	8835
	Sun	Oct 2	10:15am	10	8836
	Sun	Oct 2	10:45am	10	8837
	Sun	Oct 2	11:15am	10	8838
	Mon	Oct 3	4:30pm	9	8839
	Mon	Oct 3	5:30pm	9	8840
	Mon	Oct 3	6:15pm	9	8841
	Mon	Oct 3	6:30pm	9	8842
	Mon	Oct 3	7:00pm	9	8843
	Mon	Oct 3	7:15pm	9	8844
	Tues	Oct 4	5:15pm	10	8845
	Tues	Oct 4	5:30pm	10	8846
	Tues	Oct 4	5:45pm	10	8847
	Tues	Oct 4	6:30pm	10	8848
	Wed	Oct 5	4:30pm	10	8849
	Wed	Oct 5	5:00pm	10	8850
	Wed	Oct 5	5:00pm	10	8851
	Wed	Oct 5	5:30pm	10	8852
	Wed	Oct 5	6:45pm	10	8853
	Wed	Oct 5	6:45pm	10	8854
	Wed	Oct 5	7:15pm	10	8855
	Wed	Oct 5	7:15pm	10	8856
	Wed	Oct 5	7:15pm	10	8857
	Thurs	Oct 6	4:30pm	10	8858
	Thurs	Oct 6	4:30pm	10	8859
	Thurs	Oct 6	5:15pm	10	8860
	Thurs	Oct 6	5:30pm	10	8861
	Fri	Oct 7	4:30pm	10	8862
	Fri	Oct 7	4:45pm	10	8863
	Fri	Oct 7	5:00pm	10	8864
	Fri	Oct 7	5:00pm	10	8865
	Fri	Oct 7	5:30pm	10	8866

## Swim Kids Level 1

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:6	Mon	Jan 9	7:00pm	8	8974
	Tues	Jan 10	4:45pm	9	8975
	Wed	Jan 11	6:30pm	9	8976
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Thurs	Jan 12	6:30pm	9	8977
	Fri	Jan 13	4:45pm	9	8978
	Sat	Jan 14	10:15am	8	8979
	Sat	Jan 14	11:00am	8	8980
	Sun	Jan 15	9:15am	8	8981
	Sun	Jan 15	11:00am	8	8982

## Swim Kids Level 1- H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Mon	Jan 9	5:15pm	8	8983
	Tues	Jan 10	5:15pm	9	8984
	Wed	Jan 11	5:15pm	9	8985
<b>Resident Fees:</b> 8 Classes: \$144.00 9 Classes: \$162.00	Thurs	Jan 12	4:45pm	9	8986
	<b>NOTE:</b> Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.				

## Swim Kids Level 2

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:6	Mon	Jan 9	5:00pm	8	8987
	Tues	Jan 10	5:30pm	9	8988
	Wed	Jan 11	5:00pm	9	8989
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Thurs	Jan 12	5:30pm	9	8990
	Fri	Jan 13	5:30pm	9	8991
	Sat	Jan 14	10:00am	8	8992
	Sun	Jan 15	9:45am	8	8993

## Swim Kids Level 2- H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Mon	Jan 9	6:45pm	8	8994
	Tues	Jan 10	5:00pm	9	8995
	Wed	Jan 11	6:45pm	9	8996
<b>Resident Fees:</b> 8 Classes: \$144.00 9 Classes: \$162.00	<b>NOTE:</b> Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.				

## Swim Kids Level 3

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:6	Mon	Jan 9	5:15pm	8	8997
	Tues	Jan 10	4:30pm	9	8998
	Wed	Jan 11	5:15pm	9	8999
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Wed	Jan 11	7:30pm	9	9000
	Thurs	Jan 12	5:00pm	9	9001
	Fri	Jan 13	5:00pm	9	9002
	Fri	Jan 13	6:15pm	9	9003
	Sat	Jan 14	9:45am	8	9004
	Sat	Jan 14	11:30am	8	9005
	Sun	Jan 15	9:45am	8	9006
	Sun	Jan 15	11:15am	8	9007

## Swim Kids Level 3- H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Thurs	Jan 12	6:15pm	9	9008
Resident Fees: 9 Classes: \$162.00	NOTE: Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.				

## Swim Kids Level 4

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:6	Mon	Jan 9	5:45pm	8	9009
	Tues	Jan 10	6:15pm	9	9010
	Wed	Jan 11	5:15pm	9	9011
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Thurs	Jan 12	5:30pm	9	9012
	Fri	Jan 13	4:30pm	9	9013
	Sat	Jan 14	9:15am	8	9014
	Sat	Jan 14	11:00am	8	9015
	Sun	Jan 15	9:15am	8	9016
	Sun	Jan 15	11:00am	8	9017

## Swim Kids Level 4- H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Fri	Jan 13	5:45pm	9	9018
NOTE: Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.					
Resident Fees: 9 Classes: \$162.00					



# Child & Youth - Winter

## Swim Kids Level 5

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:8	Mon	Jan 9	7:15pm	8	9019
	Tues	Jan 10	6:15pm	9	9020
	Wed	Jan 11	5:15pm	9	9021
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Thurs	Jan 12	6:15pm	9	9022
	Fri	Jan 13	5:30pm	9	9023
	Sat	Jan 14	9:45am	8	9024
	Sun	Jan 15	9:45am	8	9025
	Sun	Jan 15	11:30am	8	9026

## LSS Rookie Patrol

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 8-13 yrs. <b>Length:</b> 1 hour <b>Ratio:</b> 1:10	Tues	Jan 10	5:00pm	9	9039
	Fri	Jan 13	4:30pm	9	9040
	Sun	Jan 15	9:00am	8	9041
<b>Resident Fees:</b> 8 Classes: \$76.00 9 Classes: \$85.50					

## Swim Kids Level 8

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs. <b>Length:</b> 45 min. <b>Ratio:</b> 1:10	Mon	Jan 9	4:30pm	8	9042
	Wed	Jan 11	4:45pm	9	9043
	Fri	Jan 13	6:30pm	9	9044
<b>Resident Fees:</b> 8 Classes: \$72.00 9 Classes: \$81.00	Sat	Jan 14	9:00am	8	9045

## Swim Kids Level 5-H30

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs. <b>Length:</b> 30 min. <b>Ratio:</b> 1:3	Thurs	Jan 12	5:30pm	9	9027
<b>Resident Fees:</b> 9 Classes: \$162.00					
<b>NOTE:</b> Each class must have a minimum of 2 participants to proceed. An option to purchase private lessons if only 1 participant registers is available as well.					

## LSS Ranger Patrol

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 8-13 yrs. <b>Length:</b> 1 hours <b>Ratio:</b> 1:10	Tues	Jan 10	5:00pm	9	9046
	Fri	Jan 13	5:00pm	9	9047
<b>Resident Fees:</b> 9 Classes: \$85.50					

## Swim Kids Level 6

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs. <b>Length:</b> 45 min. <b>Ratio:</b> 1:8	Tues	Jan 10	5:15pm	9	9028
	Wed	Jan 11	4:30pm	9	9029
	Thurs	Jan 12	5:15pm	9	9030
<b>Resident Fees:</b> 8 Classes: \$72.00 9 Classes: \$81.00	Fri	Jan 13	6:15pm	9	9031
	Sat	Jan 14	9:45am	8	9032
	Sun	Jan 15	9:15am	8	9033

## Swim Kids Level 9

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs. <b>Length:</b> 45 min. <b>Ratio:</b> 1:10	Mon	Jan 9	6:30pm	8	9048
	Wed	Jan 11	4:30pm	9	9049
	Sat	Jan 14	9:00am	8	9050
<b>Resident Fees:</b> 8 Classes: \$72.00 9 Classes: \$81.00					

## Swim Kids Level 7

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs. <b>Length:</b> 45 min. <b>Ratio:</b> 1:10	Mon	Jan 9	5:15pm	8	9034
	Tues	Jan 10	4:30pm	9	9035
	Thurs	Jan 12	4:30pm	9	9036
<b>Resident Fees:</b> 8 Classes: \$72.00 9 Classes: \$81.00	Fri	Jan 13	5:30pm	9	9037
	Sun	Jan 15	9:00am	8	9038

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.



### What level should I register in?

The Bradford Lions Aquatic Centre offers FREE swimming lesson assessments. Please contact the pool to request a screening during a scheduled leisure swim.

## LSS Star Patrol

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 8-13 yrs. <b>Length:</b> 1 hour <b>Ratio:</b> 1:10	Tues	Jan 10	5:00pm	9	9051
	Fri	Jan 13	5:00pm	9	9052
<b>Resident Fees:</b> 9 Classes: \$85.50					

## Swim Kids Level 10

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs. <b>Length:</b> 45 min. <b>Ratio:</b> 1:10	Mon	Jan 9	7:15pm	8	9053
	Wed	Jan 11	4:30pm	9	9054
	Sat	Jan 14	10:45am	8	9055
<b>Resident Fees:</b> 8 Classes: \$72.00 9 Classes: \$81.00					

## Bronze Star

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 12-14 yrs. <b>Length:</b> 1 hour <b>Ratio:</b> 1:10	Sat	Jan 14	11:00am	8	9057
<b>Resident Fees:</b> 8 Classes: \$83.50 9 Classes: \$92.75					



## Bradford Lifesaving Club Junior Division

The Bradford Lifesaving Club Junior Division will introduce athletes to the sport of Lifesaving through Fundamentals Level 1 and 2, while encouraging healthy living and regular physical fitness. Prerequisites: Swim Kids Level 5.

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 8-15 yrs. <b>Length:</b> 1 hour <b>Ratio:</b> 1:10	Fri	Jan 13	6:15pm	9	9058
<b>Resident Fees:</b> \$85.50					



**Program spaces are limited.**  
Register early to avoid disappointment!

## Intermediate Division

The Bradford Lifesaving Club Intermediate Division trains athletes in the sport of Lifesaving through Fundamentals Level 3-5, while encouraging healthy living and regular physical fitness. Prerequisites: Completion of Fundamentals Level 2 or upon recommendation of a coach.

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 8-15 yrs. <b>Length:</b> 1 hour <b>Ratio:</b> 1:10	Mon/ Wed	Jan 9	6:00pm	17	9060
	Mon	Jan 9	6:00pm	8	9059
	Wed	Jan 11	6:00pm	9	9061
<b>Resident Fees:</b> 8 Classes: \$76.00 9 Classes: \$85.50 17 Classes: \$161.50					

## Power Swim

This swim program focuses on swim techniques and personal goals while introducing competitive swim strokes, turns and endurance training in a coached environment. Prerequisite: Swim Kids 5.

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 8-15 yrs. <b>Length:</b> 1 hour <b>Ratio:</b> 1:10	Tues	Jan 10	4:45pm	9	9062
	Thurs	Jan 12	4:45pm	9	9063

**Resident Fees:**  
9 Classes: \$85.50

## Power Swim Advanced

This advanced level builds on the competitive skills learned in Power Swim. Participants learn competitive stroke techniques in front crawl, back crawl, breaststroke and butterfly. Racing skills including flip turns, dives from starting blocks and using the pace clock to reach their target zone will also be introduced. Swimmers improve their efficiency and endurance in the water as well as their overall physical fitness. Prerequisite: Completion of a minimum of 1 session of Power Swim and/or upon recommendation of a coach.

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 8-15 yrs. <b>Length:</b> 1 hour <b>Ratio:</b> 1:10	Tues	Jan 10	6:00pm	9	9064

**Resident Fees:**  
18 Classes: \$171.00

# Child & Youth - Winter



## Family Lessons

If you have 2 or more children of different swimming levels, this program is perfect for you! The experienced Instructors will use multi-level teaching techniques with individualized lessons (e.g. the class may have a child in level 3 or 4 all in one class). Class sizes may vary. Please contact the pool to request a swimming lesson assessment if you are unsure of what swimming lesson level to register in.

Level Information	Level	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-12 yrs.	Sea Otter/ Salamander	Sun	Jan 15	3:15pm	8	9065
		Sun	Jan 15	4:00pm	8	9066
<b>Length:</b> 45 min.	Sunfish/ Swim Kids 1-2	Sun	Jan 15	3:15pm	8	9067
		Sun	Jan 15	4:00pm	8	9068
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$72.00 \$81.00	Crocodile/ Whale	Sun	Jan 15	3:15pm	8	9069
		Sun	Jan 15	4:00pm	8	9070
	Swim Kids 3-4	Sun	Jan 15	3:15pm	8	9071
		Sun	Jan 15	4:00pm	8	9072
	Swim Kids 7-10	Sun	Jan 15	3:15pm	8	9073
		Sun	Jan 15	4:00pm	8	9074

## Red Cross Swim Adapted

(Special Needs Swim Lessons)

These lessons meet the swimming requirements of individuals with identified special needs.

All participants are required to complete a medical form prior to their first lesson. Forms can be accessed through the customer service desk at the Leisure Centre or online at [www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca).

## Red Cross Swim Adapted Lap Pool

(For levels: Crocodile-Whale, Swim Kids Level 3-10)

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-14 yrs.	Mon	Jan 9	4:30pm	8	9084
	Mon	Jan 9	5:00pm	8	9085
<b>Length:</b> 30 min. <b>Ratio:</b> 1:1	Tues	Jan 10	4:30pm	9	9086
	Wed	Jan 11	4:30pm	9	9087
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Thurs	Jan 12	4:30pm	9	9088
	Fri	Jan 13	4:45pm	9	9089
	Fri	Jan 13	5:00pm	9	9090
	Fri	Jan 13	6:30pm	9	9091

## Red Cross Swim Adapted Leisure Pool

(For levels: Sea Otter-Sunfish, Swim Kids Level 1-2)

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-14 yrs.	Mon	Jan 9	5:30pm	8	9075
	Mon	Jan 9	6:15pm	8	9076
<b>Length:</b> 30 min. <b>Ratio:</b> 1:1	Mon	Jan 9	6:45pm	8	9077
	Mon	Jan 9	7:15pm	8	9078
<b>Resident Fees:</b> 8 Classes: \$68.00 9 Classes: \$76.50	Wed	Jan 11	6:45pm	9	9079
	Wed	Jan 11	7:15pm	9	9080
	Thurs	Jan 12	4:30pm	9	9081
	Fri	Jan 13	5:15pm	9	9082

## Waitlists Work!

By adding your name to a waitlist, it allows staff to create new programs when possible. When placing your name on a waitlist please choose a day/time closest to what works best for you. Staff will contact you if any spots open up. *Limit of 2 waitlists per participant.*

## 1 on 1 Swim Lessons

Recommended for children 3-14 years who have been working towards a level, but need individual attention because of a specific stroke or skill.

*Please note these lessons are not available for Parent and Tot programs, Rookie, Ranger or Star Patrol, Bronze Star levels or leadership levels.*

## 1 on 1 Swim Lessons Leisure Pool

(For levels: Sea Otter-Sunfish, Swim Kids Level 1-2)

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-14 yrs.	Mon	Jan 9	4:30pm	8	9092
<b>Length:</b> 30 min.	Mon	Jan 9	5:30pm	8	9093
<b>Ratio:</b> 1:1	Mon	Jan 9	6:15pm	8	9094
<b>Resident Fees:</b> 8 Classes: \$192 9 Classes: \$216	Mon	Jan 9	6:30pm	8	9095
	Mon	Jan 9	7:00pm	8	9096
	Mon	Jan 9	7:15pm	8	9097
	Tues	Jan 10	5:15pm	9	9099
	Wed	Jan 11	4:30pm	9	9100
	Wed	Jan 11	5:30pm	9	9101
	Wed	Jan 11	6:45pm	9	9102
	Wed	Jan 11	7:15pm	9	9103
	Wed	Jan 11	7:15pm	9	9104
	Thurs	Jan 12	4:30pm	9	9105
	Thurs	Jan 12	5:15pm	9	9106
	Fri	Jan 13	4:30pm	9	9107
	Fri	Jan 13	5:00pm	9	9108
	Sat	Jan 14	9:15am	8	9109
	Sat	Jan 14	9:15am	8	9110
	Sat	Jan 14	9:45am	8	9111
	Sat	Jan 14	11:15am	8	9112
	Sat	Jan 14	11:30am	8	9113
	Sun	Jan 15	9:00am	8	9114
	Sun	Jan 15	9:15am	8	9115
	Sun	Jan 15	9:45am	8	9116
	Sun	Jan 15	11:30am	8	9117

## 1 on 1 Swim Lessons Lap Pool

(For levels: Crocodile-Whale, Swim Kids Level 3-10)

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 3-14 yrs.	Mon	Jan 9	4:30pm	8	9118
<b>Length:</b> 30 min.	Mon	Jan 9	5:00pm	8	9119
<b>Ratio:</b> 1:1	Mon	Jan 9	5:30pm	8	9120
<b>Resident Fees:</b> 8 Classes: \$192 9 Classes: \$216	Mon	Jan 9	7:45pm	8	9121
	Tues	Jan 10	4:30pm	9	9122
	Tues	Jan 10	4:30pm	9	9123
	Wed	Jan 11	5:00pm	9	9124
	Thurs	Jan 12	4:30pm	9	9125
	Thurs	Jan 12	5:00pm	9	9126
	Thurs	Jan 12	6:15pm	9	9127
	Fri	Jan 13	4:30pm	9	9128
	Fri	Jan 13	4:30pm	9	9129
	Fri	Jan 13	5:00pm	9	9130
	Fri	Jan 13	5:15pm	9	9131
	Fri	Jan 13	5:30pm	9	9132
	Fri	Jan 13	6:45pm	9	9133
	Sat	Jan 14	9:15am	8	9134
	Sat	Jan 14	9:45am	8	9135
	Sat	Jan 14	10:15am	8	9136
	Sat	Jan 14	10:15am	8	9137
	Sat	Jan 14	11:00am	8	9138
	Sat	Jan 14	11:30am	8	9139
	Sat	Jan 14	11:30am	8	9140
	Sun	Jan 15	10:00am	8	9141
	Sun	Jan 15	10:15am	8	9142
	Sun	Jan 15	10:15am	8	9143
	Sun	Jan 15	10:45am	8	9144
	Sun	Jan 15	10:45am	8	9145
	Sun	Jan 15	11:00am	8	9146
	Sun	Jan 15	11:15am	8	9147
	Sun	Jan 15	11:30am	8	9148

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.

## Semi-Private Lessons

If you are interested in semi-private swimming lessons register the first child in a 1 on 1 time slot and contact the Aquatic Programmer at 905-775-7529 ext. 8402 to add the second child. Semi-private fees listed on page 66. Please note that children must be no more than 1 level apart to take semi-private lessons.

# Holiday Camps

## AQUA ADVENTURES (7-10 YEARS)

Camp will NOT be offered on Monday, December 26, 2016

Make a SPLASH in this 2 week camp, which combines swimming lessons with traditional camp activities! Campers learn stroke techniques and water safety during his/her daily 1 hour swim lesson. Children also have the opportunity to sample water sports and activities such as snorkeling, water polo and boating during a second daily swim. Through this combination of fun and challenging cardio activities children build a strong swimming foundation, increase his/her strength and endurance, and develop teamwork and communication skills. Please note: Swimmers may be placed in a multi-level teaching environment, which allows instructors to teach students at various skill levels within the same group. The Red Cross Swim Kids program is used. Students receive a final report card.

Camp	Course Code	Age	Days	Times	Dates	Complex	Res. Fee	Non. Res. Fee
Aqua Adventures Holiday Break	9152	7-10 years	Monday to Friday	9:00am-4:00pm	Dec 27-Jan 6 (9 days)	BWG Leisure Centre	\$301.50	\$346.73

### Extended Care *\*Available to Camp Participants only*

Week	Time	Course Code	Daily Price	Pre-registered Price
Week #1: December 27-30	8:00-9:00am	9421	\$3.00/child	\$10.00/child - 4 days
Week #1: December 27-30	4:00-5:30pm	9422	\$4.50/child	\$16.00/child - 4 days
Week #1: December 27-30	AM & PM	9423	\$6.00/child	\$20.00/child - 4 days
Week #2: January 2-6	8:00-9:00am	9424	\$3.00/child	\$12.50/child - 5 days
Week #2: January 2-6	4:00-5:30pm	9425	\$4.50/child	\$20.00/child - 5 days
Week #2: January 2-6	AM & PM	9426	\$6.00/child	\$25.00/child - 5 days

**NEW!**

## Stroke & Skills Improvement

At this one day program, Instructors will focus on correcting the mechanics and proficiency of strokes and skills. Strokes & Skills Improvement Level 1 is for swimmers in Swim Kids Levels 4-6 and Strokes & Skills Improvement Level 2 is for swimmers in Swim Kids Levels 7-10. This program allows participants to register for one lesson or multiple lessons. **PLEASE NOTE: No report card will be provided for this program.**

### Strokes & Skills Improvement Level 1 (Swim Kids 4-6)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:6	Tues	Dec 27	10:00am	1	9153
	Wed	Dec 28	10:00am	1	9154
	Thurs	Dec 29	10:00am	1	9155
Resident Fees: 1 Class:\$9.00	Fri	Dec 30	10:00am	1	9156
	Mon	Jan 2	10:00am	1	9157
	Tues	Jan 3	10:00am	1	9158
	Wed	Jan 4	10:00am	1	9159
	Thurs	Jan 5	10:00am	1	9160
	Fri	Jan 6	10:00am	1	9161

### Strokes & Skills Improvement Level 2 (Swim Kids 7-10)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:8	Tues	Dec 27	10:00am	1	9162
	Wed	Dec 28	10:00am	1	9163
	Thurs	Dec 29	10:00am	1	9164
Resident Fees: 1 Class:\$9.00	Fri	Dec 30	10:00am	1	9165
	Mon	Jan 2	10:00am	1	9166
	Tues	Jan 3	10:00am	1	9167
	Wed	Jan 4	10:00am	1	9168
	Thurs	Jan 5	10:00am	1	9169
	Fri	Jan 6	10:00am	1	9170

## AQUA ADVENTURES (7-10 YEARS)

Make a SPLASH in this 1 week camp, which combines swimming games with traditional camp activities! Children have the opportunity to sample water sports and activities such as snorkeling, water polo and boating during their two daily swims. Through this combination of fun and challenging cardio activities children build a strong swimming foundation, increase his/her strength and endurance, and develop teamwork and communication skills.

Camp	Course Code	Age	Days	Times	Dates	Complex	Res. Fee	Non. Res. Fee
Aqua Adventures March Break	9171	7-10 years	Monday to Friday	9:00am-4:00pm	Mar 13-17 (5 days)	BWG Leisure Centre	\$167.50	192.63

See pg 58 for Extended Care

**NEW!**

## Stroke & Skills Improvement

At this one day program, Instructors will focus on correcting the mechanics and proficiency of strokes and skills. Strokes & Skills Improvement Level 1 is for swimmers in Swim Kids Levels 4-6 and Strokes & Skills Improvement Level 2 is for swimmers in Swim Kids Levels 7-10. This program allows participants to register for one lesson or multiple lessons.

**PLEASE NOTE: No report card will be provided for this program.**

### Strokes & Skills Improvement Level 1 (Swim Kids 4-6)

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs.	Mon	Mar 13	10:00am	1	9172
<b>Length:</b> 45 min. <b>Ratio:</b> 1:6	Tues	Mar 14	10:00am	1	9173
	Wed	Mar 15	10:00am	1	9174
<b>Resident Fees:</b> 1 Class:\$9.00	Thurs	Mar 16	10:00am	1	9195
	Fri	Mar 17	10:00am	1	9176

### Strokes & Skills Improvement Level 2 (Swim Kids 7-10)

Level Information	Day	Start Dates	Time	Classes	Code
<b>Age:</b> 5-12 yrs.	Mon	Mar 13	10:00am	1	9177
<b>Length:</b> 45 min. <b>Ratio:</b> 1:8	Tues	Mar 14	10:00am	1	9178
	Wed	Mar 15	10:00am	1	9179
<b>Resident Fees:</b> 1 Class:\$9.00	Thurs	Mar 16	10:00am	1	9180
	Fri	Mar 17	10:00am	1	9181

## Leadership Courses - School Breaks

### Holiday Leadership

Bronze Medallion crash course: Dec 27-30

National Lifeguard crash course: Jan 2-6

See page 93 for course descriptions and fees.

### March Break Leadership

Bronze Cross crash course: Mar 13-17

See page 93 for course descriptions and fees.

## Swim Schedules

### Holiday Swimming Schedule - December 26-January 8

Will be available online by December 12, 2016.

[www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca)

### March Break Swimming Schedule - March 13-17

Will be available online by February 27, 2017.

[www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca)

# Red Cross Teen & Adult



## 3-level program for Teens & Adults - 13 years +

### Teen/Adult Swim Basics 1

This program will help increase your comfort level and confidence in the water through floats, glides, kicking and swimming.

### Teen/Adult Swim Basics 2

This program will continue to help increase your comfort level by developing front and back crawl, establishing comfort in deep water and increasing swimming distance.

### Teen/Adult Swim Strokes

This program will help you develop one or more swimming strokes, working towards efficiency and increased endurance.



## Swim Basics 1 - Teen/Adult

Level Information	Day	Start Dates	Time	Classes	Code
Age: 13 yrs+	Mon	Oct 3	6:00pm	9	8891
Length: 45 min.					
Ratio: 1:8	Mon	Jan 9	6:00pm	8	9149

**Resident Fees:**  
8 Classes: \$70.00  
9 Classes: \$81.00

## Swim Strokes - Teen/Adult

Level Information	Day	Start Dates	Time	Classes	Code
Age: 13 yrs+	Mon	Oct 3	7:30pm	9	8893
Length: 45 min.					
Ratio: 1:8	Mon	Jan 9	7:30pm	8	9151

**Resident Fees:**  
8 Classes: \$70.00

## Swim Basics 2 - Teen/Adult

Level Information	Day	Start Dates	Time	Classes	Code
Age: 13 yrs+	Mon	Oct 3	6:45pm	9	8892
Length: 45 min.					
Ratio: 1:10	Mon	Jan 9	6:45pm	8	9150

**Resident Fees:**  
8 Classes: \$70.00  
9 Classes: \$81.00

## SWIMMING MERCHANDISE FOR SALE!



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and more!

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Customer Service

## AQUAFIT

A variety of aquafitness programs offered at the pool.

Schedules are available online at [www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca) or at the BWG Leisure Centre Customer Service Desk.



# AQUATIC LEADERSHIP

**Jobs with a difference!**

**Don't get turned away at the first class.**

**Make sure you have the proper course prerequisites!**

*Refer to each course description for course prerequisites.*

Check and print your awards at [lifesavingsociety.com](http://lifesavingsociety.com)

To view your awards:

1. Click on: Find a Member (on right hand side)
2. Enter your membership number. You can find your membership number on the bottom of your certification card.
3. Print out the record and bring it on the first day of your course.



## Course Attendance

Please note that 100% attendance and active participation is required in both the pool and classroom sessions in order to complete any aquatic leadership course (late arrival is equivalent to absence).

## Age requirements

Proof of age will be required for all courses with an age prerequisite. You will be required to submit this to the Instructor on the first day of the course.

## Exams

Candidates must attend the exam at the facility where the course was administered.

## Unsuccessful completion of a course

Many courses utilize continuous evaluation. Unsuccessful candidates are required to retake the full course.

## What to bring to a course

- Required prerequisites
- Bathing suits and towels
- Notebook/paper and pens
- Lunch/dinner/snacks

## AQUATIC RECRUITMENT INFORMATION SESSIONS

This drop-in session is designed for swimmers in the process of taking aquatic leadership courses and looking for the next steps. Parents are also invited so they can find out more information about what courses to take and what is required to apply for a job. Candidates who are ready to apply for a job and need more information about the recruitment process will also benefit from this session.

**Sept 22 • Dec 15 • 6:30-8:00pm • BWG Leisure Centre**

# Aquatic Volunteer Program



Receive **FREE**  
Instructor and  
Lifeguard  
training by  
*volunteering* at  
the pool!

## Fall Session:

Sept. 22  
4:30-6:00pm  
Code # 9186

## Winter Session:

Dec. 15  
4:30-6:00pm  
Code # 9187

## BWG Leisure Centre

Register online at  
[www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca)

### Volunteer hours required to waive leadership course fees:

36 hours Bronze Cross and  
Standard First Aid

40 hours Red Cross  
Water Safety  
Instructors

50 hours National Lifeguard

33 hours Lifesaving  
Instructors

\*Candidates are required to pay exam  
fees and material fees

### How it works:

You can earn credits for every volunteer hour worked at the pool. These credits can be applied to the cost of select leadership courses required to become a lifeguard or swim instructor. This means you will only be required to pay the exam and course material fees.

Volunteer hours can also be used for High School Community Involvement Hours.

### Requirements:

- Volunteers must be a minimum of 13 years of age
- Passed Bronze Medallion
- Register for the Aquatic Volunteer Program

# WE WANT YOU TO JOIN OUR TEAM!



## A job with a difference

Teach children a skill that could save their life / Help prevent injuries and accidents

***Are you fit? Love to swim? Are you up for the challenge?***

Be a leader in your community. Become a lifeguard and swimming instructor.

For more information visit [www.bwgleisurecentre.ca](http://www.bwgleisurecentre.ca)

# Leadership Progression Chart

## HOW TO BECOME A SWIM INSTRUCTOR & LIFEGUARD

in the Town of Bradford  
West Gwillimbury

**SWIM KIDS 10 & BRONZE STAR  
RECOMMENDED**

**BRONZE MEDALLION and EMERGENCY FIRST AID & CPR B**  
Must be 13 yrs or completed Bronze Star

**BRONZE CROSS and STANDARD FIRST AID & CPR C**  
Must have completed Bronze Medallion and Emergency First Aid & CPR B

**RED CROSS WATER SAFETY INSTRUCTOR**  
Must be 15 yrs, able to perform Red Cross Swim Kids  
10 strokes and skills and hold one of: Emergency  
First Aid, Standard First Aid or Bronze Cross

**NATIONAL LIFEGUARD PROGRAM**  
Must be 16 yrs and completed Bronze  
Cross and Standard First Aid & CPR C

**LIFESAVING INSTRUCTOR**  
Must be 16 yrs and completed Bronze  
Cross

## Bronze Medallion and Emergency First Aid & CPR B

Candidates learn lifesaving principles in the four components of water rescue education: judgement, fitness, knowledge and skill. Rescuers learn tows, carries and release methods in preparation for risky and challenging rescues. Lifesavers develop endurance in a 500m timed swim. Emergency First Aid provides general knowledge and practical experience in first aid and CPR.

<b>Agency</b>	Lifesaving Society		
<b>Prerequisite</b>	13 years or Bronze Star		
<b>Materials</b>	Canadian Lifesaving Manual Fanny Pack		
<b>Fee</b>	Res: \$226.75 Non-Res: \$245.80		

<b>9183</b>	Tues-Fri	Dec 27-30	9:00am-5:00pm
<b>9184</b>	Mon	Jan 9-Mar 6	5:30-9:00pm

## Aquatic Volunteer Program

By volunteering at the pool you will earn credits for volunteer hours worked. These credits can be applied to the cost of select leadership courses required to become a lifeguard or swim instructor. Volunteer hours can also be used for High School Community Involvement.

<b>Prerequisite</b>	13 years and Bronze Medallion		
<b>Fee</b>	\$20		

<b>9186</b>	Thurs	Sept 22	4:30-6:00pm
<b>9187</b>	Thurs	Dec 15	4:30-6:00pm

## Bronze Cross and Standard First Aid & CPR C

Bronze Cross offers advanced training, including an introduction to safe supervision in aquatic facilities, the difference between lifesaving and lifeguarding, and the principles of emergency procedures. Includes a timed 600m swim. Standard First Aid provides comprehensive training in all aspects of first aid and CPR. Standard First Aid is recognized by the Workplace Safety and Insurance Board (W.S.I.B.).

<b>Agency</b>	Lifesaving Society		
<b>Prerequisite</b>	Bronze Medallion Emergency First Aid		
<b>Materials</b>	Canadian First Aid Manual		
<b>Fee</b>	Res: \$202.25 Non-Res: \$224.30		

<b>9188</b>	Mon	Oct 3-Dec 12	5:00-9:00pm
<b>9189</b>	Mon-Fri	Mar 13-17	9:00am-4:00pm

## **NEW!** Aquatic Fast Track

Launch your aquatic career. Earn one high school credit and Lifesaving qualification in one semester, as well as the aquatic courses needed to be a trained lifesaver. Students receive the following: 1 High School Credit (IDC30), Emergency First Aid with CPR-B, Standard First Aid with CPR-C, Bronze Medallion and Bronze Cross. Students will participate in a final exam in the water and must pass in order to receive the Lifesaving qualifications. An Examiner from the Lifesaving Society will evaluate the class. In addition to the course hours, students will need to sign up for a weekly volunteer commitment (2 hours each week for 10 weeks). This program was created in partnership with the Simcoe Muskoka Catholic District School Board and is available to all Ontario Secondary School Students.

<b>Agency</b>	Lifesaving Society		
<b>Prerequisite</b>	13 years or Bronze Star		
<b>Materials</b>	Canadian Lifesaving Manual Canadian First Aid Manual Fanny Pack		
<b>Fee</b>	Res: \$322.00 Non-Res: \$370.30		

## National Lifeguard Program

The National Lifeguard certification is Canada's professional lifeguard standard. The National Lifeguard training develops a sound understanding of lifeguard principles, good judgement, and a mature and responsible attitude towards the lifeguard's role. The National Lifeguard training emphasizes prevention and effective rescue response in emergencies including first aid treatment. Candidates develop teamwork, leadership and communication skills. Fitness requirements include a timed object recovery, 50 m sprint challenge, 50 m rescue drill and 400 m endurance challenge. 100% attendance is required. Unsuccessful candidates are required to take the entire course again.

<b>Agency</b>	Lifesaving Society		
<b>Prerequisite</b>	16 years Bronze Cross Standard First Aid * CPR C (must be provided by one of the following agencies: Lifesaving Society, St. John's Ambulance, Canadian Red Cross or Canadian Ski Patrol)		
<b>Materials</b>	Alert Manual		
<b>Fee</b>	Res: \$275.80 Non-Res: \$305.80		

<b>9190</b>	Mon-Fri	Jan 2-6	9:00am-7:00pm
<b>9191</b>	Fri-Sun	Feb 17-19, 24-26	Fri 5:00-10:00pm Sat & Sun 10:00am-8:00pm

## Red Cross Water Safety Instructors

Water Safety Instructor  
Skills Evaluation



Ensures candidates have the necessary water safety knowledge, strokes, and skills equivalent to the Red Cross Swim Kids 10 performance criteria as well as Instructor Emergency Response (IER) skills.



Water Safety Instructor  
Online



Focuses on the theory of instruction through videos, virtual games, online activities, workbook exercises and a knowledge evaluation at the end of each module.



Water Safety Instructor  
Teaching Experience



The candidate assists the Supervising WSI for first-hand experience with teaching progressions and swimmer skills in a class setting which provides a frame of reference to reflect on and link to the theory of the course.



Water Safety Instructor  
Classroom and Pool



Candidates demonstrate and receive feedback on their instructional skills to ensure they can effectively plan, teach and evaluate the Red Cross Swim programs.



The Water Safety Instructor (WSI) Course prepares candidates to instruct Red Cross Swim programs.

Candidates focus on strategies to introduce and develop swimming and water safety skills in the Red Cross Swim Preschool, Red Cross Swim Kid, Red Cross Swim @ School, Red Cross Swim @ Camp, Red Cross Swim for Teen & Adults, and Red Cross Swim Adapted programs.

### Prerequisites:

- 15 years of age
- Ability to perform Red Cross Swim Kids 10 strokes and skills
- One of: Emergency First Aid, Standard First Aid or Bronze Cross
- Certifications do not need to be current.

### Completion Criteria:

- Attend and participate in 100% of all WSI Course components.
- All course components (WSI - Skills Evaluation, WSI - Online, WSI - Teaching Experience, and WSI - Classroom & Pool) are evaluated against specific evaluation criteria on a pass/fail basis.
- All course components must be completed to receive the WSI certification.

Outside of the of the course dates and times listed below candidates will be required to:

- Complete 10 weeks of **TEACHING EXPERIENCE** (commitment of 2 hours 1 day/week) between Oct 1-Dec 12 (Fall Session) or Jan 14-Mar 10 (Winter Session). Candidates will sign-up for their Teaching Experience on the first day of the course
- Complete the **ONLINE MODULES** at home (approximately 20 hours) between Oct 1-Oct 28 (Fall Session) or Jan 14-Feb 10 (Winter Session).
- All dates below are mandatory and require attendance for course completion.

### Fall Session

<b>9192</b>	Sat***	Oct 1	2:00-7:00pm
	Fri	Nov 25	5:00-10:00pm
	Sat & Sun	Nov 26-27	10:00am-8:00pm

### Winter Session

<b>9193</b>	Sat***	Jan 14	2:00-7:00pm
	Fri	Mar 3	5:00-10:00pm
	Sat & Sun	Mar 4-5	10:00am-8:00pm

\*\*\*PLEASE NOTE: There is a mandatory information session from 2-3pm on the first date of each course. This is an informational session to help parents and candidates understand the expectations for the new WSI certification.

### Fee:

**Residents: \$311.00**  
**Non-Residents: \$335.15**



**CANADIAN  
RED CROSS**

## Lifesaving Instructor

Using in-class lectures and active pool sessions, teaching, in-class management, evaluation, instructional emergency response and administration skills are developed. Successful completion of this program enables candidates to instruct Lifesaving Society programs. 100% attendance required.

<b>Agency</b>	Lifesaving Society
<b>Prerequisite</b>	16 years Bronze Cross
<b>Materials</b>	Lifesaving Instructor Pack
<b>Fee</b>	Res: \$218.00 Non-Res: \$237.65

<b>9194</b>	Fri-Sun	Nov 11-13	Fri 5:00-10:00pm Sat & Sun 9:00am-8:00pm
<b>9195</b>	Fri-Sun	Feb 3-5	Fri 5:00-10:00pm Sat & Sun 9:00am-8:00pm

## Lifesaving Standard First Aid & CPR C Full Course

This course includes an in-depth understanding of topics such as medical/legal considerations, spinal injury management, environmental injuries, bone/joint injuries, abdominal/chest injuries, burns and other medical emergencies. Standard First Aid is recognized by the Workplace Safety and Insurance Board (W.S.I.B.).

<b>Agency</b>	Lifesaving Society
<b>Prerequisite</b>	12 years
<b>Materials</b>	Canadian First Aid Manual
<b>Fee</b>	Res: \$136.50 Non-Res: \$151.50

<b>9196</b>	Sat-Sun	Dec 10-11	9:00am-6:00pm
<b>9197</b>	Sat-Sun	Mar 25-26	9:00am-6:00pm

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%. Fees do not include applicable taxes.



**! Register early to avoid disappointment!**  
Courses will be cancelled a week prior to start date due to insufficient registration.  
100% attendance and participation is required.



# Leadership Recertifications



## Lifesaving Standard First Aid & CPR C Recert

This course reviews a candidate's existing Standard First Aid and CPR skills in a practical setting. Standard First Aid (SFA) award holders may recertify their Lifesaving Society SFA certification just once through a Lifesaving Society SFA Recertification course not more than three years from the SFA date of issue. To renew SFA certifications subsequently, award holders must repeat the full SFA Course. Thereafter, individuals may renew by alternating recertification and original courses. Holders of Standard First Aid certificates from other agencies may not recertify their certificate on a Lifesaving Society recertification course. They may recertify only with the original certifying agency.

<b>Agency</b>		Lifesaving Society	
<b>Prerequisite</b>		Current (within 3 years of certification date) Lifesaving Society SFA & CPR C full course	
<b>Materials</b>		none	
<b>Fee</b>		Res: \$80.50 Non-Res: \$89.80	
9198	Sat	Dec 10	9:00am-6:00pm
9199	Sat	Mar 25	9:00am-6:00pm

## National Lifeguard - Pool Recert

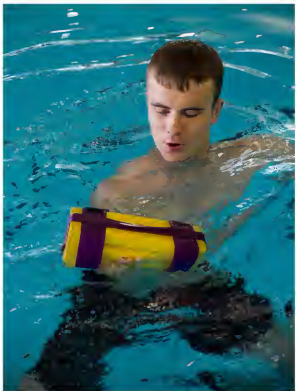
Recertification of the National Lifeguard Pool certification. National Lifeguard physical standard skills, emergency response situations, first aid situations, CPR and AED skills will be evaluated. Successful completion renews this award for 2 years.

<b>Agency</b>		Lifesaving Society	
<b>Prerequisite</b>		National Lifeguard - Pool	
<b>Materials</b>		none	
<b>Fee</b>		Res: \$92.80 Non-Res: \$102.10	
9200	Sat	Nov 19	3:00-9:00pm
9201	Sun	Feb 26	3:00-9:00pm

## Red Cross Water Safety Instructor (WSI) Recert

This course updates Red Cross Water Safety Instructor on program changes and reviews their skills. Successful completion renews this award for 2 years.

<b>Agency</b>		Red Cross	
<b>Prerequisite</b>		WSI	
<b>Materials</b>		none	
<b>Fee</b>		Res: \$90.50 Non-Res: \$99.80	
9202	Sat	Dec 3	3:00-9:00pm
9203	Sat	Mar 11	3:00-9:00pm



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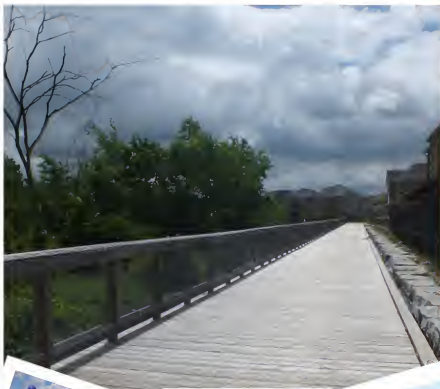
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The Town of Bradford West Gwillimbury manages 20 Parks and Parkettes for all residents to enjoy. Many of the Town parks include features such as accessible picnic tables, wider pathways and curb cuts for ease of access for wheelchairs and strollers. Your efforts to help keep the parks clean will motivate others to do the same.

#### Did You Know ...?

- There are over 100 acres of parks and open spaces to be enjoyed year round in Bradford West Gwillimbury.
- Park features; from play areas, sport courts with basketball and winter skating facilities; play structures, ball diamonds, soccer pitches, tennis courts and plenty of benches on which to relax and watch the fun.
- All playgrounds are inspected regularly as per Canadian Safety Association (CSA) legislation. Residents are reminded to perform their own "walkabout" of the playground area prior to allowing children on any equipment or play structure.
- You are welcome to bring your dog(s) to any of the parks, however, they must be leashed at all times and all litter picked up as per the Town's Stoop and Scoop By-law.
- Leave the car and take a walk at a number of locations in and around town that include woodlots and lots of wildlife.

#### Park Regulations

Your co-operation in following the posted rules that have been established to maintain the parks is appreciated.

1. Town By-law requires that dog owner clean up after their dog within Town limits.
2. Dogs must be kept leashed in all public areas, including parks.
3. Motorized vehicles other than authorized vehicles are not permitted in the parks. This includes snowmobiles, motorbikes or automobiles. Irresponsible vehicle users can do tremendous damage to the parks and natural areas.
4. For the safety of all park users, golfing is not permitted in Town parks.
5. Alcoholic beverages are also NOT permitted in Town parks.

If you see anyone vandalizing or abusing Town parks, please contact the South Simcoe Police Services at 905-775-3311.

## PARK Safety Tips

### Playground Equipment Safety Tips

- Remove cords and drawstrings on children's hoods, hats and jackets
- Tuck in all clothing that can get caught on playground equipment
- Make sure your child does not tie ropes or skipping ropes to slides and other playground equipment
- Have your child remove his/her bicycle helmet before using playground equipment. Bicycle helmets can get trapped on the equipment and strangle a child
- Always check the playground equipment and play surfaces prior to your child using. Damaged equipment or broken glass can be reported by calling 905.775.5359 ext. 5203
- Remember, Safe Play is Supervised Play.



## PARKS

	Playground	Picnic/Rest Area	Portable Toilets (Seasonal)	Ball Diamonds	Soccer Pitches	Tennis Courts	Basketball Courts	Outdoor Ice Rinks	Splash Pads	Trails/Walking Path	Parking
Bud Brown Park (7 Dixon Blvd.)	X	X	X		X		X	X			X
Centennial Park (125 Simcoe Rd.)		X	X	X	X	X					X
Henderson Field (3200 10th Sideroad)			X		X						X
Joe Magani Park (3473 11th Concession)	X		X	X	X						X
Davey Lookout (33 Noble Dr.)	X				X						
Fuller Heights Park (132 Collings Ave.)		X		X							X
Kuzmich Park (143 West Park Ave.)	X	X	X		X		X		X	X	
Lions Park (226 Colborne St.)	X	X	X	X		X			X	X	X
Luxury Park (140 Kulpin Ave.)	X	X	X	X			X				X
Taylor Park (400 Walker Ave.)	X	X	X		X					X	X
Veterans Park (112 Gardiner Dr.)	X										
dePeuter Park (31 DePeuter Ave.)	X										
Rotary Park (300 Holland Crt.)		X								X	
Harman Park (50 John St. E.)	X	X									X
Jackson Park (21 Stoddart Crt.)	X	X									
Legion Park (122 Wood Cres.)	X	X									
Rose Garden (159 Queen St.)		X									
Summerlyn Parkette (Summerlyn Trail)	X										X
Grand Central Parkette (Gwillimbury Trail)	X										X
Dreamfields Park (123 Crossland Blvd.)	X	X		X			X		X	X	
Brookfield Park (102 Mooney St.)	X	X									X
Westbrook Park (93 Long St.)	X										X



# Outdoor Sports Facilities



## OUTDOOR SPORTS FACILITIES

### ball diamonds



Ball diamonds are available for rental by an individual or group. All adult and intermediate ball diamonds have lighting. Youth diamonds are not lit.

**Centennial Park**  
– 2 Regulation Softball Diamonds

**Fuller Heights Park**  
– 1 Junior Size Diamond

**Joe Maganti Park**  
– 3 Regulation Softball Diamonds

**Lions Park**  
– 1 Junior Size Diamond

**Luxury Park**  
– 1 Junior Size Diamond

### soccer pitches



Soccer pitches are available for rental by an individual or group. All full fields have lighting. Youth and mini/micro pitches are not lit.

**Alan Kuzmich Park**  
– 1 Intermediate (not lit)

**Bud Brown Park**  
– 1 Intermediate (not lit)

**Centennial Park**  
– 1 Full Size, 4 Mini

**Henderson Field**  
– 1 Full Size

**Joe Maganti Park**  
– 1 Full Size

**Timor Park**  
– 3 Mini (not lit)

**Dreamfields Park**  
– 1 Intermediate (not lit)

### tennis courts

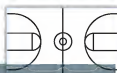


Tennis courts are available for public use, on a first come, first use basis. All tennis courts have lighting.

**Centennial Park**  
– 2 Regulation Sized Courts

**Lions Park**  
– 4 Regulation Sized Courts

### basketball courts



Basketball courts are available for public use with regulation sized nets

- Alan Kuzmich Memorial Park
- Bud Brown Park
- Dreamfields Park
- Luxury Park

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\*Marketing Research Jan 2015

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For more than 20 years, we at the award-winning Bradford Times newspaper have taken great pride in being Bradford's most trusted source for local news and information.

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**Bradford Times**

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or visit:

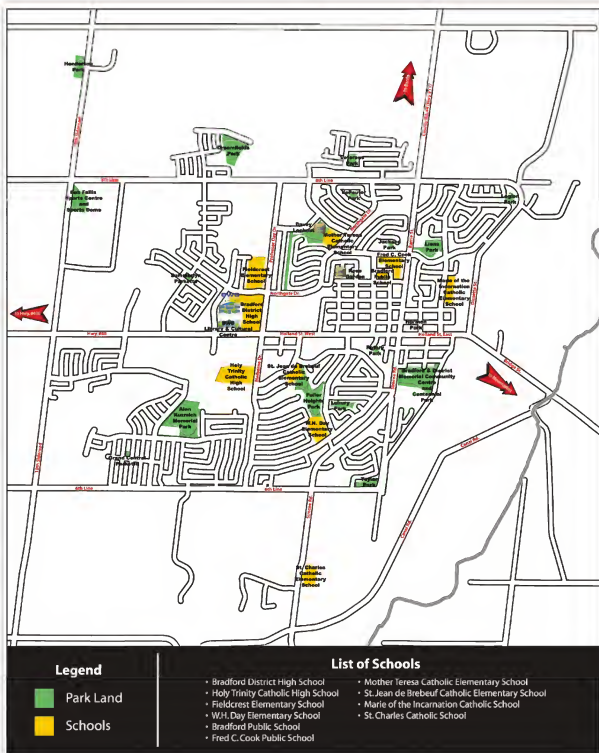
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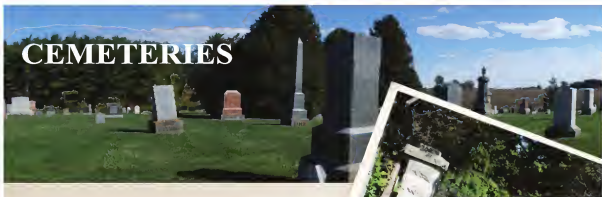
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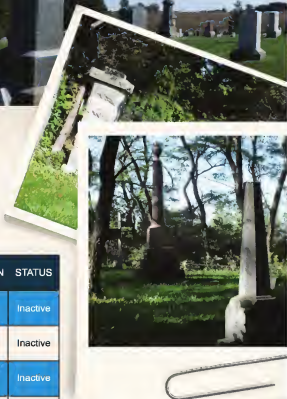




# Cemeteries



All cemeteries in the Town of Bradford West Gwillimbury were acquired during amalgamation procedures in 1991. The Town of Bradford proper, did not have any cemeteries within its boundaries. Below lists the Town of Bradford's operated and maintained cemeteries.



NAME OF CEMETERY	ADDRESS	CLASSIFICATION	STATUS
Auld Kirk Cemetery (Old Presbyterian Church)	3380 Line 6	Pioneer/ Historic	Inactive
Belfry	2620 Line 8	Pioneer/ Historic	Inactive
Christ Church Cemetery	3290 County Rd. 88	Pioneer/ Historic	Inactive
Ebenezer United Church Cemetery (Ebenezer Methodist)	4045 County Rd. 4	Municipally Managed	Active
Law Cemetery (Brick Wall)	4452 Line 11	Pioneer/ Historic	Inactive
Mount Pleasant	3217 County Rd. 4	Municipally Managed	Active
Society of Friends (Old Quaker Cemetery, Dunkerron)	4356 Line 3	Pioneer/ Historic	Inactive
Sutherland Wesleyan Methodist Cemetery and Rogers Cemetery	3606 Line 8	Pioneer/ Historic	Inactive
Tenth Line Methodist Episcopal (Asa Stewart)	2760 Line 10	Pioneer/ Historic	Inactive
Wilson's Hill	4359 Line 12	Pioneer/ Historic	Inactive
Dunkerron United Church Cemetery	4324 Line 3	Pioneer/ Historic	Inactive



125 Simcoe Rd., P.O. Box 251  
Bradford, ON L3Z 2A8  
[www.townofbwg.com](http://www.townofbwg.com)

For more information,  
contact Judith Rigg at:  
[jrigg@townofbwg.com](mailto:jrigg@townofbwg.com)  
call 905.775.5359 Ext. 5200

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Bradford Leisure Centre on Aug 23, Sept 8  
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Apply at [www.ssbasketball.ca](http://www.ssbasketball.ca).**

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**SCOUTS CANADA**

**Scanlon Creek** *A Destination for  
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Located just north of Bradford, Scanlon Creek Conservation Area offers a chance to get outside and escape from the everyday.


Come and discover over 10 km of enhanced trails that guide you through beautiful forests and natural wetlands – a bird watchers delight! Attend a seasonal event or take your dog to the off-leash Bark Park. Book a picnic at one of the pavilions located beside the Discovery Play Garden for kids.


Whether you want to run, walk, ride, learn or relax, get outside and experience the healthy benefits that Scanlon Creek has to offer.


Scanlon Creek Conservation Area is located at 2450 9th Line. There is a \$10 per vehicle gate entrance fee or no charge with an annual family pass.

To learn more about Scanlon Creek or to purchase an annual family pass, please visit [www.LSRCA.on.ca](http://www.LSRCA.on.ca).



 Lake Simcoe Region Conservation Authority

 Friends of Scanlon Creek

 Lake Simcoe Conservation Foundation

Please support the revitalization of Scanlon Creek by donating at [www.lakesimcoefoundation.ca](http://www.lakesimcoefoundation.ca) Check out the Friends of Scanlon Creek at [www.facebook.com/FriendsOfScanlon](http://www.facebook.com/FriendsOfScanlon).

# Community & Sports Groups

## Adult Day Program

Benefiting seniors who are isolated, frail or with memory loss

CHATS Adult Day Program is designed for seniors and provides a variety of engaging social and wellness programs, companionship, a full lunch and snacks, support with personal care, as well as respite for the caregiver.

Our Recreation Programmers and Personal Support Workers are here to provide a fun, caring and safe atmosphere. Transportation may be provided depending on your geographical area and the program has subsidy rates available.

Call for a visit and lunch today!

Program operates Monday – Friday 8:30 a.m. – 4:00 p.m.

For more information, please contact the Day Program Supervisor at 905-713-3373 ext. 6220 or Toll Free: 1-877-452-4287

## Seniors Wellness Program

Thursdays, 10:00 a.m. to 1:00 p.m.  
The Bradford Legion - 115 Back St., Bradford



- Health and wellness education, gentle exercise, activities and nutritious lunch
- Affordable and accessible – \$8 per visit (prices subject to change)
- Subsidies available
- Transportation service included

For more information, please contact our Outreach Coordinator at 905-713-3373 ext. 7059 or Toll Free: 1-877-452-4287



**CHATS**  
Community & Home  
Assistance to Seniors

## Caregiver Support & Education

Caring for an aging parent, spouse, relative or friend?

With CHATS Free Caregiver Support and Education, Caregivers can rest assured!

- **Personal Consultations and Counselling:** Our professional Caregiver Education Counsellors will meet with you to discuss your caregiving concerns and support you in finding solutions.

- **Support Groups:** Opportunities to meet others in similar situations and discuss unique issues.

- **Workshops:** Educational opportunities on topics of interest to caregivers.

For more information, please contact our Caregiver Education Counsellor at 905-713-3373 ext. 6226 or Toll Free: 1-877-452-4287

448 Holland Street West, Bradford  
1-877-452-4287 [www.chats.on.ca](http://www.chats.on.ca)  
(too well, age well, be well)



## YOUTH CENTRE

**\*FREE\*** programs for youth age 11-18!

Check us out...

[www.ctministries.ca/the-hub/programs](http://www.ctministries.ca/the-hub/programs)

[hub@ctministries.ca](mailto:hub@ctministries.ca)

## 2016-2017 Season

New Season begins  
September 15, 2016  
to June 1, 2017

Registration fee \$65.00 for the season



**BRADFORD**  
BADMINTON CLUB

## Early Bird Special

Register at the club between  
September 15 and October 31 and save.

**Pay only \$50 and  
receive a FREE tube  
of feather birds.**

Registration is available to players 16 and older. Play begins at 7:30 pm until 10 pm Monday and Thursday at Bradford District High School located at 70 Professor Day Drive.

For details please contact  
Michel (905-775-1315) or Alan (705-458-1655)

[Bradfordbc.proshoptdirect.ca](mailto:Bradfordbc.proshoptdirect.ca)

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Broadway Style Stage Productions

**Triple Threat (Jr., Int. & Sr.)**  
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Acting, Comedy, Public  
Speaking & a Full Length Play  
**Broadway Babies & Little Musicians**  
Sing, Dance, Costumes, Games



**For Information or Studio Tour**  
905-778-0440 or [info@mimpa.ca](mailto:info@mimpa.ca)  
150 Artesian Industrial Pkwy, Unit 6, Bradford






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**THANK YOU!**

On behalf of the Bradford Minor Softball Executive, Players, & Parents, we would like to extend our full appreciation to all of our very generous sponsors for the 2016 season.

Monitor our website and Facebook page for registration information, and exciting news for our 2017 Season!

For more information, visit us at [www.BradfordMinorSoftball.com](http://www.BradfordMinorSoftball.com) or at [www.Facebook.com/BDMSSAstorm](https://www.facebook.com/BDMSSAstorm)




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# Who Do I Call?



# Library & Cultural Centre



**Your Bradford West Gwillimbury Public Library is a community gathering place providing access to knowledge, ideas and cultural experiences.**

Individuals who live, work or go to school in Bradford West Gwillimbury are eligible for a free Library card. It's your key to borrowing materials and accessing our wide-range of online resources and services...so get yours today!

#### OUR VISION

We strive to offer diverse collections, accessible technology, enriching cultural experiences and dynamic, interactive spaces. Library staff is welcoming, knowledgeable, and committed to engaging the community through collaborative and innovative programming.

#### MORE THAN JUST BOOKS...

##### PROGRAMS FOR CHILDREN, TEENS, ADULTS & SENIORS

The Library is pleased to offer a wide-range of regular programs for children, teens, adults and seniors. Program and event offerings vary each season so visit our website regularly, and follow us on social media to keep informed about each new session.

Regular programs for children include Creative Activities for Creative Minds, Kid's Groove, Reading Buddies, Storytime, Family Saturdays and PA Day Movies.

For teens, we regularly offer programs such as our Teen Advisory Group, Book Club, Conversational French, and Crafternoons.

Regular adult programs Include Book Club, Scrapbooking, Knit Happens, BWG Writers' Circle, Genealogy Club, live music events and author visits. We have recently added some great new programs for adults and seniors including our Afternoon Tea Book Club, Monday Movie Matinees and a Seniors Social Club.

#### LAPTOP LENDING

We are pleased to announce our new Laptop Lending Service! Library patrons in good standing may borrow one of our laptops for 2 hours for use within the Library. Laptops are available on a first-come, first-served basis and may not be reserved.

#### SCANNING AND PRINTING SERVICES

Did you know that you can scan documents to email or usb flash drive at no charge? Printing is also available at the Library at a cost of \$0.10 per page for black & white and \$0.25 for colour.

For complete details on Library programs, services, collections and events visit the Library's website at:

[www.bradford.library.on.ca](http://www.bradford.library.on.ca)



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425 Holland Street West, Bradford, ON L3Z 0J2  
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Follow and tag us on Facebook, Twitter and Instagram!

# BWG Fire & Emergency Services



## BRADFORD WEST GWILLIMBURY FIRE & EMERGENCY SERVICES

75 Melbourne Drive, Box 1226, Bradford, Ontario L3Z 2B6

Tel: (905) 775-7311 Fax: (905) 775-0163 [www.town.bradfordwestgwillimbury.on.ca](http://www.town.bradfordwestgwillimbury.on.ca)



Kevin Gallant, Fire Chief

905-775-7311, Ext. 4101 [kgallant@townofbwg.com](mailto:kgallant@townofbwg.com)

Olaf Lamerz, Deputy Fire Chief

905-775-7311, Ext. 4102 [olamerz@townofbwg.com](mailto:olamerz@townofbwg.com)

Andrew McPherson, Fire Prevention Inspector

905-775-7311, Ext. 4103 [amcpherson@townofbwg.com](mailto:amcpherson@townofbwg.com)

Nicole Higgins, Fire Prevention Inspector

905-775-7311, Ext. 4114 [nhiggins@townofbwg.com](mailto:nhiggins@townofbwg.com)

Frederica Harvey, Administrative Assistant

905-775-7311, Ext. 4100 [tharvey@townofbwg.com](mailto:tharvey@townofbwg.com)

The Bradford West Gwillimbury Fire and Emergency Services headquarters is located at 75 Melbourne Drive. All fire department personnel operate from this station. Suppression crews consisting of fulltime firefighters, supported by volunteer firefighters respond from this station 24 hours a day, seven days a week.

In addition to fire calls, fire suppression crews respond to alarms for auto extrication, water rescue, carbon monoxide, medical or ambulance support, hazardous material responses, as well as assistance during times of natural disasters.

## INSTALL SMOKE ALARMS IT'S THE LAW!



Most fatal fires occur at night when people are asleep. Often, victims never wake up. A working smoke alarm will detect smoke and sound an alarm to alert you, giving you precious time to escape.

Every home in Ontario must have a working smoke alarm on every storey and outside all sleeping areas.

### Homeowners

It is the responsibility of homeowners to install and maintain smoke alarms on every storey of their home and outside sleeping areas.

### Landlords

It is the responsibility of landlords to ensure their rental properties comply with the law.

### Tenants

If you are a tenant of a rental property and do not have the required number of smoke alarms, contact your landlord immediately. It is against the law for tenants to remove the batteries or tamper with the alarm in any way.

**Failure to comply with the Fire Code smoke alarm requirements could result in a ticket for \$235 or a fine of up to \$50,000 for individuals or \$100,000 for corporations**

Ensuring your family is prepared when the unexpected happens is where emergency preparedness and planning can assist. Please contact the Fire Prevention Division for information on:

- RESIDENTIAL HOME INSPECTIONS • HOME SMOKE ALARM PROGRAM
  - SMOKE ALARMS • CARBON MONOXIDE ALARMS • HOME ESCAPE PLANS
- For more information on the services that we provide or to book fire hall tours or inspections, please the Bradford West Gwillimbury Fire and Emergency Services at (905) 775-7311.



IN ORDER TO SERVE THE COMMUNITY EFFICIENTLY, RURAL RESIDENTS MUST MAINTAIN THEIR CIVIC ADDRESS.

- A reflective plate is required to display the address.
- Contact the Fire & Emergency Services at 905-775-7311.

**The Clerk's Division** of the Corporate Services Department is responsible for many of the administrative and legislative functions of the Town of BWG, such as:

- Council Secretariat – coordinates public meetings, schedules deputations and presentations, prepares agendas, circulates materials and correspondence to Council and records all proceedings of Council and committees;
- Maintains corporate records and vital statistics;
- Commissions documents;
- Processes insurance claims;
- Prepares by-laws and agreements;
- Handles requests made under the *Municipal Freedom of Information & Protection of Privacy Act*;
- Oversees corporate communications including the Town website and social media;
- Conducts Municipal Elections; and
- Ensures the Town is in compliance with the *Accessibility for Ontarians with Disabilities Act, 2005*



### Be in the know with CivicWeb!

The Town's CivicWeb Council Portal is a website that allows citizens to:

- Review agendas and minutes
- View a calendar of all meetings
- See details of Town-run community events
- Learn about Council and Committee meetings
- Provide comments on topics before Council
- Search documents including by-laws, forms and applications



To visit the site, go to [www.townofbwg.com](http://www.townofbwg.com) and select CivicWeb Council Portal from the Council & Committees menu. If you would like to receive e-mail notifications of scheduled meetings, click E-UPDATES on the portal main page and set your preferences.

Regular Council meetings are held the first and third Tuesday of each month. Members of the public are invited to attend all Council, Committee of the Whole and other committee meetings.

If you wish to address Council, please contact the Clerk's Division for information on the various options available to you.

For meeting schedules and information, please refer to the Town Page in the Bradford Times newspaper, or visit the Town's website and select Community & Events, then click on Community Calendar.

You may contact us for more information at any of the following:



905-775-5366



905-775-0153



[info@townofbwg.com](mailto:info@townofbwg.com)



100 Dissette Street, Unit 7 & 8, P.O. Box 100, Bradford ON, L3Z 2A7



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[www.twitter.com/townofbwg](https://twitter.com/townofbwg)



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# Corporate Services

**The Enforcement Division** is the second part of the Legislative Services Department and is responsible for the enforcement of the Town's various regulatory by-laws. The Enforcement Division also heads the Crossing Guard program for schools located in Bradford West Gwillimbury.

The Enforcement Division enforces all of the following categories of regulations, restrictions and by-laws:

## PARKING ENFORCEMENT

The following are applicable on all streets in BWG, including unassumed roadways and new subdivisions. Please follow restrictions on posted signs and also be aware of the following common violations.

### No Parking:

- on any street from Nov. 1 through May 1 from 2:00-6:00 a.m.
- on or over any portion of a sidewalk
- by a commercial vehicle on any street
- on any grassed portion of a boulevard
- within 3 metres of a fire hydrant
- facing the wrong way (driver's side to curb)

## REGULATORY BY-LAW ENFORCEMENT

Regulations are in place regarding:

- fireworks
- graffiti
- lawn watering
- littering
- noise control
- road occupancy
- signs
- zoning

To view a complete list of by-laws please visit [www.townofbwg.com](http://www.townofbwg.com)

## PROPERTY STANDARDS

Applicable by-laws include:

- Property Standards (exterior of buildings and interior rental unit complaints)
- Clean Yards (debris, garbage, unsafe conditions in all exterior yards)
- Stagnant and Standing Water (unopened pools, manmade ponds, depressions with stagnant water)

## ANIMAL CONTROL SERVICES

The Town of BWG contracts the services of K9 Pest Management Services to conduct dog and cat control and provide shelter services for our municipality.

For more information or to file a domestic animal complaint please call 1-855-898-8605 or contact [BradfordACO@hotmail.com](mailto:BradfordACO@hotmail.com)

The following animal control services are provided 7 days a week from 8:00 a.m. - 4:00 p.m., with 24/7 emergency service:

- Dog licensing and tag sales
- Injured/sick dogs and cats on public property or at large
- Dogs at large and "stoop and scoop" offences
- Dogs suspected of having rabies
- Dog Owners Liability Act
- Attacks involving dogs
- Barking dogs
- Kennel/shelter/adoption services located in Aliston, ON
- Removal of domestic roadkill

## LICENSING

The Enforcement Division issues licences for:

- adult entertainment establishments
- dogs
- food vehicles
- kennels
- lotteries
- Ontario Wildlife Damage Compensation claims
- marriages
- taxi cabs

### Other permits:

- Municipal Clearances - new liquor sale licenses or additions to existing ones



## WILDLIFE

The Town of BWG does not provide services related to wildlife on private property. Property owners should contact a wildlife control or removal company to have the wildlife removed at their own expense.

**Please note:** The following list of wildlife control and removal firms is provided for information only. The Town does not endorse or recommend any of these companies and residents should research any business prior to retaining their services.

AAA Gates Wildlife Control  
(877-750-9453) - Toronto

Active Wildlife Control  
(888-785-8841) - Aurora

Animal Movers  
(905-235-6323) - Newmarket

Anything Wild  
(416-809-7084) - Toronto

Critter Cop Wildlife Removal  
(705-445-9444) - Collingwood

Environmental Pest Control  
(905-836-5855) - East Gwillimbury

ICE Pest Control & Wildlife  
(416-246-2256) - Toronto

Simcoe Pest Control  
(866-628-4470) - Barrie

Varmint Control  
(705-424-7743) - Borden

York Pest Control  
(905-853-0702) - East Gwillimbury

## COMPLAINTS AND INQUIRES

For further information about the Enforcement Division or to file a complaint please visit [www.townofbwg.com](http://www.townofbwg.com) or call 905-775-5366

## How the Office of Economic Development can help your business . . .

### 1 INFORMATION RESOURCE

The Office of Economic Development (OED) has a website filled with data and statistics on the Town, as well as links and resources to help new or established businesses prosper.

### 2 SITE SELECTION ASSISTANCE

Looking for a new location for your business? Expanding your current facilities? Want to know where the latest development sites are? Assistance is available to find a spot that is right for you.

### 3 SEMINARS & WORKSHOPS

In partnership with Nottawasaga Futures and the Bradford Board of Trade, the OED coordinates seminars/workshops to help with business planning, marketing, financial reporting and accounting.

### 4 COMMUNITY IMPROVEMENT PLANS

In 2016, the Town updated several financial incentive programs available to downtown businesses, industrial/commercial operators and those interested in developing seniors housing. For details, please contact the Office of Economic Development or visit our website.

**The Town of Bradford West Gwillimbury is open for business !**

**For further information please visit:**

**[www.gotobwg.ca](http://www.gotobwg.ca)**

**Address: 305 Barrie Street, Unit 4B, Bradford L3Z 2A9**

**Phone: 905-778-2055  
x1301**



## Human Resources



## Human Resources



As employment openings with the Town of Bradford West Gwillimbury arise, advertisements for applicants are placed in various newspapers, applicable association websites and on the Town of Bradford West Gwillimbury website. The location of the job postings are dependent on the nature of the vacant position. The Town does not have the systems and/or policies in place that allow us to keep resumes on file, therefore we do not accept unsolicited resumes.

Resumes received for job advertisements will be considered during the recruitment process, however due to volume, only those applicants selected for an interview will be contacted.

Check out our website at [www.townofbwg.com](http://www.townofbwg.com) for current job opportunities.



### **BRADFORD WEST GWILLIMBURY SENIORS ASSOCIATION "DANUBE SENIORS LEISURE CENTRE"**

715 Simcoe Road  
Bradford West Gwillimbury, Ontario L3Z 2A6  
905-775-0612 • [www.danubeseniors.club](http://www.danubeseniors.club)

The Danube Seniors Leisure Centre is located on Simcoe Road, South, towards canal Road. The Centre is open weekdays from 9:00 - 3:00 pm.

The Centre's Activities include:

#### ***Mondays***

Pool, Fitness Class, Bridge

#### ***Tuesdays***

Bid Euchre, Walking Club,  
Canasta & Tai Chi

#### ***Wednesdays***

Line Dancing, Crafts, SKAT club, Poker, Chess

#### ***Thursdays***

Pool, Euchre

#### ***Friday***

Scrapbooking, Fitness Class, Pool, Carpet Bowling & Dominoes

#### ***Saturdays***

The Verge Group of Artists

#### ***Sundays***

Open House from 1:00-3:00 pm! Come out and enjoy  
carpet bowling and other interests!

The Centre also has a pool table, ping-pong tables, and a lending library! Some other activities include Monthly Birthday Luncheons, Health Seminars, and Dinners for various occasions.

Would you like to become a member? Membership is open to anyone 55 and over with a permanent address and phone number. Fees are \$10 for Bradford residents and \$15 for non-residents of Bradford West Gwillimbury. Please drop in, have a coffee and see our facilities! Take a monthly newsletter or programs. We are always open to suggestions for improvement!

#### **Woodworking Shop:**

Mon., Wed., 9:00 am-12 noon

Fri. - *By Appointment*

#### **Daily Lunches:**

Mon. - Wed. & Fri. 11:30 am

**To promote friendship, fellowship, mutual respect and understanding**



## Community Services

Residents of Bradford West Gwillimbury:

As part of an ongoing policy for the maintenance and protection of the Towns' infrastructure, the Wastewater division of the Community Services Department will be conducting sewer cleaning and inspection on a two year rotating cycle.

The Town would like to take this opportunity to thank the residents for their cooperation during this operation. There exists the possibility of some minor disruptions and disturbances during the cleaning process. Firstly the vehicle that performs this work can be slightly noisy so it may require residents to close windows until the vehicle moves on. Secondly, although the operators are highly trained and skilled there exists the potential of creating "blow back" in the sewer. This condition could cause water to drawn out of and push back into your drains and toilets causing spillage. The Town would ask that residents close their toilet lids and secure them where possible. This condition is rare but has happened in the past so it is our duty to inform you and ask you to take these precautions. The cleaning will take approximately 20 minutes per section so any inconvenience should be of a minimal duration.

Should you have any question or concerns please call Mark Del Brocco, Wastewater Collection System Supervisor, 905-775-3252. We ask that you refrain from talking directly with the operators as this machinery is normally being operated in traffic and is potentially dangerous. We would ask that you use extreme caution when driving through the work areas.

Thank you for your cooperation in keeping Bradford West Gwillimbury infrastructure working.

Wastewater Department

### Did you know?

In order to maintain a properly functioning sewer system, certain materials should **NEVER** be disposed of into sinks or toilets. The following are some examples of things that cause blocked drains, equipment damage, and can interfere with the treatment process.

- Diapers, Q-Tips
  - Sanitary napkins, tampons and plastic applicators
  - Dental Floss & Hair
  - Condoms
  - Baby wipes and cleaning cloths
  - Kitchen oil and grease
  - Oil, fuels and other hazardous materials
  - Medication
- \*Please note that the use of garburators is not recommended due to the potential blockages.



**Debbie Moran, Agent**  
100 Dissette St  
Bradford, ON L3Z 2B5  
Bus: 905-775-3584  
debbie@debbiemoran.ca

State Farm, Aurora, ON  
1211999CN



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Ontario  
L6G 1M0

(905) 775-3335

FAX (905) 775-8534

(905) 895-8062



# Finance

## When are Property Taxes Due?

Every year, The Town of Bradford West Gwillimbury issues an Interim and Final Tax Billing with two instalments per billing.

2016 TAX YEAR	NON-CAPPED PROPERTY	CAPPED PROPERTY
Mailing Date	Last week in January	Last week in January
Interim 1st Instalment	Due February 25, 2016	Due February 25, 2016
Interim 2nd Instalment	Due April 27, 2016	Due April 27, 2016
Mailing Date	Last week in May	Last week in July
Final 1st Instalment	Due June 28, 2016	Due August 29, 2016
Final 2nd Instalment	Due September 28, 2016	Due October 27, 2016

Non-Capped Property include: Residential, Farm, Managed Forest & Pipeline assessment tax classes

Capped Property include: Commercial, Industrial & Multi-residential assessment tax classes (also includes properties that have a mix of Capped and Non-Capped assessment)

Please note that if you have not received your property tax bill by the 15th day of the month for which the first instalment of property taxes is due, as noted above, please contact Finance Customer Service at 905-775-5303.

Omitted/Supplementary Property Tax Billings are issued for New Building Construction, Additions or Renovations and for Property Class Changes. Omitted/Supplementary tax bills are in addition to your regular property tax bills and are issued after the final billings have been issued and will be due in two instalments as determined at the time of the billing.

## Property Taxes are Payable by any of the Following Methods

- Pay automatically by enrolling in one of the Town's three convenient Pre-Authorized Payment Plans; please visit the Town's website for more details.
- At Financial Institutions through personal teller service; your mortgage; and telephone or internet banking. Please note that the reference number for Property Tax payments is your 19 digit tax roll number that begins with 4312 and ends with 0000.
- By mailing a cheque (current or postdated) with the attached tax stub(s), if you require a receipt please return your bill with a self-addressed, stamped envelope.
- In person at the Town of Bradford West Gwillimbury Finance Office at 61 Holland Street East, Bradford between 8:30 am & 4:30 pm. Monday to Friday for cheque (current or postdated), cash and debit card payments. There is also a drop box available after hours at this location for cheque payments. Please do not leave cash payments in the drop box.
- By VISA, MasterCard, Discover or American Express Payment. For details visit the Town's website at [www.townofbwg.com](http://www.townofbwg.com) and select "Property Taxes" under A - Z Services and then click on the E-Pay button. A convenience fee will apply.

## Penalty and Interest for Late Payment of Property Taxes

Penalty and interest, at the rate of 1.25% per month will be added to each instalment of taxes past due on the first day of each calendar month until paid in full.

Late payment charges are levied by Council By-Law under the authority of the Municipal Act and cannot be waived or reduced by Municipal Staff. Failure to receive a tax bill does not excuse the property owner from responsibility for payment, nor relieve him/her from liability of penalty for late payment.

Please be advised that all payments received are applied first to all penalties owing, then the remainder to the oldest taxes outstanding.

A service charge will be applied in accordance with the Fees and Charges By-Law, if payment is dishonoured by the bank for any reason and for any request to transfer payments between accounts.

### **Property Tax Receipt**

If you require a receipt, please bring your final tax bill to the Finance Department located at 61 Holland Street East, Bradford after the September tax instalment has cleared your bank account and your tax bill will be stamped paid in full.

If you do not have your final tax bill, a copy of your tax account payment history can be printed for a fee of \$10.00. You must attend the Finance Department in person and photo id is required for verification of ownership.

### **Change of Home Ownership**

It is the property tax department's responsibility to mail the tax bill to the property owner on record as of the date the tax bills are issued. When you purchase a home please check with your lawyer or the tax office to confirm when the next property tax payment is due. You may not receive a notice from us until an instalment becomes past due and penalty and interest charges could incur. Penalty and Interest charges will apply regardless of any change in ownership. The Statement of Adjustments prepared by the lawyer will set out the tax obligation of the vendor and the purchaser.

### **Ontario Senior Homeowners' Property Tax Grant (OSHTPG)**

This grant is intended to help offset the property taxes for seniors who own their own home and who have low to moderate incomes. This program is administered by Canada Revenue Agency. For 2009, the maximum grant is \$250. For 2010 and later years, the maximum grant will be \$500. Enquiries can be made to the Canada Revenue Agency at 1-800-959-8281 (service in English) or 1-800-959-7383 (service in French).

### **Commercial & Industrial Vacancy Rebate Application Deadline**

To be eligible for a rebate the entire commercial or industrial building or a suite or unit within the commercial building must be vacant for at least 90 consecutive days. The assessment on the building or unit being claimed must be in the fully taxable commercial or industrial tax class. The applications will be verified to ensure they meet all the criteria set forth in the application.

The deadline for submitting applications is February 28 of the year following the taxation year to which the application relates. An Interim application may be submitted by July 31 of any year with respect to the period January 1 – June 30 of that year.

Applications are available at the Finance Department located at 61 Holland Street East, Bradford or by downloading the application from the Town's website at [www.townofbwg.com](http://www.townofbwg.com).

### **Eligible Charities Rebate**

Payments to eligible charities will be made in accordance with the County of Simcoe By-law No. 6104. The eligible charity's property must reside within the commercial and industrial property class. An eligible charity which has a registration number issued by the Canada Customs and Revenue Agency under Section 248(1) of the Income Tax Act, must submit an application to the lower-tier municipality in which the eligible charity resides, after January 1 of the year and no later than the last day of February of the following year.

Applications are available at the Finance Department located at 61 Holland Street East, Bradford.

# Finance

## Newly Constructed Homes

Owners of newly constructed homes may receive a property tax bill for the value of the vacant lot only, until the home is assessed. Once the house is assessed, you will receive an omitted/supplementary tax bill for the taxes on the value of your home. This process may take up to 3 years and the taxes due will be retroactive to your date of occupancy and will all be due in two instalments as determined at the time of the billing. For an estimate of your annual taxes, multiply the purchase price of your home by the current tax rate (2015 tax rate was 0.01119161) or contact the Finance Department at 905-775-5303.

## Curbside Waste and Recycling

The County will be offering all the residents of the County the same level of service for curbside collection of Waste, Organics, Blue Box and Yard Waste. The cost for this service will be collected through the County general tax levy.

If you have any questions please call County of Simcoe Customer Service at 1-800-263-3199.

## Property Assessment

The Municipal Property Assessment Corporation (MPAC) is responsible to value and classify your property. MPAC is a not-for-profit corporation funded by all Ontario municipalities. If you have any questions regarding your property assessment please contact MPAC at 1-866-296-6722, by email at [enquiry@mpac.ca](mailto:enquiry@mpac.ca) or visit their website at [www.mpac.ca](http://www.mpac.ca).

Please note if you feel your property assessed value or classification is not correct, you may file a Request for Reconsideration (RfR) with MPAC. The deadline to file your RfR with MPAC is included on your Assessment Notice

*To enquire about your property eligibility for the farm or managed forest classes or conservation land exemption, please contact:*

Farm Property Tax Class Program – Ontario Ministry of Agriculture and Food [www.omafra.gov.on.ca](http://www.omafra.gov.on.ca)

Conservation Land Tax Incentive Program – Ministry of Natural Resources [www.mnr.gov.on.ca](http://www.mnr.gov.on.ca)

Managed Forest Tax Incentive Program – Ontario Forestry Association [www.oforest.ca](http://www.oforest.ca) or

Ontario Woodlot Association [www.ont-woodlot-assoc.org](http://www.ont-woodlot-assoc.org)



# Water & Wastewater Billing

**We are located at: 61 Holland St. E (old Town Hall)**

**Office hours are Monday to Friday from 8:30 a.m. to 4:30 p.m.**

**Mailing Address: PO Box 160, Bradford ON L3Z 2A8**

**Town Website: [www.townofbwg.com](http://www.townofbwg.com)**

**For inquiries regarding water/wastewater billing that are not answered by our FAQ, contact the utility billing department at 905-775-5303 or e-mail [utilitybilling@townofbwg.com](mailto:utilitybilling@townofbwg.com)**

The Town of Bradford West Gwillimbury would like to thank you for your continued support of our Utility Billing Service. All residential water and wastewater bills are currently being mailed out on a bi-monthly basis and all general service water and wastewater bills are being mailed out on a monthly basis. Utility Bills are prepared in the property owners name only. However, a property owner may request in writing using the appropriate form, which can be found on this website, to have a duplicate copy of the Utility Bill mailed to a tenant at the service address.

We are pleased to have the following improvements in place, greater billing accuracy, additional payment methods and more time to pay without interest. In our efforts to continue to grow and improve watch for more changes coming in 2016.

## PENALTY FOR LATE PAYMENT

Penalty and Interest will now be applied if payment is not received by the payment due date. For more information on penalty for late payment please refer to the reverse side of your bill.

## NOTE ON WATER CONSUMPTION AND DISCHARGE

Customers are financially responsible for all water that passes through the water meter whether used or wasted.

**Did you know** that you can validate the meter reading on your bill by checking the head of the water meter in your home? **For other questions regarding water meters and readings, please contact the water department at 905-778-2055, ext. 2100.**

## FREQUENTLY ASKED QUESTIONS (FAQ) ABOUT TOWN OF BWG WATER AND WASTEWATER OPENING OR CLOSING A WATER/WASTEWATER ACCOUNT

### ***What do I need to do if I'm moving?***

Prior to moving, please contact the Town of BWG in writing using the New/Change/Cancel form which can be found on the Town's website. Customers are responsible for all water and wastewater charges assessed to their account until the closing date, or, if we are not notified, until the date of notification. The following information will be required:

- Property Address
- Date of Closing
- Your Lawyer's name and Phone Number
- Address to forward Final Bill to

## READING THE BILL

### ***What are the rates and how are the charges calculated?***

Your bill is calculated based on your usage per month, as well as a monthly fixed fee that you pay regardless of whether you use the utility. Below are charts showing the difference between our 2015 and 2016 rates.

# Water & Wastewater Billing

Residential Water Usage Rates						
Price per m <sup>3</sup>	first 0-15 m <sup>3</sup> of usage per month		next 16-30 m <sup>3</sup> of usage per month		>30m <sup>3</sup> of usage per month	
	2015	2016	2015	2016	2015	2016
	\$1.24	\$1.34	\$1.38	\$1.49	\$1.58	\$1.71
<b>Fixed rate = \$18.00 / month</b>						

Residential Wastewater Usage Rates						
Price per m <sup>3</sup>	first 0-15 m <sup>3</sup> of usage per month		next 16-30 m <sup>3</sup> of usage per month		>30m <sup>3</sup> of usage per month	
	2015	2016	2015	2016	2015	2016
	\$1.24	\$1.23	\$1.37	\$1.36	\$1.57	\$1.56
<b>Fixed rate = \$13.00 / month</b>						

Town utility bills are for approximately two months of service, so the above rates would be applied to each month and the totals added together to get the final bill amount.

## PAYMENT METHODS

### *Can I pay this using my own banks online or telephone banking system?*

Yes, the Town has the following financial institutions ready to provide service through their online banking system: CIBC, President's Choice Financial, RBC, Scotiabank, BMO, TD Canada Trust, Laurentian Bank, Desjardins, National Bank and HSBC, Meridian Credit Union, DUCA Credit Union, Central 1 Credit Union and TelPay.

To find the bill on the list of payees on your financial institution's system, **search for "Bradford"** and then **BE SURE** to select **water/wastewater utility** bill rather than property taxes or any other company that may have the word Bradford in its name. If you are unsure, contact your bank to clarify which recipient to choose. You can also pay through these registered financial institutions by taking your bill to their teller counter or automated teller. A transfer fee will apply to each incorrectly directed payment effective January 2016.

### *Who do I call if I have problems setting this up?*

If your financial institution is not on this list or you are unable to find the Town of BWG water/wastewater as a payee on their online or telephone banking system, please advise the Town. We will contact your financial institution's customer service department to see if they are willing to accept payments on behalf of the Town.

Technical difficulties using your financial institutions online or telephone banking system should be directed to their customer service department.

### *Can I sign up for Pre-Authorized Debit payments?*

Yes. You can visit our website to download a printable form, contact our office to have the form emailed to you directly or visit our office in person. Return the completed form to the town with a **VOID** cheque. Payments will then be automatically withdrawn from your bank account on the "Pre-Authorized Payment" date noted on the stub of your utility bill.

### *What forms of payment do you accept?*

In person, the Town of BWG Finance department accepts cash, debit and current or post-dated cheques. Payments by debit or cash must be made during office hours, after hours you may use the drop slot to drop off a payment by cheque. By mail we accept cheque only.

For more information on paperless billing, methods of payment, pre-authorized payment and changes to accounts please visit [www.townofbwg.com](http://www.townofbwg.com) for exciting news on the Virtual Town Hall.

# MUSIC STORE

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www.bradfordacademyofmusic.com

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For further information please visit

[www.flamencoflamecodanceschool.com](http://www.flamencoflamecodanceschool.com)

e-mail [fuegoflamenco@hotmail.com](mailto:fuegoflamenco@hotmail.com)

Tel: 905-551-1434



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# Community Contacts

## TOWN TELEPHONE NUMBERS

### TOWN OF BRADFORD WEST GWILLIMBURY

CAO/Mayor's Office . . . . . 905-775-5366

## COMMUNITY SERVICES

Leisure Services - Facilities, Parks & Property . . . . . 905-775-5359  
 Leisure Services-BWG Leisure Centre . . . . . 905-775-7529  
 Lions Park Building (summer only) . . . . . 905-775-5455  
 Business Operations, Public Works & Drainage . . . . . 905-775-5369  
 Compliance . . . . . 905-778-2055  
 Water . . . . . 905-778-2055  
 Waste Water . . . . . 905-775-3252

## CORPORATE SERVICES

Clerks, Communications & Legal . . . . . 905-775-5366  
 Enforcement . . . . . 905-775-5366  
 Information Technology . . . . . 905-775-5366

## DEVELOPMENT & ENGINEERING SERVICES

Capital Projects . . . . . 905-778-2055  
 Development Engineering . . . . . 905-778-2055  
 Community Planning . . . . . 905-775-5369  
 Building Division . . . . . 905-775-5369

## ECONOMIC DEVELOPMENT . . . . . 905-775-2055

## FINANCIAL SERVICES . . . . . 905-775-5303

## HUMAN RESOURCES . . . . . 905-775-5366

## BWG PUBLIC LIBRARY . . . . . 905-775-3328

## EMERGENCY TELEPHONE NUMBERS

Ambulance, Police & Fire . . . . . **911**

### AMBULANCE

County Administration . . . . . (705) 726-9300  
 Bradford Administration . . . . . (905) 775-2251

### FIRE

Administration . . . . . (905) 775-7311

### SOUTH SIMCOE POLICE SERVICES

Administration . . . . . (905) 775-3311

### MEMBERS OF PARLIAMENT

Federal MP Peter Von Loon . . . . . (877) 738-3748  
 Fax 905-898-4600 . . . . . (905) 898-1600  
 Provincial MPP Julio Munro . . . . . (866) 206-1373  
 Email: julia.munro@pc.ola.org . . . . . (905) 895-1555

### COUNTY OF SIMCOE

Administration Centre . . . . . (800) 263-3199  
 Email info@simcoe.ca . . . . . (705) 735-6901  
 Animal Control . . . . . 1-855-898-8605

## SPORTS CONTACTS

### BADMINTON

BWG Badminton Club  
 Michel Sarensen . . . . . (905) 775-1315

### BASKETBALL

South Simcoe Basketball Club  
 www.ssbasketball.ca . . . . . (289) 383-0850

### CURLING

Curling Club: www.bradfordcurlingclub.ca . . . . . (905) 775-4444  
 President: president@bradfordcurlingclub.ca  
 Membership: membership@bradfordcurlingclub.ca

### FIGURE SKATING

Bradford & District Skating Club  
 www.bradfordskatingclub.com . . . . . Jen McPhee (647) 233-4003  
 President: president@bradfordskatingclub.com

### GIRLS HOCKEY

Central York Girls Hockey  
 Email: centralyorkgho@bellnet.ca . . . . . Patty Albert (905) 727-0269

### HOCKEY

BWG Minor Hockey Association  
 www.bradfordbulldogs.com . . . . . (905) 778-0471

Bradford Bandits 3on3 Hockey  
 www.league lineup.com/bradfordbandits . . . . . (888) 350-6519  
 Paul . . . . . (905) 775-8017

Bradford Elders Hockey  
 Noble Carlton . . . . . (905) 775-9511

Men's Recreational Hockey  
 Jay Garecki . . . . . (905) 715-2949

Town Hockey League (Men)  
 bmthl@hotmail.com

York Simcoe Express AAA  
 Mercedes Ohayan . . . . . (905) 717-6700

Bradford Ladies Hockey League  
 Ev Rhebergen . . . . . pevreh@hotmail.com

### SLO-PITCH

Adult Mixed 3 Pitch  
 Mike Bayer . . . . . (905) 252-1199

Bradford Legion Slo-Pitch  
 Dan Wyman . . . . . (905) 775-2338

Bradford Slugger Mixed Slo-Pitch 30+  
 Jeff Nazzari . . . . . jeffnazzari@hotmail.com

### SOCCER CLUB

Bradford Minor Soccer  
 www.bradfordssoccer.com . . . . . (905) 775-7000

Bradford District Wolves: Men's Soccer League  
 President Helder Batas . . . . . (905) 955-2562  
 Vice President Michael Gutta . . . . . (905) 715-8007

# Community Contacts

## SOFTBALL/FASTBALL

Brodford Minor Softball . . . . . www.brodfordminorssoftball.com

## FOOD BANK

Helping Hand, Brodford  
123 Moore St. . . . . (905) 775-2824

## CONSERVATION AUTHORITIES

Lake Simcoe Region . . . . . (905) 895-1281  
Nottawasaga Valley . . . . . (705) 424-1479  
Sconion Creek Conservation Area . . . . . (905) 895-1281 Ext. #243

## COMMUNITY SUPPORT SERVICES

Brodford Community Meal  
Barb Vaughan . . . . . (905) 775-4986  
Brodford & Immigrant Community Services . . . . . (905) 775-3343  
Brodford Lo Leche League  
Denise Marlin . . . . . (905) 836-4342  
BWG Community Initiatives  
Barb Vaughan . . . . . (905) 775-4986  
Children's Aid Society . . . . . (905) 775-4336  
Community Action Program for Children  
Brigitte Saniga . . . . . (905) 775-1498  
Community Living Association for South Simcoe (CLASS)  
www.class.on.ca . . . . . (905) 435-4792  
Girls Inc . . . . . (905) 830-0776  
Parenting in Condo Centre . . . . . (905) 775-1498

## CHILDRENS DAY CARE & NURSERY SCHOOLS

Ontario Early Years Centre . . . . . (905) 775-3039  
Progress Childcare (South) . . . . . (905) 778-1428  
Progress Childcare (North) . . . . . (905) 778-0176  
Progress Childcare (East) . . . . . (905) 775-3287  
Rotodole Nursery . . . . . (905) 775-3039  
EduKids Childcare . . . . . (905) 778-9336

## SERVICE CLUBS & OTHERS

Bond Head and District Horticultural Society  
Gloria Pengelly . . . . . (705) 458-4598  
Bond Head Lions Club  
Barry Jaynes . . . . . (905) 775-5634  
Brodford Lions Club  
Debbie Hrynuk . . . . . (905) 775-9170  
BWG Writers' Circle  
Patricia Miller .....bwgwriterscircle@yahoo.ca . . . . . (905) 778-9301  
BWG Historical Society  
Jan Caward . . . . . (905) 775-3425

Coots for Kids  
Phillip MacFadden . . . . . (905) 775-4841  
Haly Martyr's C.W.L.  
Tina Gaspar . . . . . (905) 775-2065  
Knights of Columbus  
Dan Frank . . . . . (905) 775-2065  
Ladies Auxiliary - RCL . . . . . (905) 775-5025  
ProBus Club  
Deborah Liukutis . . . . . (905) 778-0532  
Royal Canadian Legion . . . . . 115 Back St. (905) 775-5025  
Simcoe Lodge Af & Am  
Dennis Brahm . . . . . (905) 778-9700  
South Simcoe District Women's Institute  
Leila Lloyd . . . . . (905) 775-6618  
Welcome Wagon  
Liz Garza .....lizziegt@gmail.com . . . . . (416) 557-1241  
West Gwillimbury Chapter IODE  
Patricia Winnacott . . . . . (905) 775-1348  
Yark Simcoe Naturalists . . . . . ysn.naturalist@gmail.com

## SCHOOLS

**SIMCOE COUNTY DISTRICT SCHOOL BOARD**  
Education Centre Hwy 26, Midhurst . . . . . (705) 728-7570  
**SIMCOE MUSKOKA DISTRICT CATHOLIC SCHOOL BOARD**  
46 Alliance Blvd., Barrie . . . . . (705) 722-3555

## PUBLIC SCHOOLS

Fred C. Cook Public School . . . . . (905) 775-4821  
Fieldcrest Elementary School . . . . . (905) 778-2010  
Hon. Earl Rowe Elementary School . . . . . (905) 775-3031  
W.H. Doy Elementary School . . . . . (905) 775-9691  
Sir William Osler Elementary School . . . . . (905) 775-2922  
Chris Hotfield Public School . . . . . (905) 778-4323

## CATHOLIC SCHOOLS

Morie of the Incarnation Catholic School . . . . . (905) 775-3492  
Mother Teresa Catholic School . . . . . (905) 778-0617  
St. Charles Catholic School . . . . . (905) 775-6762  
St. Jean de Brebeuf Catholic School . . . . . (905) 775-8460  
St. Angelo Merici Catholic School . . . . . (289) 231-2085

## HIGH SCHOOLS

Brodford and District High School . . . . . (905) 775-2262  
Holy Trinity High School . . . . . (905) 775-4841  
Brodford Learning Centre . . . . . (905) 775-4432  
Simcoe Alternative Secondary School  
(Brodford Campus) . . . . . (905) 775-9806

## Community Contacts

### OTHER SCHOOLS

Holland Marsh Christian School . . . . . (905) 775-3701

### HALLS & MEETING ROOMS

BWG Public Library . . . . . (905) 775-3328

Bradford & District Curling Club  
rentals@bradfordcurlingclub.ca . . . . . (905) 775-4444

Portuguese Cultural Centre  
Lucy . . . . . (905) 775-3742

Holy Martyr's of Japan Hall . . . . . (905) 775-2065

Town of BWG Halls/Meeting Rooms . . . . . (905) 775-2162

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